

**Health Promotion  
HLTH 3300.001  
Fall 2010  
Tuesday 6:00PM-9:20PM  
COL 047  
*Health Emergencies and First Aid***

Doryce Judd  
940-565-4465  
Office Hours: Before class

**Classroom:** COL 045  
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**Text:** American Red Cross (2007). First Aid: Responding to Emergencies (4<sup>th</sup> ed.). Revised edition, 2007, StayWell.

**OBJECTIVES:**

Upon completion of this course, you will be able to:

- Evaluate and prioritize emergency needs
- Identify the emergency action steps
- Identify the major structures of the respiratory, circulatory, nervous, musculoskeletal, and integumentary systems
- Explain and demonstrate artificial respiration on adults, children, and infants
- Identify the risk factors associated with heart disease
- Recognize the signs and symptoms of a heart attack
- Explain and demonstrate CPR on adults, children, and infants
- Demonstrate how to complete a primary and secondary survey
- Identify the signs and symptoms of shock and describe how to minimize its effects
- Identify and care for a victim with various conditions, such as severe bleeding, stroke, seizures, diabetes, heat or cold emergencies, fractures, sprains, strains, poisoning, bites, stings, substance use or abuse, head/spine/chest/abdominal injuries, or soft tissue injuries
- Explain how to use your community's emergency medical services system efficiently
- Successfully complete a B average (80%) on all American Red Cross Certification exams

**Class Attendance**

In order to fully engage in the class, attendance is essential. I encourage you to attend class every scheduled class time. If you are unable to attend, please let me know ahead of time. If you are late and miss a scheduled exam, you will not be allowed to retake the exam unless you have received prior approval.

Leaving class early or coming in late is disrespectful to the class. If you are more than 30 minutes late to class (or leave 30 minutes or more before class is over), you will be counted as absent without prior approval.

**Academic Dishonesty**

Cheating will not be tolerated. Students caught cheating will be charged under the University Code of Conduct and discipline; if found guilty, the student will receive a zero for the exam and risks failing the course.

## ADA Statement

The Department of Kinesiology, Health Promotion, and Recreation, in cooperation with the Office of Disability Accommodation, complies with the American with Disabilities Act in making reasonable accommodations for qualified students with disabilities.

If you have a disability, it is your responsibility to obtain verifying information from the Office of Disability Accommodation (ODA) and to inform me of your need for an accommodation. Please present your written accommodation request to me during the first week of class.

## FERPA

Every student has the right to expect confidentiality of grades. The instructor will make every effort to ensure the privacy of all assignments.

## EVALUATION & GRADING:

• Skills	20%
• Attendance	20%
• Exams	40%
• Individual Presentation	20%
TOTAL	100%

**CERTIFICATION:** Successful completion of this class will include earning the American Red Cross certification in Standard First Aid and CPR/AED Adult and Child with CPR Infant. To be awarded the ARC certificates each student must pass all skill checks and must score 80% or better on all parts of midterm and final. Any portion of the test below 80% may be retaken only one time to improve a score for certification purposes. The overall grade a student makes on the first administration of the exam will serve as the point value for the student's course grade.

**Concerning skills:** In order to gain certification, the student must be able to correctly demonstrate the required skills as shown on the skill sheets.

**NOTE:** Certification Cards will be mailed to you. It will take several weeks to process the completion data at American Red Cross of Dallas. Also, you may not take the final exam earlier than the scheduled time.

## INDIVIDUAL PRESENTATION

Create a scenario (use your imagination) that requires emergency health care. Act out the scenario using the skills you have learned in class.

\*\*\*Be creative!!!

\*\*\*Be sensitive to others

Make sure you attend to all necessary elements of the scenario you have created. You may use people from the class as needed.