

Dr. Cynthia K. Chandler

Brief Vita

(This Brief Vita Only Contains Items Related to Animal Assisted Therapy)

Contact Information:

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1155 Union Circle, #310829, Department of Counseling and Higher Education, University of North Texas
Denton, Texas USA 76203

Current Faculty Position (since 1989): Professor, Counseling Program, Department of Counseling & Higher Education, University of North Texas, Denton, Texas.

Other Duties (since 2000): Founder and Director, Consortium for Animal Assisted Therapy, Counseling Program, College of Education, University of North Texas, Denton, Texas.

Highest Educational Degree (1986): Doctor of Educational Psychology (Ed.D.), Counseling Specialty, Texas Tech University, Lubbock, Texas.

Credentials:

Licensed Professional Counselor and Supervisor, Texas

Licensed Marriage and Family Therapist and Supervisor, Texas

Registered Pet Partner with national Pet Partners organization

Pet Partners Licensed Instructor

Pet Partners Licensed Team Evaluator

Awards Related to Animal Assisted Therapy

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| 2016 | Professional Development Award, from the American Counseling Association, for the development of techniques and systems to benefit clients and the counseling profession (national award) |
| 2015 | Thomas J. Frist Humanitarian Award, from Medical Center of Lewisville, Texas and the Hospital Corporation of America, for service and scholarship in animal assisted therapy (local award) |
| 2009 | Thelma Duffey Vision and Creativity Award, from the Association for Creativity in Mental Health, a division of the American Counseling Association, for scholarship in animal assisted therapy (national award) |
| 2006 | Professional Writing Award, from the Texas Counseling Association for 1 st edition of book, <i>Animal Assisted Therapy in Counseling</i> . |
| 2006 | Beyond Limits Award, from Pet Partners organization, for practice, instruction, and evaluation of animal assisted therapy (national award) |

Publications, Refereed Articles (Published)

International/National

Chandler, C. K., Fernando, D. M., Barrio Minton, C. A., & Portrie-Bethke, T. (2015). Eight domains of pet-owner wellness: Valuing the owner-pet relationship in the counseling process. *Journal of Mental Health Counseling*, 37(3), 268-282. Doi: <http://dx.doi.org/10.17744/mehc.37.3.06>

- Chandler, C. K.** (2015, April 20). Confirming the benefits of emotional support animals. *Counseling Today: Online Exclusives*. <http://ct.counseling.org/2015/04/confirming-the-benefits-of-emotional-support-animals/>
- Sheade, H. E., & **Chandler, C. K.** (2014). Cultural diversity considerations in animal assisted counseling. *Ideas and Research You Can Use: VISTAS* (Article 76). Retrieved from <http://www.counseling.org/knowledge-center/vistas>.
- O'Callaghan, D. M., & **Chandler, C. K.** (2011). An exploratory study of animal assisted interventions utilized by mental health professionals. *Journal of Creativity in Mental Health*, 6(2), 90-104.
- Chandler, C. K.**, Portrie-Bethke, T., Barrio Minton, C.A., Fernando, D.M., & O'Callaghan, D. M. (2010). Matching animal assisted techniques and intentions with counseling guiding theories. *Journal of Mental Health Counseling*, 32(4), 354-374.
- Trotter, K. S., **Chandler, C. K.**, Bond, D., & Casey, J. (2008). A comparison study of the efficacy of group equine assisted counseling with at-risk children and adolescents. *Journal of Creativity in Mental Health*, 3(3), 254-284.
- Chandler, C. K.** (2008). Animal assisted therapy with Hurricane Katrina survivors. *Vistas*. <http://counselingoutfitters.com/vistas/vistas08/Chandler.htm>
- Chandler, C. K.** (2006). Pawsitive pets: Working with your pet as co-therapists. *Vistas*. American Counseling Association.
- Chandler, C. K.** (2001, October). Animal-assisted therapy in counseling and school settings. *ERIC CASS Digest*, EDO-CG-01-05.

Books Published

- Chandler, C. K.** (2012) *Animal assisted therapy in counseling* (2nd ed.). New York, NY: Routledge.
- Chandler, C. K.** (2006). *Animal assisted therapy in counseling* [Korean translation ed.]. Seoul, Korea: Hakjisa.

Chapters Published

- Chandler, C. K.** (2012). The healing gifts of animals: Animal assisted therapy. In M. DeMello (Ed.), *Animals and society: An introduction to human-animal studies* (pp. 211-214). New York, NY: Columbia University Press.
- Fine, A., O'Callaghan, D., **Chandler, C.**, Schaffer, K., Pichot, T., & Gimeno, J. (2010). Application of animal assisted interventions in counseling settings: An overview of alternatives. In A. Fine (Ed.), *Handbook of animal-assisted therapy: Theoretical foundations and guidelines for practice* (3rd ed.; pp. 193-222). Boston, MA: Academic Press.

Other Published Items (e.g., professional newsletter/magazine article)

National

- Chandler, C. K.** (2009). Animal assisted therapy in counseling. In *American Counseling Association encyclopedia of counseling* (pp. 24-25). Alexandria, VA: American Counseling Association.

Major speaker for a professional event (sole or keynote, 5+ hours)

National/International:

- Chandler, C. K.** & Tiffany Otting (2015, June 5). Animal assisted therapy in practice. Post-Conference Workshop, Animal Assisted Therapy Conference, Hong Kong University, Hong Kong (6 hours).
- Chandler, C. K.** (2003, November). *Animal assisted therapy*. Samsung Assistance Dog Center, Seoul, Korea. (solo presenter for this one-day or 8-hour workshop.)

Conference Presentations (Refereed)

International/National

- Chandler, C.K.** & Fernando, D.M. (2015, August). Eight domains of pet-owner wellness. Fifth

- International Conference on Health, Wellness & Society, Alcalá de Henares, Madrid, Spain.
- Chandler, C.K.** (2015, July). Eight domains of pet-owner wellness. International Society for Anthrozoology Conference, Saratoga Springs, NY.
- Chandler, C. K.,** Fernando, D.M., Barrio Minton, C. A., & Portrie-Bethke, T. (2015, April). Eight domains of pet-owner wellness. Association for Creativity in Counseling Conference, San Antonio, TX.
- Chandler, C. K.** (2013, November). *Psychosocial and physiological benefits of animal assisted therapy: A review of research and practice*. DeVry Annual Healthcare Educational and Scientific Conference, American University of the Caribbean, St. Maarten.
- Chandler, C. K.,** & Sheade, H. (2013, October). *Teaching graduate courses in counseling techniques with the assistance of canines and equines*. Association for Counselor Education and Supervision, Denver, CO.
- Chandler, C. K.** (2013, March). *Teaching graduate courses in counseling with the assistance of canine and equines*. Living With Animals Conference, Richmond, KY.
- Chandler, C. K.,** & Trotter, K. S. (2010, July). *Equine assisted counseling with at risk children and adolescents*. Meeting of the International Association of Human Animal Interaction Organizations Stockholm, Sweden.
- Chandler, C. K.** (2009, June). *Working in harmony with animals: Animal assisted therapy, theory, and applications*. International Conference on Social Work and Counseling Practice, Hong Kong, China.
- Chandler, C. K.,** Portrie-Bethke, T., & Fernando, D. M. (2009, October). *Animal assisted therapy in counselor education: Providing instruction and supervision*, Association for Counselor Education and Supervision, San Diego, CA.
- Chandler, C. K.** (2008, March). *Animal assisted disaster response with Hurricane Katrina survivors*. American Counseling Association, Honolulu, HI.
- Chandler, C. K.** (2007, October). *Animal assisted therapy in counselor education: Providing instruction and supervision*. Association for Counselor Education and Supervision, Columbus, OH.
- Chandler, C. K.** (2006, April). "Pawsitive" pets: *Techniques for working with your pet as co-therapists in counseling*. American Counseling Association, Montreal, Quebec, Canada.
- Trotter, K., & **Chandler, C. K.** (2006, April). *Equine assisted counseling with at-risk children and adolescents*. American Counseling Association, Montreal, Quebec, Canada.
- Chandler, C. K.** (2006, January). *Animal assisted therapy in counseling: Providing instruction and supervision*. Hawaii International Conference on Education, Honolulu, HI.
- Trotter, K., & **Chandler, C. K.** (2006, January). *Equine assisted counseling with at-risk children and adolescents*. Hawaii International Conference on Education, Honolulu, HI.
- Chandler, C. K.** (2005, October). *Animal assisted therapy in counseling: Providing instruction and supervision*. American Association for Counselor Education and Supervision, Pittsburgh, PA.
- Chandler, C. K.** (2003, November). *The history of the human-animal bond in the U.S.* Presented at the First International Symposium on the Human Animal Bond, Seoul, Korea.
- Bond, D., Steinmetz, J., & **Chandler, C. K.** (2003, March). *Assisting juvenile offenders*. Equine Assisted Growth and Learning Conference, San Diego, CA.
- Chandler, C. K.** (2003, April). *Animal assisted therapy in counseling and school settings*. American Counseling Association, Anaheim, CA.
- Chandler, C. K.** (2003, January). *Animal assisted therapy in counseling and school settings*. International Conference on Education, Honolulu, HI.

Regional

- Chandler, C. K.** (2008, November). *Animal assisted therapy in counselor education: Providing instruction and supervision*. Western Association of Counselor Education and Supervision, Palm Springs, CA.
- Chandler, C. K.** (2008, October). *Animal assisted therapy with Hurricane Katrina survivors*. Southern Association of Counselor Education and Supervision, Houston, TX.

- Chandler, C., Flint, P., & Geida, M.** (2005, October). *Canine counselors: Working with your dog and other pets as co-therapists in a college counseling and testing center*. Southwest College Health Association Annual Meeting, Denton, TX.
- Chandler, C. K.** (2003, October). *Animal assisted therapy training program*. Rocky Mountain Association of Counselor Education and Supervision, Jackson Hole, WY.

State

- Otting, T., Stevens, C., **Chandler, C. K.**, Webster, L., Spellings, M. (2015, November). Neurobiology of animal-assisted therapy: The science of human-animal relating. Texas Counseling Association annual conference, Corpus Christi, TX.
- Sheade, H. E., Yterdal, H., & **Chandler, C. K.** (2014, November). *Healing through horses: Equine assisted counseling with at-risk youth*. Texas Counseling Association annual conference, Dallas, TX.
- Sheade, H., & **Chandler, C. K.** (2012, November). *Multicultural and diversity considerations in animal-assisted therapy*. Texas Counseling Association annual conference, Galveston, TX.
- Chandler, C. K.** (2011, November). *Understanding the psychodynamics of animal assisted therapy*. Texas Counseling Association annual conference. Fort Worth, TX.
- Chandler, C. K.** (2009, November). *Animal assisted therapy practice competencies and performance guidelines*. Texas Counseling Association, Dallas, TX.
- Chandler, C. K.** (2008, November). *Matching animal assisted techniques and interventions with counseling guiding theories*. Texas Counseling Association, Houston, TX.
- Chandler, C. K.** (2008, January). *Starting a pet therapy program*. Texas Association of Directors of Volunteer Services. Austin, TX. (encore performance 3:45-5:15 p.m.)
- Chandler, C. K.** (2008, January). *Starting a pet therapy program*. Texas Association of Directors of Volunteer Services. Austin, TX. (first performance 2:15-3:30 p.m.)
- Chandler, C. K.** (2007, November). *Animal assisted therapy with Hurricane Katrina survivors*. Texas Counseling Association, Corpus Christi, TX.
- Chandler, C. K., Carter, C., & O'Callaghan, D.** (2005, November). *"Pawsitive" pets: Working with your pets as co-therapists*. Texas Counseling Association, El Paso, TX.
- Chandler, C. K., Rhine, T., & Walker, K.** (2001, November). *Animal-assisted therapy*. Texas Counseling Association Personal Growth Conference, Dallas, TX.

Local

- Chandler, C. K.** (2010, September). *Animal assisted therapy with sexual abuse and assault survivors*. Tarrant County Sexual Abuse Advisory Council. Arlington, TX.
- Chandler, C. K.** (2008, September). *Pet assisted therapy*. Tarrant County Sexual Abuse Advisory Council. Fort Worth, TX.
- Chandler, C. K.** (2007, January). *Working with your pet as co-therapist*. Northern Metro Counseling Conference, Dallas, TX.
- Chandler, C. K.** (2005, March). *"Pawsitive" pets: Working with your pet as co-therapist*. North Texas Counseling Conference, Denton, TX.
- Chandler, C. K.** (2004, November) *Animal assisted therapy for professionals and technicians*. Delta Society of South Texas, San Antonio, TX.

Conference Presentations (Invited)

International/National

- Chandler, C. K.** (2015, June 4). Opening address: Animal assisted therapy: A global perspective on research and practice. Animal Assisted Therapy Conference, Hong Kong University.
- Chandler, C. K.** (2015, June 4). Discussion Panel: The Way Forward. Animal Assisted Therapy

Conference, Hong Kong University.

Chandler, C. K. (2015, June 3). Public lecture: Animal assisted therapy: Standards of practice. Hong Kong University, Social Work Department, Hong Kong (3 hours).

Chandler, C.K. (2015, March). Public lecture: Animal assisted therapy standards and practice. Animal Angels Foundation Lecture Series, Pune, India.

Chandler, C. K. (2015, March). Public lecture: Animal assisted therapy: Theory for intervention. Animal Angels Foundation lecture series. Mumbai, India.

Chandler, C. K. (2014, April). *Best practices in animal assisted therapy*. Lorman Education Services, 60-minute live webinar.

Chandler, C. K. (2013, October). *Best practices in animal assisted therapy*. Lorman Education Services, 90-minute live webinar.

Chandler, C. K. (2003, November). *Animal assisted therapy in the United States*. JeJu University, Cheju, South Korea.

State

Chandler, C. K. (2013, August). *Psychophysiological and psychosocial benefits of animal assisted therapy: Presentation to hospital clinical staff*. Carle Foundation National Dog Day Event, Carle Foundation Hospital, Champaign, IL.

Chandler, C. K. (2013, August). *Starting an animal assisted therapy program: Presentation to general public audience*. Carle Foundation National Dog Day Event, Carle Foundation Hospital, Champaign, IL.

Local (the list below does not include 27, 8-hour local workshops presented since 2001 on AAT)

Chandler, C. K. (2014, May). *Psychosocial benefits of animal assisted counseling*. A New Leash on Life (local animal assisted therapy group) monthly meeting, Garland, TX.

Chandler, C. K. (2008, April). *Animal assisted therapy in counseling*. Doctoral interns, Counseling and Testing, University of North Texas, Denton, TX.

Chandler, C. K. (2008, March). *Animal assisted therapy in medical services*. Medical Services Course, University of North Texas, Denton, TX.

Chandler, C. K. (2007, April). *Animal assisted therapy in hospice settings*. Faith Hospice, Irving, TX.

Chandler, C. K. (2007, April). *Animal assisted therapy in counseling*. Doctoral interns, Counseling and Testing, University of North Texas, Denton, TX.

Chandler, C. K. (2007, March). *Animal assisted therapy in medical services*. Medical Services Course, University of North Texas, Denton, TX.

Chandler, C. K. (2005, November). *Center for Animal Assisted Therapy*. Dallas County Veterinary Medical Association, Dallas, TX.

Chandler, C. K., & Pease-Carter, C. (2005, March). *Pawsitive pets: Working with your pet as co-therapists*. North Texas Counseling Conference, Denton, TX.

Chandler, C. K. (2004, November). *Animal assisted therapy in counseling*. Northern Metro Counseling Association, Dallas, TX.

Chandler, C. K. (2001, February). *Animal assisted therapy*. North Texas Counseling Conference, Denton, TX.

AAT Team Evaluations

Since 2000, performed 3 all-day team evaluations per year resulting in over 600 local team evaluations of registered handler-animal teams.