Welcome to SOWK 4325! I look forward to working with all of you this semester as we learn about trauma-informed practices. Should you have any questions along the way, please do not hesitate to reach out to me.

About the professor:

Dr. Mukherjee earned a PhD in Social Work from the University of South Carolina in 2006 and a Master of Social Work from the same institution in 1999. He earned a BA in History from Jadavpur University, Calcutta in 1998. He has several years of experience as a clinical therapist, consultant, and supervisor specializing in trauma-informed practice. In addition, he also has experience teaching social work policy and practice.

Instructor Contact

Dhrubodhi Mukherjee Ph.D., LCSW
Associate Professor
Department of Social Work
College of Health and Public Service
University of North Texas (UNT)
Chilton Hall Room # 390E
1155 Union Circle # 305370
Denton TX, 76203-5017
940 565 3198

Welcome to UNT!

As members of the UNT community, we have all made a commitment to be part of an institution that respects and values the identities of the students and employees with whom we interact. UNT does not tolerate identity-based discrimination, harassment, and retaliation. UNT’s full Non-Discrimination Policy can be found in the UNT Policies section of the syllabus.

Course Description

This course explores the co-occurring nature of psychological trauma and substance use disorder (SUD), a prevalent issue for mental and behavioral health professionals in integrated health care settings. The course primarily focuses on the intersection of psychological trauma and substance use disorder, is there a relationship between the two conditions? The literature suggests that there is a surprisingly high degree of overlap between trauma and substance misuse. The overlap is of clinical significance since comorbidity of substance use disorder and post-traumatic stress disorders (PTSDs) show poorer outcome across many health indicators compromising their lives. The course explores this relationship between trauma and substance abuse in four ways: a) it provides a detailed understanding of the two concepts (trauma and addictions), and their interactions, b) it goes into the details of identifying various categories
of substances and how they work in our system, c) it discusses how trauma and addiction impact various demographic groups differently making one more vulnerable over the other, and d) finally it provides an overview of various accepted treatment protocols that therapists currently employ to treat clients with trauma and addiction. Thus the course defines the problem, discusses various assessment and treatment protocols across vulnerable population groups.

The course describes the chemical, social and behavioral aspects of a wide range of substance use categories, such as opioid use disorder, alcoholism, hallucinogen, Benzodiazepines, tobacco, and other substances. It explores the linkages of Adverse Childhood Experiences (ACE) on later life substance use and provides a comprehensive overview on screening tools, and both mental health and pharmacologically assisted interventions across lifespans of clients with substance use disorder and traumatic stress. This course also connects systematic, spiritual, legal, and other social changes approaches to treat substance use disorders and trauma. Students participating in this course will be introduced to pathways of knowledge, attitudes and skills on the topic. The Course will address prevention and treatment models through micro, mezzo, and macro level interventions. Students are expected to critically assess their understanding of psychological trauma and examine their own responsibility for addressing its interactions with substance use disorder. There are no prerequisites or other restrictions for this course. It is open to any major.

Course Structure

This course is 100% online. There are no face to face meetings. The content for this course is structured in a series of Learning Modules that include readings, assignments, discussions, activities, and exercises to assist you in achieving the learning objectives. Reading assignments are specified in the syllabus/modules and this material must be read to complete module assignments. The learning modules are released on Monday mornings at 12:00 a.m. and assignments are due on Sundays by 11:59 p.m. The length of this semester is 16 weeks.

Pre-requisites

There are no required prerequisites for this course. However, in order to be successful in this course you will need to:

• Describe the scope of practice of trauma and substance use along with the foundation that theory sets for the field,
• Cite sources, giving credit to where you obtain information.
• Network with others and utilize tact when offered differing perspectives.
• Make the commitment to spend at least 10 hours a week reading the assignments, reflecting on the material covered, and participating in other activities throughout the course.

Course Objectives

By the end of this course, students will be able to:

1. Identify different types of traumatic stress and substance use disorders and their mutual cooccurrences and cultural influences. (CC #1, 2, 3, 4)
2. Critical engagement in the theoretical models of substance use disorders from pharmacological, cognitive, trauma-responsive systems, behavioral and psychodynamic approaches. (CC # 1, 4, 5, 6)
3. Distinguish effective assessment and screening protocols involving trauma and substance use in integrated healthcare settings (CC#7)
4. Assess basic intervention protocols involving trauma and substance use (CC# 7 & 9)
5. Evaluate best practices involving trauma and substance use (CC # 9)
6. Locate local, state and federal level policies involving trauma and substance use. (CC # 5)

(CC = Council of Social Work Education Educational Policy and Accreditation Standards)

Required Materials

Book(s) used in this class are:

Textbook information:


Class Materials for Online Learning:

This course includes online learning components and may require access to some of the following tools. To fully participate in this class, students will need internet access to reference content on the Learning Management System and a webcam, microphone, to engage in live guest lectures. Information on how to be successful in an online learning environment can be found at https://online.unt.edu/learn

Technical Support

Student Helpdesk:
Sage Hall 130 940-565-2324
helpdesk@unt.edu

Technical Skill Requirements

- Using the learning management system (Canvas)
- Using email with attachments
- Creating and submitting files in commonly used word processing program formats
- Copying and pasting
- Downloading and installing software
- Using spreadsheet programs
- Using online chat platform (Zoom)

Netiquette

- Be considerate about what you say to or about others in any electronic format. Remember we are communicating to real people in an online format
• Be considerate of different opinions. The exchange of different thoughts, ideas and opinions are an important part of learning
• Insults, name calling or any hostile communication will not be permitted in online platforms
• When responding to messages or posts made by others, address the ideas, not the person.
• Be careful when using sarcasm and humor. Without social cues, a comment may be misinterpreted easily by others
• Using all caps is generally seen as SHOUTING and is often offensive to the reader. Use all capital letters sparingly, such as to highlight an important word or point.

Course Expectations

I value the many perspectives students bring to our campus. Please work with me to create a classroom culture of open communication, mutual respect, and inclusion. All discussions should be respectful and civil. Although disagreements and debates are encouraged, personal attacks are unacceptable. Together, we can ensure a safe and welcoming classroom for all. If you ever feel like this is not the case, please let me know. We are all learning together.

As the instructor in this course, I am responsible for
• providing course materials that will assist and enhance your achievement of the stated course goals, guidance,
• providing timely and helpful feedback within the stated guidelines, and, assisting in maintaining a positive learning environment for everyone.

As a student in this course, you are responsible for
• reading and completing all requirements of the course in a timely manner,
• working to remain attentive and engaged in the course and interact with your fellow students,
• and, assisting in maintaining a positive learning environment for everyone.
Course Requirements
Below is a list of all required assignments and graded activities for the course:

<table>
<thead>
<tr>
<th>Assignment(s)</th>
<th>Points Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekly Quizzes</td>
<td>300</td>
</tr>
<tr>
<td>Weekly Discussions</td>
<td>300</td>
</tr>
<tr>
<td>Paper Outline</td>
<td>50</td>
</tr>
<tr>
<td>Final Paper</td>
<td>250</td>
</tr>
<tr>
<td>Final Exam</td>
<td>100</td>
</tr>
</tbody>
</table>

Grading

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>% of total points</th>
<th>Total points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>90 – 100%</td>
<td>900-1000</td>
</tr>
<tr>
<td>B</td>
<td>80 – 89%</td>
<td>800-899</td>
</tr>
<tr>
<td>C</td>
<td>70 – 79%</td>
<td>700-799</td>
</tr>
<tr>
<td>D</td>
<td>60 – 69%</td>
<td>600-699</td>
</tr>
<tr>
<td>F</td>
<td>Less than 59%</td>
<td>&lt; 500</td>
</tr>
</tbody>
</table>

Policies

Late Work Policy
The learning modules are released on Monday mornings at 12:00 a.m. and assignments are due on Sundays by 11:59 p.m. The length of this semester is 16 weeks. All assignments must be submitted through the assigned drop box in Canvas. Because this is a master’s level class, and students will have a full week (sometimes longer) to turn assignments in, it is expected that you demonstrate a high degree of professionalism in your work. Late work will not be accepted unless special circumstance warrants: Only with each of the following requirements will late assignments be considered without penalty at the instructor’s discretion: (a) advance notice at least 24 hours prior to the deadline, (b) documentation of
circumstances, and (c) a serious health related issue of self or family member. In order to be fair to all students in the class exceptions to this policy will only be made in the event that all three of these requirements are met. Final grades will be rounded up and down based on the nearest tenth of a point.

Communication
I want to make myself as available as possible to each of you, while I do have to place some limitations on when I can be contacted. Announcements will be used to communicate updates or provide additional course-related information. Please make sure you have announcements forwarded through Canvas to an email you check regularly. Email me directly dhru.m@unt.edu with any questions that you might have. I do my best to respond within two business days. Because evenings (after 5 pm) and weekends are times that I dedicate to my family and other professional duties, I seldom check email during this time. Please expect an email response within two business days.

Normally, I will return feedback on all written assignments within 1 week of the due date. However, if I see that I will be unable to return your feedback that quickly I will post an Announcement to let everyone know when it can be expected.

Examination Policy
All examinations and assignments are open-book and should be completed individually unless otherwise noted in the assignment instructions. Please refer to the policy on ‘server unavailability or other technical difficulties’ if technical issues are experienced while attempting to complete an online examination or upload an online assignment.

Format for Written Assignments
All papers must meet APA standards, this includes: 12-point font, double-spaced, with 1” margins at the left, right, top and bottom. There is a cover page requirement for all papers which includes the title of the paper, student’s name, professor’s name and date submitted. It is recommended that students proofread all papers before submission to check for clarity, organization, spelling, punctuation, and other potential errors before submission.

In-text citations are required - if you using a source other than yourself. The APA has very specific requirements for in-text citations, they must include the use of: the authors’ last names and year of publication. In-text citations are required whether you are paraphrasing or using a direct quote. All papers must include references cited in APA bibliographic form.

Copyright Notice
Some or all of the materials on this course Web site may be protected by copyright. Federal copyright law prohibits the reproduction, distribution, public performance, or public display of copyrighted materials without the express and written permission of the copyright owner, unless fair use or another exemption under copyright law applies. Additional copyright information may be located at: http://copyright.unt.edu/content/unt-copyright-policies.

Syllabus Change Policy
The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary. The instructor has the right to make adjustments to the syllabus and course schedule at any time during the semester.
Policy on Server Unavailability or Other Technical Difficulties
The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, the instructor will extend the time windows and provide an appropriate accommodation based on the situation. Students should immediately report any problems to the instructor and also contact the UNT Student Help Desk: helpdesk@unt.edu or 940.565.2324. The instructor and the UNT Student Help Desk will work with the student to resolve any issues at the earliest possible time.

Information related to COVID-19
While expectations for this course are outlined above, it is important for all of us to be mindful of the health and safety of everyone in our community, especially given concerns about COVID-19. Please contact me if you are unable to attend lecture or submit assignments because you are ill due to a related issue regarding COVID-19. It is important that you communicate with me prior to being absent as to what may be preventing you attending lecture or submitting assignments so I may make a decision about making necessary accommodations.

If you are experiencing cough, shortness of breath or difficulty breathing, fever, or any of the other possible symptoms of COVID-19 (https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) please seek medical attention from the Student Health and Wellness Center (940-565-2333 or askSHWC@unt.edu) or your health care provider. While attendance is an important part of succeeding in this class, your own health, and those of others in the community, is more important.

UNT Policies

Student Conduct and Discipline
The primary concern of the University of North Texas is the student. The university attempts to provide for all students a campus environment that is conducive to academic endeavor and social and individual growth. To that end, rules, regulations and guidelines governing student behavior and the student's relationship with the university have been formulated into a student code of conduct and discipline. Enrollment at the University of North Texas is considered implicit acceptance of these and other policies applicable to students, all of which are educational in nature and designed to help students understand expectations and accept responsibility for their own actions. Link to full policy:
https://policy.unt.edu/policy/07-012

Academic Integrity
Policies regarding student conduct and academic honesty posted by the University Center for Student Rights and Responsibilities in the Student Handbook apply to this class. See the full policy here:
https://policy.unt.edu/policy/06-003

Incomplete
Students are expected to complete the course within the session time frame. A grade of Incomplete will only be given if the student is (a) passing the course, (b) has completed 75% of the course requirement, (c) has very compelling special circumstances, and (d) provides adequate documentation. I will require that the course requirements be fulfilled by the end of the following semester. Link to full UNT policy:
https://registrar.unt.edu/grades/incompletes
**ADA Policy**

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time, however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at [http://disability.unt.edu/](http://disability.unt.edu/). You may also contact them by phone at 940.565.4323.

**Important Notice for F-1 Students taking Distance Education Courses**

**Federal Regulation**


The paragraph reads:

(G) For F-1 students enrolled in classes for credit or classroom hours, no more than the equivalent of one class or three credits per session, term, semester, trimester, or quarter may be counted toward the full course of study requirement if the class is taken on-line or through distance education and does not require the student’s physical attendance for classes, examination or other purposes integral to completion of the class. An on-line or distance education course is a course that is offered principally through the use of television, audio, or computer transmission including open broadcast, closed circuit, cable, microwave, or satellite, audio conferencing, or computer conferencing. If the F-1 student’s course of study is in a language study program, no on-line or distance education classes may be considered to count toward a student's full course of study requirement.

**University of North Texas Compliance**

To comply with immigration regulations, an F-1 visa holder within the United States may need to engage in an on-campus experiential component for this course. This component (which must be approved in advance by the instructor) can include activities such as taking an on-campus exam, participating in an on-campus lecture or lab activity, or other on-campus experience integral to the completion of this course.

If such an on-campus activity is required, it is the student’s responsibility to do the following:
(1) Submit a written request to the instructor for an on-campus experiential component within one week of the start of the course.

(2) Ensure that the activity on campus takes place and the instructor documents it in writing with a notice sent to the International Student and Scholar Services Office. ISSS has a form available that you may use for this purpose.

Because the decision may have serious immigration consequences, if an F-1 student is unsure about his or her need to participate in an on-campus experiential component for this course, s/he should contact the UNT International Student and Scholar Services Office (telephone 940-565-2195 or email internationaladvising@unt.edu) to get clarification before the one-week deadline.

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Reading</th>
<th>Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Scope of the SUD Problem in the USA</td>
<td>Chapters 1 &amp; 2 Additional Readings</td>
<td>Quiz 1 Discussion 1</td>
</tr>
<tr>
<td>Jan 16th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td>Trauma Informed Perspective</td>
<td>No Textbook Chapters additional reading</td>
<td>Quiz 2 Discussion 2</td>
</tr>
<tr>
<td>Jan 22nd</td>
<td></td>
<td>mentioned in the Material section of the</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>module</td>
<td></td>
</tr>
<tr>
<td>Week 3</td>
<td>Causes of SUD</td>
<td>Chapters 26 and 27 and additional materials</td>
<td>Quiz 3 Discussion 3</td>
</tr>
<tr>
<td>Jan 29th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>Pharmacology of Addiction</td>
<td>Chapters 3 and additional materials</td>
<td>Quiz 4 Discussion 4</td>
</tr>
<tr>
<td>Feb 5th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 5</td>
<td>Attachment, Trauma, and Addiction</td>
<td>No Textbook Chapters additional reading</td>
<td>Quiz 5 Discussion 5</td>
</tr>
<tr>
<td>Feb 12th</td>
<td></td>
<td>mentioned in the Material section of the</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>module</td>
<td></td>
</tr>
<tr>
<td>Week 6</td>
<td>Feb 19th</td>
<td>Co-Occurring Disorders, Trauma and SUD</td>
<td>Chapters 25 and additional materials</td>
</tr>
<tr>
<td>---------</td>
<td>----------</td>
<td>--------------------------------------</td>
<td>--------------------------------------</td>
</tr>
<tr>
<td>Week 7</td>
<td>Feb 26th</td>
<td>Co-Dependencies and SUD</td>
<td>Chapters 24 and additional materials</td>
</tr>
<tr>
<td>Week 8</td>
<td>Mar 4th</td>
<td>The Landscape of Poly-substance Use</td>
<td>Chapters 4, 5, 7, 9 and 12</td>
</tr>
<tr>
<td>Week 9</td>
<td>Mar 11th</td>
<td>Fentanyl, Opioid, and Meth</td>
<td>Chapters 8 and 11</td>
</tr>
<tr>
<td>Week 10</td>
<td>Mar 18th</td>
<td>SUD Assessment</td>
<td>Chapter 28 and additional materials</td>
</tr>
<tr>
<td>Week 11</td>
<td>Mar 25th</td>
<td>Harm Reduction vs Abstinence Approaches</td>
<td>Chapter 32, 33 and additional reading</td>
</tr>
<tr>
<td>Week 12</td>
<td>Apr 1st</td>
<td>Interventions for SUD</td>
<td>Chapter 29, 30, 31 and additional readings</td>
</tr>
<tr>
<td>Week 13</td>
<td>Apr 8th</td>
<td>Stigma and SUD</td>
<td>Chapter 37 and additional materials</td>
</tr>
<tr>
<td>Week 14</td>
<td>Apr 15th</td>
<td>Drug Endangered Children and Families</td>
<td>Chapters 17, 20, 21 and additional readings</td>
</tr>
<tr>
<td>Week 15</td>
<td>Apr 22nd</td>
<td>Populations in Addiction and Recovery</td>
<td>Chapters 18, 19, and 22</td>
</tr>
<tr>
<td>Week 16 Apr 29th</td>
<td>Recovery Oriented System of Care</td>
<td>Chapters 34, 35 and additional readings</td>
<td>Final Exam</td>
</tr>
<tr>
<td>-----------------</td>
<td>---------------------------------</td>
<td>----------------------------------------</td>
<td>------------</td>
</tr>
</tbody>
</table>