**PSYCHOLOGY OF PERSONALITY** PSYC 4520 SECTION 501

W 9:30AM TO 12:20PM

FRLD 266

Welcome to Psych of Personality!

**COURSE INSTRUCTOR: Crystal Lockett, M.Ed., LPC-S, NCC, BC-TMH**

Email: Crystal.Lockett@unt.edu

Office Hours: Via Zoom or by appointment

# Course Description

This course covers the major approaches to conceptualizing personality, including psychoanalytic, trait, biological, humanistic, behavioral/social learning, and cognitive perspectives. These areas will be covered in terms of theory, research, and assessment, as well as to practical applications (e.g., to psychotherapy or pharmacological/physiological forms of treatment, to vocational or academic settings, and to other real-world settings).

# Course Learning Objectives

1. Understand the basic introduction to personality and its relationship to psychology.
2. Apply methodological approaches (i.e., research methodology) to understanding personality.
3. Conceptualize personality development in individuals using theories learned in class (e.g., humanistic, cognitive).
4. Analyze the sociocultural impact on personality and personality theory.

# Textbook

Burger, J. M. (2015). Personality (10th ed.). Belmont, CA: Wadsworth Publishing Company.

# Materials

Computer/Laptop, Access to Canvas

# Attendance

This is a senior level college course and we will only meet once per week. As such, attendance is **strongly encouraged** and will be reflected in both IClicker and Canvas. I will be providing an in-depth explanation of the book content in class as well as practical real-world examples, so it would benefit you to attend. Additionally, this class is heavily discussion based, and you will receive more from this class by participating in class discussions. Finally, I will also take attendance randomly throughout the semester for bonus points, so be mindful that attendance can be beneficial for you in more ways than one. Please note: **if you do miss class, it is your responsibility to obtain notes from a fellow student. PLEASE DO NOT ASK ME FOR NOTES FROM CLASS.**

# Communication

Supporting my students and ensuring they have access to the correct resources is important to me. Therefore, please reach out to me if you have questions. Inboxing me through Canvas is the best way to contact me. If Canvas is down, please feel free to email me at [Crystal.Lockett@unt.edu](mailto:Crystal.Lockett@unt.edu)

If Canvas fails or you do not have access to it and you have to email me, I will answer emails **sent from your official unt.edu student email account** within 48 hours except on Fridays after 5:00 PM through Mondays at 9:00 AM. **When emailing me, include your first name, last name, and this course ID in the subject header.**Your subject header needs to be specific because it diverts your email into my Inbox instead of another folder such as “Other” or “Junk.”

Write the email using a professional format and professional language. A top complaint from employers is that new hires do not know how to communicate with professionalism and in grammatically correct sentences. Therefore, we will build employable skills while learning about psychology in this course.

To reinforce these employable skills, emails without this information and professionalism will not be answered.

Remember, I am here to help. However, I also want to empower my students to be resourceful. Please read the syllabus *before* contacting me with questions regarding grading, due dates, etc. If you cannot find your answer in the syllabus, you may email me or send me a message through Canvas.

# In Class Policy

This course is designed to foster and maintain a positive learning environment. Active participation during discussions is highly encouraged. Your attention is expected during lectures; thus headphones, reading material, and other distractions should be put away. Laptops should be used for note-taking only, not for distractions. I clarify points but do not cater to inattention. *Do not be a distraction to others or me, or I will explicitly ask you to put away your electronics and/or leave.*

# In Class Discussion

In class discussion and questions are highly encouraged to foster deeper understanding and application of the material, especially regarding psychology and multiculturalism. We will discuss ground rules for discussion on the first day in class. Here are some ground rules to start with:

* 1. Use “I” statements when discussing an opinion or personal experience.
  2. Do not give away names of people you are describing from real experiences.
  3. What is discussed in class by your peers should remain in class and is confidential.
  4. Agree not to blame ourselves or others for misinformation we have learned, but to accept responsibility for not repeating misinformation after we have learned otherwise.
  5. Agree not to “blame victims” for the condition of their lives.

# Readings

You are **strongly encouraged** to complete the assigned readings *before* each class; this provides you with knowledge to engage in class discussion rather than constantly writing notes. Additionally, you may be tested on material in-text I don’t go over as in-depth in class.

# Exams

**Online Exams:** Exams will consist of 50 multiple choice items and will be administered in Canvas on two consecutive days, as noted in the course schedule (see the last page of the syllabus). The standard amount of time that will be allowed for completing an exam is 60 minutes. Emphasis will be on the material covered in class; in addition, **you are also responsible for material in the text that we do not discuss in class.** There may also be material on each exam from the class lectures that is not covered in your book; therefore, it is in your best interest to come to class every day. The exams may cover material presented in lecture, supplemental readings, films/movies shown in class, as well as presentations.

**However, because the lowest or single missing exam score will be dropped, no make-up exams will be allowed for missed exams without proper documentation (e.g., medical) or an official excused absence from the Dean of Students office.**

# Exam Make-Up Policy

Makeup exams are permitted only in the following circumstances. All exam arrangements are made with the instructor. Exams must be made up within 1 week of the original exam date; otherwise, a grade of 0 will be assigned.

1. *Documented emergency:* Students who miss an exam without preapproval must provide valid documentation of an emergency (e.g., doctor’s note).

All makeup exams or quizzes must be completed up to 1 week after the exam or quiz. If the exam or quiz is not completed after 1 week of the original exam or quiz date, a grade of ZERO will be assigned.

# Incomplete Policy

Incompletes will only be given in rare circumstances on a case-by-case basis. In the event an “I” is granted it is the student’s responsibility to complete the required course material within one year after which the “I” will become “F”.

***Course Requirements***

Attendance 100 points

In-class activities 150 points

Exam 1 100 points

Exam 2 100 points

Exam 3 100 points

Exam 4\* 100 points

Total 550 points

\*The lowest exam grade will be dropped.

\*This chart does NOT include potential extra credit points

# Grade Ranges:

**A:** 495 or more

**B:** 440-494 points

**C:** 385-439 points

**D:** 330-384 points

**F:** 329 points and below

*\*Please be advised, I will not round up any grades\**

***Extra Credit Opportunities***

***SONA Research Participation or Journal Article Summary***

I will accept a maximum of 5 SONA credits (with each SONA extra credit equivalent to two extra points in the course, up to a possible total of 10 extra points).

*This can be accomplished in two ways:*

1. *Participation in SONA research within the Department of Psychology.* You can search for research study opportunities in the SONA research participant pool management system (**deadline for SONA research participation: Wednesday, April 30th at 5 PM**) at unt.sona-systems.com/

*2) You instead have the option of writing a SONA summary of a journal article.* All SONA summaries must be emailed to the SONA representative (untsonarep@yahoo.com). You can visit the following webpage to learn about writing a SONA summary (**deadline for SONA journal article summary: Friday, April 18th at 5 PM**): sites.google.com/site/sonasystemshelp/

***\*\*PLEASE NOTE:*** *To be counted for this course, you must apply SONA credits to this course through the UNT SONA website. Need help? Email the SONA representative – untsonarep@yahoo.com*

**Course Calendar**

*\*\*This is subject to, and likely will, change! Some classes move faster through the material; some move slower. Come to class and check Canvas announcements regularly to keep up to date about any possible changes.\*\**

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| --- | --- | --- | --- | --- |
| **Date** |  | **Topic and Important Info** | **Readings** | **Canvas Exams & Dates** |
| **Week 1** | **1/15** | Syllabus | Syllabus | Intro to Personality |
| **Week 2** | **1/22** | Personality Basics and Personality Research Methods | Ch 1 & 2 |  |
| **Week 3** | **1/29** | Psychoanalytic: Freudian Theory | Ch 3 |  |
| **Week 4** | **2/5** | Psychoanalytic: Freudian Research | Ch 4 | **Exam 1 on Chapters 1-4: 2/5 and 2/6** |
| **Week 5** | **2/12** | Neo-Freudian Approach | Ch 5 |  |
| **Week 6** | **2/19** | Neo-Freudian Research | Ch 6 |  |
| **Week 7** | **2/26** | Trait Theory | Ch 7 |  |
| **Week 8** | **3/5** | Trait Research | Ch 8 | **Exam 2 on Chapters 5-8: 3/5 and 3/6** |
| **Week 9** | **3/10-3/14** | **SPRING BREAK** |  |  |
| **Week 10** | **3/19** | Biological Theory | Ch 9 |  |
| **Week 11** | **3/26** | Biological Research | Ch 10 |  |
| **Week 12** | **4/2** | Humanistic Theory and Research | Ch 11 & 12 | **Exam 3 on Chapters 9-12: 4/2 and 4/3** |
| **Week 13** | **4/9** | Behavioral/Social Learning Theory | Ch 13 |  |
| **Week 14** | **4/16** | Behavioral/Social Learning Research | Ch 14 |  |
| **Week 15** | **4/23** | Cognitive Approach | Ch 15 & 16 |  |
| **Week 16** | **4/30** | **NO CLASS MEETINGS FOR THIS COURSE THIS WEEK** |  | **Exam 4 on Chapters 13-16: 4/30 and 5/1** |
| **FINALS WEEK** | **5/5-5/9** | **Do Well on your other Finals!** |  |  |

# University Policies

**Social Justice**

I am committed to creating a positive learning environment based upon open communication, mutual respect, and non-discrimination. I am aware of the different ways events happening within the university, community, the country, and the world at large can impact each of you, and I will make every effort to be considerate of every student.

Though UNT aims to minimize instances of discrimination on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color, or national origin, these events may occur and I am always willing to speak and connect you to appropriate resources. Though you should know that according to [policy](https://www.unt.edu/notices/faculty-staff-student-employee-info-required-discrimination-prevention-training#%3A~%3Atext%3DAs%20a%20reminder%2C%20all%20faculty%2Cthe%20Office%20of%20Equal%20Opportunity), I am a mandated reporter meaning I would have to report instances that occur within UNT to the Office of Equal Opportunity. Along with discrimination, I am also obligated to [report](https://ied.unt.edu/title-ix-employee-information) any abuse and sexual assault. As students in this course, you are expected to use [bias-free language](https://apastyle.apa.org/style-grammar-guidelines/bias-free-language). As society changes, so does language meaning you should make every effort to continue to grow and learn the ways language also evolves. Racial and ethnic slurs as well as any slurs referring to other minoritized communities (e.g., gender, sexual) will not be taken lightly.

# Special Accommodations

If you need any special accommodations or feel there is anything that the instructor needs to know that might improve your learning environment in this class, please discuss this with the instructor as soon as possible. All students should view their instructor as a resource and make appropriate use of her during office hours or scheduled appointments to answer questions, clarify reading or lecture material, etc.

Specifically:

*The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation* ***must first register with the Office of Disability Accommodation (ODA) to verify their eligibility.*** *If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at* [*http://www.unt.edu/oda*](https://webmail.unt.edu/owa/redir.aspx?C=PpeDPW9R6E-ad2gl95wE7NFzQrORvc8IzO-w8PNCgNY7cHDf-jX-dtXhRMeLY929-CHmiX3EXro.&URL=http%3a%2f%2fwww.unt.edu%2foda)*. You may also contact them by phone at 940.565.4323.*

# Academic Integrity

Academic misconduct (e.g., cheating, plagiarism) will not be tolerated and is subject to disciplinary action. You are encouraged to become familiar with the University’s Policy of Academic dishonesty found in the Student Handbook. Academic Integrity is defined in the UNT Policy on Student Standards for Academic Integrity. Academic Dishonesty includes cheating, plagiarism, forgery, fabrication, facilitating academic dishonesty, and sabotage. Any suspected case of Academic Dishonesty will be handled in accordance with the University Policy and procedures. Possible academic penalties range from a verbal or written admonition to a 0 for an assignment or a grade of “F” in the course.

Plagiarism is the use of another author’s ideas or work without crediting (citing) the author for that idea, or copying work from other students. When in doubt, ask me. More about the UNT’s academic integrity policies and students’ right to appeal may be found at <http://vpaa.unt.edu/academic-integrity.htm>.

# Reporting Grades

It is against University policy for me to divulge grade information via e-mail or telephone. If you have concerns about your grade at any point in the semester, please schedule an appointment to meet with me or the TA. It is also against University policy for me to discuss your grades with anyone other than you, the student, unless a signed waiver is on file.

# Student Resources Technical Assistance:

Here at UNT we have a Student Help Desk that you can contact for help with Canvas or other technological issues.

**UIT Help Desk:** <http://www.unt.edu/helpdesk/index.htm>

**Email:** [helpdesk@unt.edu](mailto:helpdesk@unt.edu)

**Phone**: 940-565-2324

**In Person**: Sage Hall, Room 130 **Walk-In Availability**: 8am-9pm **Telephone Availability:**

Sunday: noon-midnight

Monday-Thursday: 8am-midnight Friday: 8am-8pm

Saturday: 9am-5pm

**Laptop Checkout**: 8am-7pm

For additional support, visit Canvas Technical Help (<https://community.canvaslms.com/docs/DOC-10554-4212710328>)

# Course Materials for Remote Instruction:

Remote instruction may be necessary if community health conditions change or you need to self-isolate or quarantine due to COVID-19. Students will need access to a computer, Canvas, webcam, and a microphone. Information on how to be successful in a remote learning environment can be found at <https://online.unt.edu/learn>.

# Student Support Services:

UNT provides mental health resources to students to help ensure there are numerous outlets to turn to that wholeheartedly care for and are there for students in need, regardless of the nature of an issue or its severity. Listed below are several resources on campus that can support your academic success and mental well-being:

* [Student Health and Wellness Center](https://studentaffairs.unt.edu/student-health-and-wellness-center) (https://studentaffairs.unt.edu/student-health-and-wellness-center)
* [Counseling and Testing Services](https://studentaffairs.unt.edu/counseling-and-testing-services) (https://studentaffairs.unt.edu/counseling-and-testing-services)
* [UNT Care Team](https://studentaffairs.unt.edu/care) (https://studentaffairs.unt.edu/care)
* [UNT Psychiatric Services](https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry)

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* [Individual Counseling](https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling)

(https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counsel ing)

Other student support services offered by UNT include

* Registrar (https://registrar.unt.edu/registration)
* [Financial Aid](https://financialaid.unt.edu/) (https://financialaid.unt.edu/)
* [Student Legal Services](https://studentaffairs.unt.edu/student-legal-services) (https://studentaffairs.unt.edu/student-legal-services)
* [Career Center](https://studentaffairs.unt.edu/career-center) (https://studentaffairs.unt.edu/career-center)
* [Multicultural Center](https://edo.unt.edu/multicultural-center) (https://edo.unt.edu/multicultural-center)
* [Counseling and Testing Services](https://studentaffairs.unt.edu/counseling-and-testing-services) (https://studentaffairs.unt.edu/counseling-and-testing-services)
* [Pride Alliance](https://edo.unt.edu/pridealliance) (https://edo.unt.edu/pridealliance)
* [UNT Food Pantry](https://deanofstudents.unt.edu/resources/food-pantry) (https://deanofstudents.unt.edu/resources/food-pantry)

Academic Support Services

* [Academic Resource Center](https://clear.unt.edu/canvas/student-resources) (https://clear.unt.edu/canvas/student-resources)
* [Academic Success Center](https://success.unt.edu/asc) (https://success.unt.edu/asc)
* [UNT Libraries](https://library.unt.edu/) (https://library.unt.edu/)
* [Writing Lab](http://writingcenter.unt.edu/) (<http://writingcenter.unt.edu/)>
* [MathLab](https://math.unt.edu/mathlab) (https://math.unt.edu/mathlab)