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## **HLTH 4300: Worksite Health Promotion Summer 2013**

**Instructor:** Doryce Judd  
**Office:** PEB 209B  
**Email:** [Doryce.Judd@unt.edu](mailto:Doryce.Judd@unt.edu)

**Office Hours:** By appointment  
**Office Phone:** (940) 565-2629

### **Course Description:**

Planning, implementing, and evaluating a comprehensive worksite health promotion program in a corporate setting. Course will include the role of the health and productivity manager in developing worksite health promotion programs within a corporate setting.

### **Required Text:**

Chenoweth, D. (2007). Worksite Health Promotion (2<sup>nd</sup> ed.). Champaign, IL: Human Kinetics.

### **Course and Learning Format**

The course objectives will be presented through a variety of methods.

- Lectures
- Class discussions
- projects
- Exams

### **Student Learning Objectives**

Explain and discuss the economic forces affecting worksites. Review the front-end programming components such as identification, assessment, marketing and funding. Identify employee risk-reduction strategies and worksite health promotion program evaluation.

### **Assignments**

**Two Online Exams:** Students will have **two hours** to complete each exam online. Waiting until the end of the exam time may not give you the full amount of time. Please use your time wisely! Failure to take exams on the scheduled date will result in a grade of zero unless the student has made arrangements with the instructor *prior* to the class period. Make-up exams will **NOT** be given. Make sure that you are using a reliable computer for your exams. Please note that there are several computer labs on campus. Also, the city libraries have a computer with internet access.

**Team Project:** The purpose of this project is to allow the student opportunities in planning and developing an innovative idea for worksite health promotion. This project will require time and a maximum effort from each team member in order to develop an effective product. Teams will be assigned, then begin to decide on a corporation to target and begin developing ideas to improve the health of its employees. **The project is a proposal to begin a brand new or to improve an existing employee health program; The project can focus on a fictitious company or a currently existing business or company. A budget page or pages should be included indicating the overall cost benefit and the program's economic advantage to the organization.**

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**Team Presentation:** Each team will be given the opportunity to present their project to the class. Each team will be given 20 - 30 minutes to provide an explanation and rationale for the program, and present the necessary resources needed for the project. As a part of the presentation - a budget is **required** and should include building costs, equipment rental, staff salaries, and other costs associated with the program. The presentation will also include a visual component (i.e., power point or overhead projection). Each team will be given feedback from classmates and the instructor. **Team members should dress business casual for their presentation.** The formal presentation is the group's opportunity to secure an offer of funding from the company to actually provide the program described.

**Team Evaluation:** At the end of the semester, **students will complete a peer** evaluation to assess the contributions and the level and quality of work achieved by each of their fellow group members during the work produced for the Team Project and Team Presentation.

### **Evaluation**

<b><u>Assignment</u></b>	<b><u>Point Value</u></b>
Exam 1	100
Exam 2	100
Team Project – Instructor eval.	100
Team Evaluation – Peer Eval.	100
<u>Attendance</u>	<u>100</u>
<b>Total Points</b>	<b>500</b>

### **Grading Scale**

<b>Number of Points</b>	<b>Grade Earned</b>
450-500	A
400-449	B
350-399	C
300-349	D
299 & Below	Failing

1. The student is expected to use Blackboard to access class materials and check emails. It is the student's responsibility to become familiar with and regularly check Blackboard as it will be used to post messages and instructions – failure to follow these instructions may result in the loss of credit.
2. Attendance will enhance the student's understanding of the course material. Non-attendance will have a direct impact on a student's grade. Attendance is expected. If the student is aware that an absence is unavoidable it is advised that the student inform the instructor prior to the missed class. You are expected **to arrive in class on time.**
3. If a student must miss class, communicate with the instructor ahead of the absence is necessary. **There are no excused absences so it is unnecessary to bring a medical note.** A letter from the Dean of Students office must be submitted for authorized absences.

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### **Acceptable Student Behavior:**

Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at [www.deanofstudents.unt.edu](http://www.deanofstudents.unt.edu)

### **Academic Dishonesty:**

Academic dishonesty includes cheating, plagiarism, fabrication, and facilitating academic dishonesty. Cheating refers to collaborating on assignments that are not meant to be group work, and using unauthorized materials. Plagiarism refers to presenting ideas, words, or statements of another person without giving credit to that person. Students caught cheating during an exam will be charged under the University's Academic Integrity policy. Among other punishments, students found guilty run the risk of having their score changed to a zero, receiving a grade of F for the course, and/or dismissal from the University.

Refer to the link [http://policy.unt.edu/sites/default/files/untpolicy/pdf/7-Student\\_Affairs-Academic\\_Integrity.pdf](http://policy.unt.edu/sites/default/files/untpolicy/pdf/7-Student_Affairs-Academic_Integrity.pdf) for further information. It is the student's responsibility to read and understand these policies of the University.

### **American with Disabilities Act Compliance:**

It is the policy of the University of North Texas not to discriminate on the basis of sex, race, color, religion, national origin, age, disabled veteran status, veteran of the Vietnam era or qualifying disability under the Americans with Disabilities Act (ADA) in its programs, activities, admissions, or employment policies. In addition to complying with federal and state equal opportunity laws and regulations, the university through its diversity policy declares harassment based on individual differences (including sexual orientation) inconsistent with its mission and educational goals.

Individuals qualifying under the Americans with Disabilities Act (ADA) in need of special assistance to participate in a program, service or activity sponsored by the University Union are asked to contact Scheduling Services a minimum of three (3) business days in advance of the event. Scheduling Services is located on level 2 of the University Union. Telephone: (940) 565-3804 or TDD access through Relay Texas 1-800-735-2989.

Suggestions, problems, complaints or grievances concerning the services, programs or activities of the University Union should be brought to the attention of the Union Director, Union Office, level 4 of the University Union. Telephone: (940) 565-3811 or TDD access through Relay Texas 1-800-735-2989.

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### **Family Educational Rights and Privacy Act (FERPA) Information:**

Students have the right to expect their grades will be kept confidential. There are a few things, because of the size and/or nature of this class, the instructor must advise you of collection and distribution of test results, quiz scores, homework assignments, roll sheets, projects, etc. During this class it may be necessary for students to pass assignments forward to the instructor or it may be necessary for the instructor to call the student's name and then return the completed assignment to by passing it across the room. The instructor, under the reasonable assumption guidelines, assumes students are collecting only their own materials. Every attempt will be made to keep your information confidential. No grades will be posted in a way that could result in a student being identified by other students or faculty members.

### **Tentative Schedule for Summer 2013**

	<b>Class</b>	<b>Topics</b>	<b>Readings</b>
Week 1	Monday	Syllabus – Expectations Introduction to worksite health promotion	
	Tuesday	Lecture Team work	Chapter 1
	Wednesday	Lecture Team work	Chapter 2
	Thursday	Lecture Team work	Chapter 3
	Friday	Online Team work	Online group discussion
Week 2	Monday	Lecture Team work	Chapter 5
	Tuesday	<b>Review for Exam and Team work</b>	Chapters 1, 2, 3, & 5
	Wednesday	<b>Exam 1</b>	Chapters 1, 2, 3, &5
	Thursday	Lecture Team work	Chapter 6
Week 3	Monday	Lecture Team work	Chapter 8
	Tuesday	Lecture Team work	Chapter 9
	Wednesday	<b>Review for Exam and Team work</b>	Chapters 6, 8, & 9
	Thursday	<b>Exam 2</b>	
Week 4	Monday	<b>No Class – Teams will meet to complete preparation for their Presentations</b>	

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	Tuesday	<b>Begin Team Presentations</b>	
	Wednesday	<b>Team Presentations</b>	
	Thursday	<b>Team Presentations</b>	
Week 5	Monday	<b>Team Presentations</b>	
	Tuesday	<b>Team Presentations</b>	
	Wednesday	<b>Team Presentations</b>	
	Thursday	<b>Team Presentations</b>	