

PSYC 4610.001 Abnormal Psychology
Fall 2023
(TR, 12:30-1:50 in GAB 105)

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Office Hours: Tues and Thurs, 2-5pm or by appt

Course description:

This course is designed to provide an introductory understanding of the topics and issues relevant to the area of abnormal psychology with an emphasis on the classification, conceptualization, and treatment of individuals with mental disorders. The course format will include lectures and class discussion. To successfully complete the course you will have to be alert, take useful notes, and read the assigned material before class.

Course catalog description:

4610. Abnormal Psychology. 3 hours. Major psychoses, neuroses and other types of maladaptive behavior patterns that are common problems in society; descriptions of symptomatology, theoretical approaches and epidemiological variables. Prerequisite(s): Junior standing.

Course requirements:

Textbook:

Hooley, Butcher, Nock & Mineka (2020). *Abnormal Psychology, 18th Edition*. Pearson
ISBN 13 : 9780135191033

Required readings in addition to textbook: Indicated DSM-5 chapters.

Optional readings: Optional readings that expand upon the subjects will be provided in class.

Exams & grades and assessment of your performance:

There will be 3 multiple-choice exams (each worth 50 points). Each exam will cover the prior weeks' readings and lectures. Thus, exams will not be comprehensive and will only cover the relevant chapters listed on the schedule below. There may be up to 5 points of additional bonus questions on each exam that would not count against your total score of 50 if missed, but may give you up to 5 additional points.

Grades will be computed in the following manner:

3 exams X 50 pt's. each = 150 (Total points)

Grades

A = 135 - 150

B = 120 - 134

C = 105 - 119

D = 90 - 104

F = 89 & below

If there is a known conflict with the scheduled exam dates (e.g. religious holiday, etc.), please notify the instructor immediately so that accommodations can be made. If you provide at least 2 weeks advance notice that you need to miss an exam for an excused reason (e.g. athletics), you will be allowed to take the exam at a prearranged time; however, you must notify the instructor and arrange for this ahead of the exam. Otherwise, make-up exams will only be given upon verification of justifiable absences (e.g., written doctors excuse for medical illness, certificate of death in the family). Make-up exams may be in essay format to assess knowledge of the material while preventing redundancy with discussion about the exam in class. Students who are failing the course after Exam 3 will be given the opportunity to take at least one make-up essay exam to replace one of their failing exam grades, but only one exam at maximum can be replaced (this is only if the cumulative total of exam scores is below 90 at the end of the semester).

Tentative Schedule (Fall 2023)*

Date	Topic**	Reading*
8/22, T	Overview and Research Approaches	Ch 1
8/24, Th	Overview and Research Approaches	Ch 1
8/29, T	Historical & contemporary views of abnormal behavior	Ch 2 is optional reading
8/31, Th	Causal Factors and Viewpoints	Ch 3
9/5, T	Clinical Assessment and Diagnosis	Ch 4
9/7, Th	Clinical Assessment and Diagnosis	Ch 4
9/12, T	Stress, Physical and Mental Health, PTSD	Ch 5; <i>DSM</i> chapters: PTSD, Acute Stress Disorder, & Adjustment Disorder (Pgs: 271-289)
9/14, Th	Stress, Physical and Mental Health, PTSD	Ch 5; <i>DSM</i> chapters: PTSD, Acute Stress Disorder, & Adjustment Disorder (Pgs: 271-289)
9/19, T	Disorders of Childhood	Ch. 15; See Canvas for Additional reading
9/21, Th	Panic, Anxiety, Obsessions, and Their Disorders	Ch 6; <i>DSM</i> chapters: Specific Phobia, Social Anxiety, & Panic Disorder (Pgs: 197-214); Generalized Anxiety Disorder (Pgs: 222-226), Obsessive-Compulsive Disorder (Pgs: 237-242)
9/26, T	Panic, Anxiety, Obsessions, and Their Disorders	Ch 6; <i>DSM</i> chapters: Specific Phobia, Social Anxiety, & Panic Disorder (Pgs: 197-214); Generalized Anxiety Disorder (Pgs: 222-226), Obsessive-Compulsive Disorder (Pgs: 237-242)
9/28, Th	Panic, Anxiety, Obsessions, and Their Disorders	Ch 6; <i>DSM</i> chapters: Specific Phobia, Social Anxiety, & Panic Disorder (Pgs: 197-214); Generalized Anxiety Disorder (Pgs: 222-226), Obsessive-Compulsive Disorder (Pgs: 237-242)
10/3, T	Panic, Anxiety, Obsessions, and Their Disorders	Ch 6; <i>DSM</i> chapters: Specific Phobia, Social Anxiety, & Panic Disorder (Pgs: 197-214); Generalized Anxiety Disorder (Pgs: 222-226), Obsessive-Compulsive Disorder (Pgs: 237-242)
10/5, Th	Exam 1 [Ch 1- 6]	

10/10, T	Eating Disorders	Ch 9; <i>DSM</i> chapters: Anorexia Nervosa, Bulimia Nervosa, & Binge-eating Disorder (Pgs: 338-353)
10/12, Th	Somatic Symptom and Dissociative Disorders	Ch 8;
10/17, T	Mood Disorders	Ch 7; <i>DSM</i> chapters: Bipolar I, Bipolar II, & Cyclothymic Disorder (Pgs: 123-141); Major Depressive Disorder & Persistent Depressive Disorder (Pgs: 160-171)
10/19, Th	Mood Disorders	Ch 7; <i>DSM</i> chapters: Bipolar I, Bipolar II, & Cyclothymic Disorder (Pgs: 123-141); Major Depressive Disorder & Persistent Depressive Disorder (Pgs: 160-171)
10/24, T	Mood Disorders	Ch 7; <i>DSM</i> chapters: Bipolar I, Bipolar II, & Cyclothymic Disorder (Pgs: 123-141); Major Depressive Disorder & Persistent Depressive Disorder (Pgs: 160-171)
10/26, Th	Schizophrenia and Other Psychotic Disorders	Ch 13; <i>DSM</i> chapters: Delusional Disorder, Brief Psychotic Disorder, Schizophreniform Disorder, Schizophrenia, & Schizoaffective Disorder (Pgs: 99-110)
10/31, T	Schizophrenia and Other Psychotic Disorders	Ch 13; <i>DSM</i> chapters: Delusional Disorder, Brief Psychotic Disorder, Schizophreniform Disorder, Schizophrenia, & Schizoaffective Disorder (Pgs: 99-110)
11/2, Th	Substance-Related Disorders	Ch 11; <i>DSM</i> chapters: Substance Use Disorders & Alcohol Use Disorders (Pgs: 483-497)
11/7, T	Exam 2 [Ch. 7-9, 11, 13]	
11/9, Th	Personality Disorders	Ch 10; <i>DSM</i> chapters: Cluster A, B, & C Personality Disorders (Pgs: 649-682)
11/14, T	Personality Disorders	Ch 10; <i>DSM</i> chapters: Cluster A, B, & C Personality Disorders (Pgs: 649-682)
11/16, Th	Personality Disorders	Ch 10; <i>DSM</i> chapters: Cluster A, B, & C Personality Disorders (Pgs: 649-682)
11/21, T	<i>No class – Thanksgiving</i>	<i>No class</i>
11/23, Th	<i>No class – Thanksgiving</i>	<i>No class</i>
11/28, T	Other Classifications (ICD-11; HiTOP, others)	TBA (readings will be provided in class)
11/30, Th	Psychological Treatment	Ch 16
12/5, T	Psychological Treatment	Ch 16
12/7, Th	Psychological Treatment	Ch 16
12/14, Th 10:30am	FINAL EXAM*** – Thursday, December 14 10:30am-12:30pm	

***NOTE:** the syllabus and schedule are subject to change - changes will be announced in class. Additional required readings as well as assignments will also be announced in class.

****Schedule Note:** Please be aware of what we are NOT covering, which will be discussed in class. It is impossible in one semester to cover all material and still maintain depth.

***Any make-up exam for the final exam or other exams must be completed by 5pm on Dec 15.

Course Expectations:

As the instructor in this course, I am responsible for

- Providing course materials and lectures that will assist you in learning the material.
- Providing timely and helpful feedback within stated guidelines.
- Assisting in maintaining a positive learning environment for everyone.

As a student in this course, you are responsible for

- Reading and completing all requirements of the course in a timely manner.
- Working to remain attentive and engaged in the course and interact with your fellow students.
- Assisting in maintaining a positive learning environment for everyone.

Attendance: Attendance is strongly recommended. All changes to the schedule if any are made will be announced in class.

ADA Policy

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Access (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time; however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information, refer to the [Office of Disability Access](http://www.unt.edu/oda) website (<http://www.unt.edu/oda>). You may also contact ODA by phone at (940) 565-4323.

Course conduct: Every student in this class should have the right to learn and engage within an environment of respect and courtesy from others. We will discuss our classroom's habits of engagement and I also encourage you to review UNT's student code of conduct so that we can all start with the same baseline civility understanding ([Code of Student Conduct](https://policy.unt.edu/policy/07-012)) (<https://policy.unt.edu/policy/07-012>).

You are expected to be collegial and enhance a positive learning environment. You are also expected to be respectful toward your peers and professors and to act ethically. If you cheat or plagiarize in this course, you will immediately fail the course. In addition, I will pursue every available avenue outlined by university policy to have you disciplined. The consequences will be the same if you knowingly allow your peers to cheat or plagiarize, and let it occur without at minimum notifying me about it. Moreover, you are expected to adhere to UNT's Code of Student Conduct.

Other Policies:

Academic Integrity: <https://facultysuccess.unt.edu/academic-integrity> Code of Student Conduct: <https://deanofstudents.unt.edu/conduct>

Please be aware that UNT policy (See <http://policy.unt.edu/policy/12-005>) based on Title 9 of the Education Amendments of 1972 (20 U.S.C. § 1681(a); See <https://www.aclu.org/know-your-rights/title-ix-and-sexual-assault>) entails a duty for institutional employees to report to the university any knowledge regarding recent events of sexual misconduct involving students or employees. Additionally, if you report any information indicating that you have been a victim of sexual harassment, sexual assault, dating

violence, or stalking being a student or employee at UNT, the instructor and TA are required to report this information to concerned authorities as mandated by Texas State Law.

Technology in the classroom:

Smartphone or laptop use can be distracting. Their use will not be allowed during lectures or exams, except in 1) cases of emergency 2) as part of ODA accommodation with instructor notification or 3) with explicit instructor permission. Recording of lectures or class discussions in any format is not allowed unless instructor permission is obtained or as part of an ODA accommodation.

Communicating with instructor or TA:

Connect with the instructor or TA through email and/or by attending office hours. During busy times, my inbox becomes rather full, so if you contact me and do not receive a response within two business days, please send a follow up email. A gentle nudge is always appreciated. **DO NOT message the instructor or TA on Canvas as you will not receive a response in a timely manner. Please use the contact information listed above.**

Student Concerns about the Course and Performance

If you have a concern/complaint about the course, the first step you should take is to speak with me, your instructor. To do this, please feel free to talk to me after class or stop by my office hours. The link listed below outlines UNT's procedure for resolving complaints against UNT faculty, staff, and the university. https://policy.unt.edu/sites/default/files/07.016_StudentComplaint.Pub__0.pdf

Incomplete Grades

"I" is a non-punitive grade given only during the last one-fourth of a term/semester and only if a form signed by the instructor, student, and department chair and must be entered on the grade roster by the instructor. See also "Removal of I" policy in the Academics section of undergraduate catalog. (*The UNT Catalog generally allows up to 1 year to remove an "I" grade.*). Grades of "I" assigned to an undergraduate course at the end of the Fall 2007 semester and later, will default to "F" unless the instructor has designated a different automatic grade.

Academic Success Resources:

UNT strives to offer you a high-quality education and a supportive environment, so you learn and grow. As a faculty member, I am committed to helping you be successful as a student. To learn more about campus resources and information on how you can be successful at UNT, go to unt.edu/success and explore unt.edu/wellness. To get all your enrollment and student financial-related questions answered, go to scrappysays.unt.edu.

Technical Support

Student Helpdesk:
UIT Helpdesk
Sage Hall 130
940-565-2324
helpdesk@unt.edu

Additional Information

1. UNT schedule to register and withdraw/drop a course: <https://registrar.unt.edu/registration/spring-registration-guide>
2. Information on student policies and resources: <https://deanofstudents.unt.edu/>
3. Learning Center: <https://learningcenter.unt.edu/>
4. Undergraduate research Fellowship: <https://honors.unt.edu/research/unt-undergraduate-research-fellowship>