

HLTH 1100.001
School and Community Health Problems and Services
Fall 2010

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Office Hours: MW 11:00 AM - 12:00 noon
T 4:00 PM - 6:00 PM

Required Text

McKenzie, JF., Pinger, RR., and Kotecki, JE> (2008). *An Introduction to community Health* (6th ed.) Sudbury, MA.: Jones and Bartlett Publishers.

Course Objectives

The student who successfully completes this course will:

- 1) Define health and health promotion
- 2) Define traditional methods of measuring health
- 3) Discuss diverse needs of specific populations
- 4) Discuss major and prevalent health problems among diverse populations in the US
- 5) Discuss selected theoretical models and programs being used to address health problems among diverse groups in the US
- 6) Develop respect, sensitivity, and appreciation of human cultures
- 7) Identify major agencies, foundations, and associations supporting community health at the local, state, national, and international levels
- 8) Discuss basic program evaluation and measurement terminology and concepts
- 9) Explain the effects social and physical environments have on the health of segments of the population
- 10) Understand the diversity in health as it relates to culture
- 11) Discuss and understand the relationships of socioeconomic, political, and environmental systems of societies
- 12) Explain why a school health program is important to develop strategies for reducing prejudice and stereotyping of groups and how this effects individual and community health
- 13) Describe the four main components of a comprehensive school health program
- 14) Describe the role of a school health coordinator
- 15) Discuss multicultural aspects of school health
- 16) Identify major school health curricula
- 17) Identify those services offered as part of school services and explain why school is the logical place to offer such services

- 18) Discuss the role of service organizations in school and community health
- 19) List three primary activities of most voluntary health organizations
- 20) Describe and explain communicable and multi causation disease models and how school and community health programs can address these conditions
- 21) Describe the role behavior plays in the health status of American school children and all Americans
- 22) Discuss and explain the concept of the spectrum of health care delivery
- 23) Briefly describe Medicare and Medicaid
- 24) Identify and discuss processes, impacts, and outcomes of health interventions

Student Responsibilities

It is your responsibility to come to class prepared. If you have questions or need help with content of the course, it is your responsibility to seek help and guidance. I am willing to help in any way within my limits as an instructor.

Additionally, it is your responsibility to be respectful of the learning environment. Any behavior that is disruptive will not be tolerated (please turn your cell phones off during class).

Grading Procedures

The grades for the class will be calculated from three exams, class assignments, class participation, and attendance. Also, there might be potential for bonus points throughout the semester. The total maximum points are as follows:

Total potential points = 600

Exams = 400 (4 worth up to 100 points each)

Lessons plans = 30 (3 worth up to 10 points each)

Class participation = 50

Class attendance = 50

Individual Assignment = 70

A = 522-600

B = 464-521

C = 406-463

D = 351-405

F = 350 and below

Exams

There are four formal exams given during the semester. They will be worth 100 points each and will consist of multiple choice answer. If you are unable to attend class during an exam, it is your responsibility to inform me ahead of time.

If you are late for an exam, you will not be allowed to take the exam. If you have a valid reason for being late, you will be allowed to reschedule the exam. Be aware that the make-up exam will not be the same exam as the exam given to the class. It could consist of short answer or essay.

Class Participation

Class discussion and group activity is an important aspect of the learning process. Every student must make an effort to participate in group assignments and discussions. Education is an incredible experience and is a privilege.

Class Attendance

In order to fully engage in the class, attendance is essential. I encourage you to attend class every scheduled class time. If you are unable to attend, please let me know ahead of time. If you are late and miss a scheduled quiz, you will not be allowed to retake the quiz unless you have received prior approval.

Leaving class early or coming in late is disrespectful to the class. If you are more than 30 minutes late to class (or leave 30 minutes or more before class is over), you will be counted as absent without prior approval.

Academic Dishonesty

Cheating will not be tolerated. Students caught cheating will be charged under the University Code of Conduct and discipline. If found guilty, the student will receive a zero for the exam and risks failing the course.

ADA Statement

The Department of Kinesiology, Health Promotion, and Recreation, in cooperation with the Office of Disability Accommodation, complies with the American with Disabilities Act in making reasonable accommodations for qualified students with disabilities.

If you have a disability, it is your responsibility to obtain verifying information from the Office of Disability Accommodation (ODA) and to inform me of your need for an accommodation. Please present your written accommodation request to me during the first week of class.

FERPA

Every student has the right to expect confidentiality of grades. The instructor will make every effort to ensure the privacy of all assignments.

Tentative Schedule

Dates	Topics	Assignments/Activities/Exams
8/30	Introduction to the course	Review Syllabus Class introduction
9/1	Chapter 1	Community Health
9/6		No Class
9/8	Chapter 2	Organizations
9/13	Chapter 3	Epidemiology: The Study of Disease
9/15	Chapter 4	Epidemiology: Prevention and Control Review chapters 1-5
9/20	Exam 1	Exam: Chapter 1-5
9/22		Movie: Super Size Me
9/27	Chapter 5	Community Building
9/29	Chapter 6	School Health Program Lesson plan 1 due
10/4	Chapter 7	Maternal, Infant, and Child Health
10/6	Chapter 8	Adolescents, Young Adults & Adults
10/11	Review Exam 2	Review: Chapters 5-8
10/13	Exam 2	Exam: Chapter 5-8
10/18	Chapter 9	Elders
10/20	Chapter 10	Community Health and Minorities
10/25	Chapter 11	Community Mental Health

10/27	Chapter 12	Alcohol, Tobacco, and Other Drugs
11/1	Review Exam 3	Review: Chapters 9-12
11/3	Exam 3	Exam: Chapter 9-12
11/8	Chapter 13	Healthcare system Lesson plan 2 is due
11/10	Chapter 13 continued	Healthcare system continued
11/15	Chapter 15	Environmental Concerns Individual assignment is due
11/17	Chapter 16	Impact of the environment
11/22	Chapter 17	Injuries as a community health Problem
11/24		Happy Thanksgiving
11/29	Flexible as needed	Flexible as needed
12/1	Flexible as needed	Flexible as needed
12/6	Flexible as needed	Flexible as needed Lesson plan 3 is due
12/8	Review Exam 4	Review Exam 4
12/15	Exam 4	Exam: Chapter 9-12