

UNIVERSITY OF NORTH TEXAS  
DEPARTMENT OF DISABILITY & ADDICTION REHABILITATION  
SYLLABUS of RHAB 4300: INTRODUCTION TO PSYCHIATRIC REHABILITATION  
SPRING 2017

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### **I. COURSE DESCRIPTION**

This course is designed as an overview of the field of psychosocial rehabilitation for students who are interested in providing services to individuals with severe mental illnesses (psychiatric disabilities). During the course, the student will review the principles and values of psychiatric rehabilitation, emphasizing consumer empowerment and recovery. The course will cover a brief history of the field, current practice models and identify important issues facing the psychosocial rehabilitation practitioner today.

Prerequisites: There are no prerequisites required prior to enrolling in this course.

### **II. COURSE OBJECTIVES**

Upon completion of this course, the students will:

- Summarize the basic principles and values of psychosocial rehabilitation.
- Recognize the impact of stigma on people who have a psychiatric disability.
- Outline the principles of recovery and empowerment when working with people who have a psychiatric disability.
- Identify a range of practice models and services utilized in psychiatric rehabilitation.
- Explain the importance of bringing cultural sensitivity and awareness to all interactions as a practitioner.
- Delineate the principles of ethical practice in psychiatric rehabilitation.
- Summarize the basics of formulating a rehabilitation goal, strengths assessment and documentation.

**Course Format, Methods and Activities:** A variety of methods will be used to facilitate learning in this course. This is an on-line course, and depending on the necessity, the instructor may provide online, mandatory meeting times. These meetings (if needed) are to be held on the second Friday and Sunday of each month. As these are mandatory meetings, all students will be expected to participate. Outside readings, discussion, interactive activities, lecture, online discussion, and community-based interactions will be critical to integrating, synthesizing, and understanding the application of psychiatric rehabilitation.

### **III. REQUIRED TEXTS**

Pratt, C. W., Gill, K. J., Barrett, N. M., & Roberts, M. M. (2014). *Psychiatric rehabilitation*, (3rd ed.), Waltham, NY: American Press.

ISBN-13: 978-0123870025 ISBN-10: 012387002X

***Supplementary readings (are required and available in the Weekly Learning Modules).***

### **IV. METHODS OF EVALUATION**

This course is made up of a series of assignments and assessments to assist you in achieving the course learning objectives/outcomes. Each week you will work on various combinations of assignments, activities, discussions, readings, research, etc. which will be made available to you by each Monday and close on the following Sunday at 11:59 p.m.

- In the first week, "the INTRODUCTION week", you will have a 10-point quiz on the syllabus of the class. You will need to get a minimum of 8 out of 10 in this quiz. The points that you receive in this quiz will *not* be added to your total points. But this quiz is mandatory. Your assignments will not be graded and the final grade will not be posted if you do not take this quiz. It will open on 1/16/2017 and close on 1/22/2017 at 11:59 pm. Go to the "Week 1" of "Weekly Learning Modules" to take this quiz.
- **Written Assignments:** Because clear and understandable written communication is an essential skill of all helping professionals, all papers and assignments (i.e., Case Studies) submitted in this course must follow the American Psychological Association Publication Manual (6th Edition) format. This includes, at a minimum, an APA formatted title page, page headers, page numbering, no more than a 12 inch font, double spacing throughout the text (not in between paragraphs), headings (if included) and references (when noted by assignment).
- Your papers should demonstrate that they have been thoroughly proofread by the student for clarity and organization of content, grammar, spelling, punctuation, etc. Poorly written papers will directly affect your grade. In addition, papers with extreme flaws will not be graded or may be returned for revision before being given a grade. Papers returned for such revision will be treated as late papers.

***Web Exercises (60 points total @ 20 points each):*** Students will complete three web exercises over the course of the semester. These exercises will expand on students' knowledge of the material covered during the course. These exercises will require you to investigate, review or locate resources outside of our course readings and resources. Please do provide appropriate citations for material you include from other sources. These exercises will address Course Learning Objectives #2, #4 & #6.

***Discussion Boards (40 points total @ 10 points each):*** Discussion Boards will be assigned throughout the semester and will cover material from the textbook and other sources from course learning modules. Each discussion board assignment is worth a maximum of 10 points. These activities are to assess your comprehension of concepts rather than retention of facts. We will use the class discussion boards to further explore the assigned readings, assignments and cases.

There is a Discussion Board rubric to assist you in your responses located in the Course Overview page within the Rubric folder at our course Blackboard site. These exercises will address Course Learning Objectives #1, #2, #4 & #7.

- Discussion topics will be posted for one week. Upon completion or near completion of the assigned readings and activities, you are expected to engage in an ongoing discussion/debate with your learning community peers. After reviewing the module materials, you should 1<sup>st</sup> post your response to the discussion topic. For the remaining time, you are required to provide at least 1 response to two different classmates. These postings must occur on different days, over a 24-hour time frame. Your contributions to the discussion forums will be graded for quality not quantity, timeliness of your contributions, and a detailed analysis of linking together theory (readings) to application (activities).
- Although you are only required to respond to two other persons, I would encourage you to review and respond to as many as you see appropriate.
- Discussion Board postings should reflect an understanding of the readings and show evidence that you are critically thinking and evaluating the question or issue at hand. You are required to provide at least one scholarly source supporting your assertions in your initial discussion board topic response. This source must be referenced in APA format. Please do not copy and paste writing from authors or other sources without attributing their work (see Instructor Policy on Academic Integrity)

***Quizzes (30 points total @10 points each):*** Students will complete three timed, short quizzes during the course of the semester. These quizzes will cover material covered from the weeks prior to and including the week of the exam. For instance, if there were a quiz during week 4, content from weeks 1 – 4 would be covered on the quiz. If there is a 2<sup>nd</sup> quiz during week 7, content from weeks 5 – 7 would be covered on the quiz. **Students should not use any course or other outside materials during these exams.** *These assessments will address Course Learning Objectives, #3, #4, #5, & #7.*

- You can access quizzes/exams by clicking the Assessments link on the course menu or see the quiz/exam icon on the designated page. Each quiz is timed and can be accessed only one time within the scheduled time window. Please read the on-screen instructions carefully before you click “Begin Assessment”. After each quiz is graded and released, you may go back to the Assessments page and click “View All Submissions” to review your exam results.
- Students are encouraged to prepare and take the quizzes earlier in the week, rather than waiting Saturday or Sunday and risk potentialities like power failures and technical problems, which may be encountered at the last minute. Technical glitches, power failures, and the like are not sufficient grounds for waiver of the late quiz penalty (see course late policy). **If you do encounter technical issues during a quiz, contact the Blackboard Learn student help desk for technical support FIRST.** They will provide you a ticket number to provide me when you update me on your issue. I will then be able to follow-up with Blackboard Help and make an informed decision about how to proceed.

**Case Study (50 points total @25 points each):** Two case studies focused on ethical practice are assigned during the course. Each case study is worth a maximum of 25 points. Students are encouraged to give each case careful consideration and answer the questions associated with the case as completely and descriptively as possible. One-sentence responses to the questions presented will not be acceptable (please review the “What is Critical Thinking” guidelines above) and will result in deducted points for the assignment. *These exercises will address Course Learning Objectives, #3 & #6.*

**Final Exam (50 points):** Students will complete a timed, final exam. This exam will cover all material covered prior to the date of the exam (Weeks 7 – 15). The exam will include multiple choice, short essays responses.

**V. GRADES**

*For this class exact grades are reported and they are not rounded up, or curved.*

LETTER GRADE	% OF TOTAL POINTS	TOTAL POINTS
<b>A</b>	90 – 100%	230 - 207
<b>B</b>	80 – 89%	206 - 184
<b>C</b>	70 – 79%	183 - 161
<b>D</b>	60 – 69%	160 - 138
<b>F</b>	Less than 59%	137 and below

**VI. CONDITIONS**

**If you miss an assignment, you will get a “zero”, no exceptions.**

- However, jury duty, military duty or any other event is qualified for excuse at the instructor's discretion. For all conditions for missing quiz the instructor should be notified one week in advance through email through relevant document attachments. The instructor will review the case and make the final decision. *Your note should also justify that you could not use the entire week starting from MONDAY 9.00am till SUNDAY 11.59pm to complete the assignment.*
- In case there is a personal medical reason, students will need a note from the doctor *stating the sickness as the valid reason for missing work. Just visiting the health clinic or the doctor does not provide enough grounds to reopen quizzes or assignments.*

The following **will not be accepted as excuses to reopen an assignment. If a student misses an assignment due to the following reasons, they will automatically get a zero, the instructor will not entertain any excuse listed below as a valid reason to reopen a quiz.**

- Internet breakdown: Students are urged to take the from a secure Internet location (library, computer labs etc). In case there is a breakdown of the University computer, screen shots should be taken and emailed to the instructor. A note should also be taken from the computer lab attendant present at that time.

- In case Internet disconnection occurs, students need to contact the UNT Student Help Desk ([helpdesk@unt.edu](mailto:helpdesk@unt.edu) or 940.565.2324) **\*immediately\*** after disconnection to open up a ticket.
- Additionally, if the student is completing the assignment on smartphone or any other additional devices, the student is responsible for the action. The instructor is not responsible if the phone screen freezes or if I-pad stops working, and will not reopen assignments under such conditions. In other words, students are strongly encouraged to work on the assignments during scheduled times on an on-campus computer, preferably with a lab attendant present.
- Not knowing Blackboard: If you are not comfortable with Blackboard then it is preferable to get training on using it. Not knowing Blackboard will not be considered a valid excuse.
- It is your responsibility to check your grades and notify the instructor or the TA promptly if you have taken a quiz, and the grade was not listed for more than two weeks.
- The grades of this course will be constantly updated on Blackboard. It is your responsibility to check Blackboard and keep yourself informed about grades. Asking to reopen quizzes for not understanding grading criteria, or not checking Blackboard will not be considered valid reason to open quizzes.

## **VII. COURSE POLICIES**

- **Late Work:** All late work will receive an **automatic zero** grade. Assignments once closed will not be reopened.
- **Class Participation:** Students are required to login regularly to the online class site. The instructor will use the tracking feature in Blackboard to monitor student activity. Students are also required to participate in all class activities such as discussion board, chat or conference sessions and group projects.
- **Virtual Classroom Behavior:** The academic climate is based on a concept of free and open discussion and exploration of ideas. This freedom to explore carries with it an equally important responsibility to act with professional integrity in all aspects of the course. The same guidelines that apply to traditional classes should be observed in the virtual classroom environment. Please use proper netiquette when interacting with class members and the professor.
- **Policy on Server Unavailability or Other Technical Difficulties:** The University is committed to providing a reliable online course system to all users. However, in the event of any **recorded** unexpected server outage or any unusual technical difficulty, which prevents students from completing a time sensitive assessment activity, students should immediately report any problems to the instructor and also contact the UNT Student Help Desk: [helpdesk@unt.edu](mailto:helpdesk@unt.edu) or 940.565.2324
- **Academic Dishonesty:** Policies regarding student conduct and academic honesty posted by the University Center for Student Rights and Responsibilities in the Student Handbook apply to this class. As stated in the Policy:

[http://www.unt.edu/csrr/student\\_conduct/misconduct.html](http://www.unt.edu/csrr/student_conduct/misconduct.html), misconduct for which students are subject to discipline falls into the following categories:

*Acts of Dishonesty, including but not limited to:*

1. *Academic dishonesty - cheating. The term "cheating" includes, but is not limited to:*
  - a. *use of any unauthorized assistance in taking quizzes, tests, or examinations;*
  - b. *dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or carrying out other assignments;*
  - c. *the acquisition, without permission, of tests, notes or other academic material belonging to a faculty or staff member of the University;*
  - d. *dual submission of a paper or project, or resubmission of a paper or project to a different class without express permission from the instructor(s);*
  - e. *any other act designed to give a student an unfair advantage.*
2. *Academic Dishonesty — plagiarism. The term "plagiarism" includes, but is not limited to:*
  - a. *the knowing or negligent use by paraphrase or direct quotation of the published or unpublished work of another person without full and clear acknowledgement and/or*
  - b. *the knowing or negligent unacknowledged use of materials prepared by another person or by an agency engaged in the selling of term papers or other academic materials.*

Discipline may range from not having an assignment accepted for credit to expulsion from the course. For more information regarding policies regarding student conduct, please visit: [http://www.unt.edu/csrr/student\\_conduct/index.html](http://www.unt.edu/csrr/student_conduct/index.html)

- **Self-plagiarism is also considered plagiarism. Please make yourself knowledgeable about self-plagiarism issues.**
- **Add/Drop Policy:** Please refer to the Office of the Registrar regarding the Add/Drop Policy.
- **Incomplete Grade:** Students are expected to complete the course within the session time frame. A grade of Incomplete will only be given if the student is (a) passing the course, (b) has completed 75% of the course requirement, (c) has very compelling special circumstances, and (d) provides adequate documentation. I will require that the course requirements be fulfilled by the end of the following semester. According to UNT policy:

*An Incomplete Grade ("I") is a non-punitive grade given only during the last one-fourth of a term/semester and only if a student (1) is passing the course and (2) has a justifiable and documented reason, beyond the control of the student (such as serious illness or military service), for not completing the work on schedule. The student must arrange with the instructor to finish the course at a later date by completing specific requirements. These requirements must be listed on a Request*

*for Grade of Incomplete form signed by the instructor, student, and department chair; and also entered on the grade roster by the instructor.*

*(<http://essc.unt.edu/registrar/incomplete.htm>, p. 1)*

If you fail to complete the course requirements by the end of the subsequent semester the grade of Incomplete will be replaced with an “F”. I strongly urge you to complete the course. If you find you are falling behind, or not passing, I recommend you consider withdrawing from the class so that your record and GPA is not negatively affected. Please come talk to me if you find yourself having any difficulties with keeping up with the assignments or are not doing well on the quizzes.

- **Disability Statement:** The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. ***You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation in a timely manner during faculty office hours or by appointment or through email in web based courses.***
- **Grades assigned before ODA** documentation is provided will not be changed. Information about how to obtain academic accommodations can be found in UNT Policy 18.1.14, at [www.unt.edu/oda](http://www.unt.edu/oda), and by visiting the ODA in Room 321 of the University Union. You also may call the ODA at 940.565.4323
- **Student Conduct and Discipline:** The primary concern of the University of North Texas is the student. The university attempts to provide for all students a campus environment that is conducive to academic endeavor and social and individual growth. To that end, rules, regulations and guidelines governing student behavior and the student's relationship with the university have been formulated into a student code of conduct and discipline. Enrollment at the University of North Texas is considered implicit acceptance of these and other policies applicable to students, all of which are educational in nature and designed to help students understand expectations and accept responsibility for their own actions. Additional information can be found in the Code of Student Conduct.
- **Copyright Notice:** Some or all of the materials on this course Web site may be protected by copyright. Federal copyright law prohibits the reproduction, distribution, public performance, or public display of copyrighted materials without the express and written permission of the copyright owner, unless fair use or another exemption under copyright law applies. Additional copyright information may be located at: <http://copyright.unt.edu/content/unt-copyright-policies>.

- **Instructor Rights:** The instructor reserves the right to change the schedule, assignments, and/or evaluation criteria throughout the semester. You will occasionally receive other assignments or readings as the instructor deems fit. Any changes will be announced to the class with sufficient notice to prepare for the changes. It is your responsibility to keep informed about discussion topics and assignments. If in doubt, check with your instructor or your TA.
- **Statement of Confidentiality:** An integral component of all drug and alcohol abuse courses is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to disclosure issues. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure others in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.
- **University of North Texas Compliance:** To comply with immigration regulations, an F-1 visa holder within the United States may need to engage in an on-campus experiential component for this course. This component (which must be approved in advance by the instructor) can include activities such as taking an on-campus exam, participating in an on-campus lecture or lab activity, or other on-campus experience integral to the completion of this course. If such an on-campus activity is required, it is the student's responsibility to do the following: (a) Submit a written request to the instructor for an on-campus experiential component within one week of the start of the course. (b) Ensure that the activity on campus takes place and the instructor documents it in writing with a notice sent to the International Student and Scholar Services Office. ISSS has a form available that you may use for this purpose. Because the decision may have serious immigration consequences, if an F-1 student is unsure about his or her need to participate in an on-campus experiential component for this course, s/he should contact the UNT International Student and Scholar Services Office (telephone 940-565-2195 or email [internationaladvising@unt.edu](mailto:internationaladvising@unt.edu)) to get clarification before the one-week deadline.



## VII. COURSE SCHEDULE

- This is a **TENTATIVE SCHEDULE**, subject to change according to class needs

Week	Date Range	Topic	Reading	Assignment
1	1/16-1/22	Knowledge about class policy	Syllabus	Mandatory Syllabus Quiz. (Have to get 8 out of 10)
2	1/23-1/29	Overview of Mental Illnesses; Stigma & Myths	Course text (Chapter 1)	Discussion Board 1 (10 points)
3	1/30- 2/5	Living with Mental Illness	All module 2 materials & Chapter 2	Web Exercise 1(20 points)
4	2/6- 2/12	What is Psychiatric Rehabilitation?	All module 3 materials	Discussion Board 2 (10 points)
5	2/13- 2/19	Rehabilitation Goals & Finding Strengths	All module 4 materials & Chapter 4	Quiz 1 (10 points)
6	2/20-2/26	Understanding PsyR Methods	All module 5 materials & Chapter 5	Web Exercise 2 (20 points)
7	2/27-3/5	Health and Wellness	All module 6 materials & Chapter 6	Case study 1 (25 points)
8	3/6- 3/12	PsyR Day Programming	All module 7 materials & Chapter 7	
9	3/13-3/19	Spring Break Enjoy!		
10	3/20-3/26	Case Management and ACT	All module 8 materials & Chapter 8	Discussion Board 3 (10 points)

11	3/27-4/2	Supported Employment	All module 9 materials & Chapter 9	Quiz 2 (10 points)
12	4/3-4/9	Supported Education	All module 10 materials & Chapter 10	
13	4/10-4/16	Social Supports: Peers And Self Help	All module 11 materials & Chapter 11	Case Study 2 (25 points)
14	4/17-4/23	Residential & Independent Living Programs	All module 12 materials & Chapter 12	Web Exercise 3 (20 points)
15	4/24-4/30	The Role of Family In PsyR. & PsyR. Hospital Service	All module 13 materials & Chapter 14	Quiz 3 (10 points)
16	5/1-5/7	Community Integration & Future Practices	All module 14 materials & Chapter 15	Discussion Board 4 (10 points)
17	5/8-5/13	Final Exam	Materials of week 7 through 15	Online Quiz (50 Points)