



**Kinesiology, Health Promotion and Recreation**  
**HLTH 3300.010 - Health Emergencies**  
**Spring 2016**

Instructor: Doryce Judd  
Office: PEB 209B  
Classroom: Col. 47

Email: Doryce.Judd@unt.edu  
Office Phone: 940-565-2629  
Office Hours: Monday – Thursday 11-11:50 am

**Catalog Description:**

3 hours. Theory and practical application of the American National Red Cross Standard First Aid and Personal Safety skills. Cardiopulmonary resuscitation (CPR) techniques and skill development. Designed to meet the requirements set by the American National Red Cross for certification in Standard First Aid and CPR.

**Student Learning Outcomes**

Upon successful completion of this course the student should be able to do the following:

1. Recognize the responsibilities and liabilities of rendering aid in an emergency situation.
2. Differentiate between a safe scene and an unsafe scene.
3. Demonstrate the steps of checking a victim.
4. Recognize when to activate the Emergency Medical Services System.
5. Demonstrate when it is appropriate to stop giving care in life-threatening and non-life-threatening emergencies.
6. Assess the adult, child and infant victim for cardiac and breathing emergencies.
7. Describe protocols for Cardiopulmonary Resuscitation (CPR).
8. Describe protocols for the Automated External Defibrillator (AED).
9. Recognize the signs of a conscious choking victim.
10. Recognize the signs of an unconscious choking victim.
11. Recognize various first aid emergencies.
12. Demonstrate how to provide appropriate care for various first aid emergencies.
13. Recognize the concept of safety.
14. Explain ways of preventing accidents.

**Textbook**

American Red Cross (2012). *Responding to Emergencies: Comprehensive First Aid/CPR/AED*. Krames Staywell Strategic Partnerships Publishing.

**Evaluation**

Quizzes	100 points
Skill Assessments	100 points
Exam 1 – BGC/First Aid	50 points
Exam 2 - CPR & AED	50 points
Total	300 points

**Letter Grades**

270 – 300	= A
240 – 269	= B
210 – 239	= C
180 – 209	= D
Below 180	= F

### **Attendance and Participation**

Attendance will be taken during each class period. **It is the student's responsibility to inform the instructor that they are in attendance, if they arrive after roll has been called.** Students who do not inform the instructor of their attendance will be marked absent and will receive zero participation points.

Students are required to attend ALL face-to-face classes to receive American Red Cross certification. You must be present and participate the entire class period to skills checks grades for the day. **No make-ups will be given for missed skills tests or exams** unless approved by the instructor in advance. Any student who leaves class early will forfeit these grades for the day. Students who miss class due to a UNT sponsored activity must adhere to the UNT authorized absence policy (see below).

Absences due to participation in UNT sponsored activities must be approved in advance by the department chair and academic dean and the instructor must be notified. Within three days after the absence, students must obtain authorized absence cards from the Dean of Students for presentation to their instructor. Students with authorized absence cards may make up the work missed, however all work and made up class time must be completed within one week of the absence or the absence will stand and you will receive a grade of zero for work missed.

A student may make-up practice skills missed if, and only if, the student 1) informs the instructor via email before the missed class, 2) brings proof of their absence – only UNT-sponsored, medical-related, and family-related (i.e. funeral) events are viable, and 3) attends the designated skill make-up day during the semester. The instructor will NOT make up skills for individuals who do not follow this policy.

Please be on time. Students arriving late to class risk missing a quiz, exam, and/or skills checks. Please view the course policies on Exams, Quizzes, and Skills in the syllabus for further information.

If you attend class, you are expected to participate. For the class to be successful, everyone involved must contribute. This includes preparing for class by completing the reading materials and assignments on time, attending class, arriving on time, participating in class discussions, and participating in all activities. Everyone is expected to be respectful of other's thoughts, opinions, and experiences.

### **Exams/Quizzes/Skills**

**No make-ups will be given for missed quizzes, skills tests or exams** unless approved by the instructor in advance. No approval will be granted after the fact. If the absence is not approved, you will receive a zero. If you receive a zero for an exam score, you will forfeit certification.

**Exams** will be given at the beginning of class. In the event that a student arrives late on an exam day and one or more students have already completed the exam, the late student will not be allowed to take the exam and will receive a grade of zero. Failure to return both the examination and answer sheet to the instructor before leaving the classroom will result in a zero (0) grade for the test. **Leaving the testing area** for any reason once you have begun taking a written exam **is NOT allowed**. It is your responsibility to use the bathroom, get tissues, etc., before the exam is distributed. Any student who leaves the classroom during an exam will be required to turn in their exam and answer sheet for grading before they leave.

**Quizzes** will be given frequently online. Students are responsible for checking Blackboard daily to see when quizzes are being administered.

**Skills** must be demonstrated by each student in order to receive American Red Cross certification, as well as earn points for their grade. In the event that a student arrives late to class on a day when skills are being taught, the student will not earn credit for skills that they missed will receive a grade of zero for any skills missed.

### **Certifications**

Successful completion of this class may include earning the American Red Cross Responding to Emergencies Adult and Pediatric First Aid and CPR/AED certification, which is valid for two years. The American Red Cross requires students to earn a score of 80% or higher on all written exam sections, and 80% or higher on all practical exams. Students who do not score 80% or higher on one or more exam sections will be allowed to retake the section(s) one time only in order to receive certification. However, the grade a student scores on any written exam during the FIRST administration of the exam will serve as the point value for the student's course grade. It is the student's responsibility to know when written exams and skills tests are being given, and to attend class on these days.

Certification cards will be mailed to students after the completion of the course and all paperwork is finalized and submitted to the Red Cross.

### **Student Behavior in the Classroom**

Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at [www.deanofstudents.unt.edu](http://www.deanofstudents.unt.edu)

### **Email**

Please do not send me an email through blackboard!! Please use [Doryce.Judd@unt.edu](mailto:Doryce.Judd@unt.edu) for any correspondence needed.

### **Academic Integrity**

Academic Integrity is defined in the UNT Policy on Student Standards for Academic Integrity. Any suspected case of Academic Dishonesty will be handled in accordance with the University Policy and procedures. Possible academic penalties range from a verbal or written admonition to a grade of "F" in the course. Further sanctions may apply to incidents involving major violations. You will find the policy and procedures at: <http://vpaa.unt.edu/academic-integrity.htm>.

### **Family Educational Rights and Privacy Act (FERPA) Information:**

Students have the right to expect their grades will be kept confidential. There are a few things, because of the size and/or nature of this class, the instructor must advise you of regarding collection and distribution of test results, quiz scores, homework assignments, roll sheets, projects, etc. During this class it may be necessary for you to pass your assignments forward to the instructor or it may be necessary for the instructor to call your name and then return your completed assignment to you by passing it across the room. The instructor, under the reasonable assumption guidelines, assumes students are collecting only their own materials. Every attempt will be made to keep your information confidential. Neither your course grades nor grades for any assignment will be posted in a way that could result in your being identified by other students or faculty members.

### **Drop/Withdrawal Policy**

If at any time you wish to drop this course, you must initiate the action yourself. The instructor is not responsible for dropping the student, and if the student fails to withdraw from the class, the instructor will assign a grade accordingly.

### **American with Disabilities Compliance**

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at <http://www.unt.edu/oda>. You may also contact them by phone at [940.565.4323](tel:940.565.4323).

### **Disclaimer**

The instructor reserves the right to amend this syllabus as necessary.

## **TENTATIVE COURSE OUTLINE**

<b><u>Date</u></b>	<b><u>Topic</u></b>	<b><u>Readings Due</u></b>
Week 1	Introduction to course	
Week 2	If Not You...Who? Responding to an Emergency Before Giving Care	Chapter 1 Chapter 2 Chapter 3

	Rescue Moves (6pts.)	Chapter 3
	Removing Gloves (2pts.)	Chapter 3
	The Human Body	Chapter 4
	Checking the Conscious Person (4pts.)	Chapter 5
	Bleeding (4pts.)	Chapter 8
Week 3	Shock	Chapter 9
	Soft Tissue Injuries (6pts.)	Chapter 10
	Musculoskeletal Injuries	Chapter 11
	Injuries to the Extremities (8pts.)	Chapter 12
Week 4	Injuries to the Head, Neck, and Spine (8pts.)	Chapter 13
	Injuries to the Chest, Abdomen, and Pelvis (2pts.)	Chapter 14
Week 5	Sudden Illnesses (2pts.)	Chapter 15
	Poisoning	Chapter 16
	Bites and Stings (2pts.)	Chapter 17
Week 6	Substance Abuse and Misuse	Chapter 18
	Heat-Related Illnesses & Cold-Related Emergencies	Chapter 19
	Water-Related Emergencies (2pts.)	Chapter 20
Week 7	<b>Before Giving Care/First Aid Written Exam 1</b> <b>First Aid Scenarios</b> (Certification Requirement)	Chapters 1-5; Chapters 8-20
Week 8	Checking an Unconscious Victim – A/C/I (14pts.)	Chapter 5
	Breathing Emergencies	Chapter 7
	Conscious Choking Adult, Child, and Infant (8pts.)	
Week 9	SPRING BREAK	
Week 10	Breathing and Cardiac Emergencies	Chapters 5-7
	CPR Adult (4pts.)	
	Unconscious Choking Adult (4pts.)	
Week 11	Breathing and Cardiac Emergencies	Chapters 5-7
	CPR Child (4pts.)	
	Unconscious Choking Child (4pts.)	
Week 12	Breathing and Cardiac Emergencies	Chapters 5-7
	CPR Infant (4pts.)	
	Unconscious Choking Infant (4pts.)	
	AED Adult, Child, and Infant (6pts.)	
Week 13	<b>CPR &amp; AED Written Exam 2</b>	Chapters 5-7

Week 14	<b>Scenario Make-ups for excused absences</b>
Week 15	<b>CPR/AED Scenarios</b> (Certification Requirement)
Week 16	<b>CPR/AED Scenarios</b> (Certification Requirement)