

ADDS 3975, Section 001 (6443): ADDICTIONS.

Instructor Information

- Instructor: Dalia Chowdhury PhD, CRC
- Pronouns: *She/Her*
- Office hours: Wednesday 1-3pm
- Phone: 940-369-5001
- Email: Dalia.Chowdhury@unt.edu (preferred mode of communication)
- Class: Wooten 222
- Time: Mo 2:00PM - 4:50PM

Course Description, Structure, and Objectives

Examines the relationship of substance use and addiction to individual functioning and health, social welfare, and family life. Reviews the origins, effects and treatment of addictive behaviors.

Prerequisite(s): None.

Course Structure

This course takes place 100% in class every week. Other than that, I will post weekly quizzes and assignments online.

Objective

Upon completion of this course, the students will:

- Be introduced to the capacity and depth of substance use disorder (SUD) in the American population.
- Understand how addiction affects activities of daily living and function of individuals.
- Review the origin, implications and social implication of addiction and ensuing behavior.

Required/Recommended Materials

Book:

Doweiko, H. (2018). *Concepts of chemical dependency*. CENGAGE Learning Custom Publishing.

You will need this book for the class.

All other required material will be posted on the CANVAS shell of this class, that you will have access to if you register for the class.

How to Succeed in this Course

- While I want to make myself as available as possible to each of you, I do have to place some limitations on when I can be contacted. I prefer to be contacted through email within office hours (9 am to 5 pm), Monday through Friday. I also reply to emails during weekends; however, if it is some emergency consultation that you need for an upcoming paper or other issues, then mention the word "Important" in the subject area during weekends. Other than that, all general emails received during weekends will be answered on Monday.

- During busy times, my inbox becomes rather full, so if you contact me and do not receive a response within two business days, please send a follow up email. A gentle nudge is always appreciated.
- If you have a private question, please contact me via email and I will respond within 24 hours on weekdays (usually sooner). Please do not expect a response over the weekend. Please use my phone number as a last resort - but, also, please use it if you need to!

Supporting Your Success and Creating an Inclusive Learning Environment

I value the many perspectives students bring to our campus. Please work with me to create a classroom culture of open communication, mutual respect, and inclusion. All discussions should be respectful and civil. Although disagreements and debates are encouraged, personal attacks are unacceptable. Together, we can ensure a safe and welcoming classroom for all. If you ever feel like this is not the case, please stop by my office and let me know. We are all learning together. Furthermore, Every student in this class should have the right to learn and engage within an environment of respect and courtesy from others. We will discuss our classroom's habits of engagement and I also encourage you to review UNT's student code of conduct so that we can all start with the same baseline civility understanding ([Code of Student Conduct](https://deanofstudents.unt.edu/conduct)) (<https://deanofstudents.unt.edu/conduct>)

- **ADA Accommodation Statement:** The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Access (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time; however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information, refer to the [Office of Disability Access website \(http://www.unt.edu/oda\)](http://www.unt.edu/oda). You may also contact ODA by phone at (940) 565-4323.

Activities

A. Weekly quizzes (total 100 points)

- Quizzes will start from the fourth week of classes (as the third week is a holiday), and will cover the reading material of the specific week. There will be one quiz for each module. They are worth 10 points each and coincide with assigned readings and course lectures of the concurrent week.
- Quizzes will contain true/false, multiple-choice questions covering readings listed in that module.
- Quizzes will open on 9.00am on Monday and will close on 11.59pm on the following Sunday.

B. Therapy Project Presentation (total 70 points)

As discussed in the class, this assignment will be about your advertisement of your counseling session and you presenting about it in class. You will have to put in details about the project: such as the population this project is for, the timings, Duration in weeks attendance requirement every week, Mission and Vision of the sessions, and theme of each of the Sessions. This assignment should be submitted on CANVAS and will be presented in class.

C. Final Reflection paper (total 30 points)

A final reflection paper is due on the last week of class. It should be a 400-word paper (excluding the title and bibliography), TNR, 12 font, double space, one inch margin. This paper should talk about your learnings in this class, and how you want to implement these learnings in the future.

D. Attendance

Attendance is mandatory for this class. A total of 100 points will be awarded for attendance. If you miss a class without required verifiable documentation, you will lose 15 points. So, please make sure that you provide with detailed documentation and provide it on time. I will not solicit for documentation from you, it will be your responsibility to provide me with it.

Assessing Your Work

You will have 15 modules with assignments each week. Each module along with the assignments will open 9.00am on Monday and will close on 11.59pm the following Sunday. There will be no Midterm but there is a Final paper in this class.

Grading Rubric

Weekly Quizzes 10 @ 10 points each

Presentation Project @ 70 point

Final Reflection Paper @ 30 point

Attendance @ 100 points

Total 400 point

Grading Scale:

A = 300-270 (90-100%: Outstanding, excellent work. The student performs well above the minimum criteria.)

B = 269-240 (80-89%: Good, impressive work. The student performs above the minimum criteria.)

C = 239-210 (70-79%: Solid, college-level work. The student meets the criteria of the assignment.)

D = 119-180 (60-69%: Below average work. The student fails to meet the minimum criteria.)

F = 179 – 0 (59% and below: Sub-par work. The student fails to complete the assignment.)

For this class exact grades are reported and they are not rounded up, or curved.

Course Requirements/Schedule

List required assignments and graded activities along with a short description and the points possible. Best practice is to clearly indicate both points and percentages if you are using both in the course. Here is a table example below:

Week	Date Range	Topic	Assignment (Points)
1	8/21-8/27	Introduction	None

2	8/28-9/3	<p>The Nature of the Beast (Ch 2)</p> <p>A Brief Introduction to the Science of Pharmacology (Ch 3)</p> <p>An Introduction to Alcohol: Man's Oldest Recreational Chemical (Ch 4)</p> <p>The Alcohol Use Disorders (Ch 5)</p>	None
3	9/4- 9/10	<p>Labor Day No classes on 9/4</p> <p>Readings at home:</p> <p>Misuse of Barbiturates and Barbiturate-Like Compounds (Ch 6)</p> <p>Misuse of the Benzodiazepines and Similar Agents (Ch 7)</p> <p>Use and Misuse of Central Nervous System Stimulants (Ch 8)</p>	None
4	9/11-9/17	<p>Cocaine Misuse and Cocaine Use Disorder (Ch 9)</p> <p>Marijuana Use and Misuse (Ch 10)</p> <p>Opioid Use and Misuse (Ch 11)</p>	Quiz 1 (10 points)
5	9/18- 9/24	<p>Hallucinogen Misuse (Ch 12)</p> <p>Misuse of Inhalants and Aerosols (Ch 13)</p> <p>The Under-Recognized Problem of Steroid Misuse (Ch 14)</p>	Quiz 2 (10 points)
6	9/25-10/1	<p>Tobacco Products and Tobacco Use (Ch 15)</p> <p>Over-the-Counter Analgesics: Unexpected Agents of Misuse and Danger (Ch 16)</p> <p>Chemicals and the Neonate: The Potential Consequences of Drug Use During Pregnancy (Ch 17)</p>	Quiz 3 (10 points)
7	10/2-10/8	<p>Gender and Substance Use Disorders (Ch 18)</p> <p>Hidden Faces of Substance Use Disorders (Ch 19)</p>	Quiz 4 (10 points)

		<p>Substance Misuse by Children and Adolescents (Ch 20)</p> <p>Substance Use and Substance Use Disorders in College Students (Ch 21)</p>	
8	10/9-10/15	<p>Substance Use Disorders and the Older Adult (Ch 22)</p> <p>Substance Use Disorders and the Family (Ch 23)</p> <p>Codependency and Enabling (Ch 24)</p>	Quiz 5 (10 points)
9	10/16-10/22	<p>The Client with Co-Occurring Disorders: Substance Use Disorders and Mental Illness (Ch 25)</p> <p>The Biopsychosocial Model of the Addictions (Ch 26)</p> <p>The Substance Use Disorders as a Disease of the Human Spirit (Ch 27)</p>	Quiz 6 (10 points)
10	10/23-10/29	<p>The Assessment of Suspected Substance Use Disorders (Ch 28)</p> <p>Intervention (Ch 29)</p> <p>Treatment Settings (Ch 30)</p>	Quiz 7 (10 points)
11	10/30-11/5	<p>The Treatment of Substance Use Disorders (Ch 31)</p> <p>The Process of Treatment (Ch 32)</p> <p>Pharmacological Interventions for Substance Use Disorders (Ch 33)</p>	Quiz 8 (10 points)
12	11/6-11/12	<p>Relapse and Other Problems Frequently Encountered in Substance Rehabilitation (Ch 34)</p> <p>Support Groups to Promote and Sustain Recovery (Ch 35)</p> <p>Substance Use Disorders and Infectious Disease (Ch 36)</p>	Quiz 9 (10 points)
13	11/13-11/19	<p>The Debate over Drugs: The Relationship Between Drug Use and Crime (Ch 37)</p> <p>The Debate over Legalization (Ch 38)</p>	Quiz 10 (10 points)

14	11/20-11/26	Thanksgiving break	No classes
15	11/27-12/3	In class presentation	All presentations submitted on CANVAS by 11/26/2023, 11.59pm
16	12/4-12/10	In class presentation	All presentations submitted on CANVAS by 11/26/2023, 11.59pm
17	12/11-12/15	No class meeting	Final Reflections of the class (due 12/11/2023) by 11.59pm

Course Policies

Assignment Reopening and Late Submission Policy: I do not reopen quizzes or short papers, nor do I extend their dates. Quizzes will remain open for a week, from Monday 9.00am-Sunday 11.59 pm. Presentation and the final paper will be opened from the beginning of the semester till they are due. I do not accept late submissions, other than under extenuating circumstances. Any request without associating paperwork is not accepted.

Academic Integrity: Every student in my class can improve by doing their own work and trying their hardest with access to appropriate resources. Students who use other people’s work without citations will be violating UNT’s Academic Integrity Policy. Please read and follow this important set of [guidelines for your academic success](https://policy.unt.edu/policy/06-003) (https://policy.unt.edu/policy/06-003). If you have questions about this, or any UNT policy, please email me or come discuss this with me during my office hours.

Online class participation: This is an online class and students are encouraged to login regularly to the online class site. I frequently use the tracking feature in CANVAS to monitor student activity. Students are also encouraged to participate in all class activities such as discussion board, chat or conference sessions and group projects. Please make sure that you complete your assignments on time. For timely completion of weekly module activities 10 points each week are assigned.

Emergency Notifications: students will be notified by Eagle Alert if there is a campus closing that will impact a class and describe that the calendar is subject to change, citing the [Emergency Notifications and Procedures Policy \(PDF\)](#)

Policy on Server Unavailability or Other Technical Difficulties: The University is committed to providing a reliable online course system to all users. However, in the event of any recorded unexpected server outage or any unusual technical difficulty, which prevents students from completing a time sensitive assessment activity, students should immediately report any problems to the instructor and also contact the UNT Student Help Desk: helpdesk@unt.edu or 940.565.2324

Student Support Services: Students can visit the [Student Support Services & Policies](#) page to know in details about the COVID-19 policies and procedures, especially in relation to wearing masks on campus.

Add/Drop Policy: Please refer to the Office of the Registrar regarding the Add/Drop Policy.

Incomplete Grade: Students are expected to complete the course within the session time frame. A grade of Incomplete will only be given if the student is (a) passing the course, has completed 75% of the course

requirement, (b) has very compelling special circumstances, and (c) provides adequate documentation. I will require that the course requirements be fulfilled by the end of the following semester.

According to UNT policy: § An Incomplete Grade ("I") is a non-punitive grade given only during the last one-fourth of a term/semester and only if a student (1) is passing the course and (2) has a justifiable and documented reason, beyond the control of the student (such as serious illness or military service), for not completing the work on schedule.

§ The student must arrange with the instructor to finish the course at a later date by completing specific requirements. These requirements must be listed on a Request for Grade of Incomplete form signed by the instructor, student, and department chair; and also entered on the grade roster by the instructor. (<http://essc.unt.edu/registrar/incomplete.htm> , p. 1).

If you fail to complete the course requirements by the end of the subsequent semester the grade of Incomplete will be replaced with an "F". I strongly urge you to complete the course. If you find you are falling behind, or not passing, I recommend you consider withdrawing from the class so that your record and GPA is not negatively affected. Please come talk to me if you find yourself having any difficulties with keeping up with the assignments or are not doing well on the quizzes.

Instructor Rights: The instructor reserves the right to change the schedule, assignments, and/or evaluation criteria throughout the semester. You will occasionally receive other assignments or readings as the instructor deems fit. Any changes will be announced to the class with sufficient notice to prepare for the changes. It is your responsibility to keep informed about discussion topics and assignments. If in doubt, check with your instructor.