

Allison Suppan Helmuth

Department of Sociology
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AREAS OF INTEREST

Urban Sociology; Intersectionality; Social Inequalities; Sex & Gender; Race and Racism; Qualitative Research Methods; Sociological Theory

ACADEMIC APPOINTMENTS

2024- present	Assistant Professor of Sociology, University of North Texas
2022-2024	Postdoctoral Fellow, Department of Sociology, Rice University

EDUCATION

PhD Sociology, University of Illinois-Chicago (2022)

Dissertation: "Getting Rich or Getting By?: Owner-Occupant Landlords in Chicago's Segregated Neighborhoods"

Received UIC Sociology's David P. Street Dissertation Award in Engaged Sociology (2023)

Committee: Maria Krysan (Chair, UIC), Andy Clarno (UIC), Amy Bailey (UIC), Brenda Parker (UIC), and Stefanie DeLuca (Johns Hopkins)

MA Sociology, George Washington University (2014)

Thesis: "Exclusion and Space in Washington, DC: Exploring the Neighborhood Terrain of Race, Class, and Gender"

Received GWU Sociology's Excellence in Research and Writing Graduate Award (2014) and Honorable Mention for the DC Sociological Society's Irene B. Thauber Graduate Student Paper Award

Readers: Ivy Ken (Advisor, GWU) and Gregory D. Squires (GWU)

BA Philosophy, Wittenberg University (2007)

Thesis: "Gender Essentialism and the Action-Oriented in Cross-Cultural Feminist Research Methodology"

Advisor: Miguel Martinez-Saenz (St. Francis College)

GRANTS, AWARDS, & FELLOWSHIPS

External

2021	Urban Institute's Housing Crisis Research Collaborative (\$25,885) , with P.I. Anna Reosti, American Bar Foundation
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2021-22	PEO Scholar Award, PEO International (\$20,000)
2008-09	Mariam K. Chamberlain Fellowship in Women and Public Policy, Institute for Women's Policy Research (\$21,000)
2007-08	Fulbright Award (Kingston, Jamaica), U.S. Department of State (\$21,000)

Internal

2025	Matching Grant for NCFDD Faculty Success Program, College of Liberal Arts and Sciences (CLASS), University of North Texas (\$1,999)
2025	Dept. of Sociology Summer Research Award, University of North Texas (\$5,000)
2025	Junior Faculty Summer Research Grant, University of North Texas (\$5,000)
2023	David P. Street Dissertation Award in Engaged Sociology, University of Illinois-Chicago (\$1,000)
2018	Provost's Graduate Research Award, University of Illinois-Chicago (\$5,000)
2018	Institute for Research on Race and Public Policy Dissertation Research Award, University of Illinois-Chicago (\$2,000)
2018	Alice J. Dan Dissertation Research Award, University of Illinois-Chicago (\$1,000)
2017	Provost Award for Graduate Research, University of Illinois Chicago (\$2,250)
2013	David P. Street Memorial Scholarship, University of Illinois-Chicago (\$5,000)
2011-13	University Fellowship, George Washington University (\$32,000 over 2 years)
2012	Urban Food Taskforce Research Grant, George Washington University (\$800)

PUBLICATIONS

Book Project (In progress)

Helmuth, Allison Suppan. *Getting Rich or Getting By? Owner-Occupant Landlords in Segregated Chicago.* (In progress)

Peer-Reviewed Journal Articles

Bailey, Amy Kate and **Allison Suppan Helmuth.** Forthcoming. "Accounting for ZIP Code Boundary Changes, 1990-2020: A Research Note" *Demography*.

Helmuth, Allison Suppan. 2024. "Cracks within Capitalism: Alternative Rental Practices and a Politics of Care among Small-Building Owners in Chicago." *Journal of Urban Affairs*. DOI (Early View): <https://doi.org/10.1080/07352166.2024.2334280>

Ken, Ivy and **Allison Suppan Helmuth.** 2021. "Not Additive, Not Defined: Mutual Constitution in Feminist Intersectional Studies." *Feminist Theory*. DOI (Early View): <https://doi.org/10.1177/1464700120987393>

**Received the 2022 Distinguished Contribution to Scholarship Article Award from the Race, Gender, Class Section of the American Sociological Association*

Scarborough, William and **Allison Suppan Helmuth.** 2021. "How Cultural Environments Shape Online Sentiment toward Social Movements: Place Character and Support for Feminism." *Sociological Forum*. DOI (Early View): <https://doi.org/10.1111/socf.12686>

Helmuth, Allison Suppan. 2019. "'Chocolate City, Rest in Peace': White Space-Claiming Practices and the Exclusion of Black People in Washington, DC." *City and Community* 18.3: 724:769.

Steele, Sarah and **Allison Suppan Helmuth.** 2018. "Predicting Ambivalence: When Same-Sex Sex is Only 'Sometimes Wrong'." *Journal of Homosexuality.* 66.3: 421-442.

Articles in Progress

*graduate student co-author

Scarborough, William, **Allison Suppan Helmuth,** and Ghazaleh Ebneenasir. "Infrastructures of Care: Childcare Costs, Head Start, and Family Homelessness." (Submitted)

Helmuth, Allison Suppan and Chad Anderson*. "Landlords as a Governing Class" (In preparation)

Helmuth, Allison Suppan, Brielle Bryan, and Ian Kennedy. "Discrimination Against Parents in the Online Rental Housing Market" (In preparation)

Reosti, Anna and **Allison Suppan Helmuth.** "Shifting Management Practices among Small Rental Property Owners in Chicago" (In preparation)

Academic Book Chapters

Ken, Ivy and **Allison Suppan Helmuth.** 2023. "The Memphis School," in *Routledge Companion to Intersectionalities*, eds. Jennifer Nash and Samantha Pinto. Routledge Publishers.

Helmuth, Allison Suppan and Amy Kate Bailey. 2017. "Gender, Segregation, and Military Enlistment," in *Gender in the 21st Century: The Stalled Revolution and the Road to Equality*, eds. Shannon N. Davis, Sarah Winslow, David J. Maume. Oakland, CA: University of California Press.

Henrici, Jane M., **Allison Suppan Helmuth,** and Angela Carlberg. 2012. "Doubly Displaced: Women and Public Housing after Katrina," in *The Women of Katrina*, eds. Elaine Enarson and Emmanuel David. Nashville, TN: Vanderbilt University Press.

Book Reviews

Helmuth, Allison Suppan and Brenda Parker. 2018. Review of "Constructive Feminism: Women's Spaces and Women's Rights in the American City," by Daphne Spain. *Planning Perspectives* 33.3:491-492.

Henrici, Jane M. and **Allison Suppan Helmuth.** 2014. Review of "Driven from New Orleans: How Nonprofits Betray Public Housing and Promote Privatization," by John Arena. *Sociological Inquiry* 84.3:492.

Data Tool

Bailey, Amy Kate, and Allison Suppan Helmuth. Forthcoming. "A New Tool Linking ZIP Code Data from 1990-2020." *Population Data Lab*. Center for Studies in Demography and Ecology, University of Washington.

Bailey, Amy Kate, and **Helmuth, Allison Suppan**. 2025. *National ZIP Code Crosswalk, [United States], 1990-2020*. Inter-university Consortium for Political and Social Research [distributor], 2025-11-10. (ICPSR) <https://doi.org/10.3886/ICPSR39431.v1>

Bailey, Amy Kate and **Allison Suppan Helmuth**. 2023. *National ZIP Code Crosswalk (1990-2020)*. Ann Arbor, MI: Inter-University Consortium for Political and Social Research [distributor]. 2023-10-16. (OpenICPSR) <http://doi.org/10.3886/E194404V2>

Research/Teaching Featured in Media

Brown, Scott. 2025. "[What Makes Scary Movies Scary?](#)" October 31 in *Happy Friday North Texas*, podcast. Produced by University of North Texas.

Friestat, Sarah. 2022. "[Chicago's Two-, Three-, and Four-Flats are a Key Source of Affordable Housing. The Pandemic Might be Changing That.](#)" *The Chicago Tribune*, March 5, 2022.

Research Briefs, Policy Reports, and White Papers

Anna Reosti and **Allison Suppan Helmuth**. 2021. "[The Impact of COVID-19 on Small Rental Property Management: Insights from a Chicago Case Study.](#)" Housing Crisis Research Collaborative & American Bar Foundation.

Helmuth, Allison Suppan, Maria Krysan, and Deanna Christianson with Rowena Crabbe. 2017. "Affirmatively Marketing Housing in Oak Park, Illinois: A Tool for Integration."

Helmuth, Allison Suppan, Deanna Christianson, Rowena Crabbe, and Maria Krysan. 2016. "Who Are the Clients of the Oak Park Regional Housing Center? And Who Among them Makes An Affirmative Move?"

Scarborough, William, Sarah Steele, Rowena Crabbe, **Allison Suppan Helmuth**, and Maria Krysan. 2014. "Welcome Home: How the Housing Crisis Has Affected Small Apartment Building Owners in the Austin Neighborhood—And What Can Be Done"

Helmuth, Allison Suppan and Claire Cook. 2012. "DC Farm to School Network: Summary of the Arcadia Farm Field Trip Pre- and Post-Data."

Helmuth, Allison Suppan and Jane M. Henrici. 2010. "[Women in New Orleans: Race, Poverty, and Hurricane Katrina.](#)" Washington, DC: Institute for Women's Policy Research.

Henrici, Jane M., **Allison Suppan Helmuth**, Frances Zlotnick, and Jeff Hayes. 2010. "[Women in Poverty during the Great Recession.](#)" Washington, DC: Institute for Women's Policy Research.

Henrici, Jane M., **Allison Suppan Helmuth**, and Jackie Braun. 2010. "[Women, Disasters, and Hurricane Katrina](#)." Washington, DC: Institute for Women's Policy Research.

Henrici, Jane M., **Allison Suppan Helmuth**, and Rhea Fernandes. 2010. "[Mounting Losses: Women and Public Housing after Hurricane Katrina](#)." Washington, DC: Institute for Women's Policy Research.

Lovell, Vicky and **Allison Suppan Helmuth**. 2009. "[Parents as Child-Care Providers: A Menu of Parental Leave Models](#)." Washington, DC: Institute for Women's Policy Research.

Miller, Kevin, **Allison Suppan Helmuth**, and Robin Farabee-Siers. 2009. [The Need for Paid Parental Leave for Federal Employees: Adapting to a Changing Workforce](#). Washington, DC: Institute for Women's Policy Research.

ACADEMIC RESEARCH POSITIONS

2014-2020 *Research Assistant* to Dr. Maria Krysan, University of Illinois-Chicago
2015-2016 *Project Manager and Research Assistant* to Dr. Amanda Lewis, Chicago-
Neighborhood Schools Connection Study, University of Illinois-Chicago
2015 *Research Assistant* to Dr. Amy Bailey, University of Illinois-Chicago
Summer 2013 *Research Assistant* to Dr. Bill Bielby, University of Illinois-Chicago

ACADEMIC TEACHING EXPERIENCE

Recognition

2019 Recipient of the [Graduate Student Teaching Award](#) in recognition of outstanding teaching in the Department of Sociology, University of Illinois-Chicago

Courses Taught

University of North Texas

- SOCI1510: Introduction to Sociology (Fall 2024, 2026)
- SOCI3240: Qualitative Methods (Spring 2025)
- SOCI5350/6703: Urbanization (Spring 2025, 2027)
- SOCI3300: Urban Sociology (Fall 2025, Spring 2026, Fall 2026)
- SOCI4250: Gender and Society (Spring 2026)
- SOCI5330/6502: Race and Ethnicity (Spring 2026)
- SOCI3200 Sociological Theory (Spring 2027)

Rice University

- Soc. 101 Introduction to Sociology (Fall 2023)

University of Illinois-Chicago

- Soc. 425 Sociology of Race and Ethnicity (Fall 2019)
- Soc. 225 Sociology of Race and Ethnicity (Summer 2017, Summer 2018, Fall 2018)
- Soc. 245 Social Inequalities (Fall 2017, Spring 2019, Spring 2020)
- Soc. 215 Sociology of Childhood (Fall 2020, Spring 2021)

Dominican University

- Soc. 250 Urban Sociology (Spring 2020)
- Soc. 362 Research Methods (Spring 2020)

Graduate Advising

University of North Texas

- Dissertation Committee Member for Natália Heringer Mendonça (2024-present)
- Dissertation Committee Member for Tanya Faglie (2024-present)
- Dissertation Committee Member for Ahmed Alshammari (2024-present)
- Dissertation Committee Member for Monisha Alam (2026-present)
- Dissertation Committee Member for Dannielle Branam (2026-present)
- Dissertation Committee Member for Miles Brickell (2024-2025)
- Master's Thesis Committee Member for Ghazaleh Ebneen (2026-present)
- Master's Thesis Committee Member for Phyllis Tiffin-White (2024-present)
- Master's Thesis Committee Member for Emery Kennedy (2024-2025)
- Master's Comprehensive Exam Grader for Diamond Carter (2026)

Undergraduate Advising

Rice University

- Research supervisor for team of 7 undergraduate research assistants learning qualitative research methods and coding qualitative data (2022-2024)

University of Illinois-Chicago

- Independent study advisor to Alexandra Cesar (2021)
- Capstone Research Advisor to Emoonah McClerkin, "Examining the Cultural Stressors and Coping Mechanisms of Black Women College Students," Undergraduate Thesis, Honor's Program (2020)

ACADEMIC SERVICE

2025-2026	Graduate Student Paper Award Committee, Community and Urban Sociology (CUSS) Section, American Sociological Association
2025	Mentor, Community and Urban Sociology Section (CUSS), American Sociological Association
2024-present	Undergraduate Committee, Dept. of Sociology, University of North Texas
2024-present	Co-Coordinator of Neighborhoods, Housing and Urban Sociology (NHUS) reading group (based at University of Illinois-Chicago)
2021-2022	Junior Scholar Advisory Board, <i>Gender & Society</i>
2021-2022	Liaison for Chicago Ethnography Conference
2020-2021	Graduate Student Representative (elected) of the Community and Urban Sociology Section (CUSS) of the American Sociological Association
2014-2020	Graduate Student Coordinator and founding member of UIC Sociology's Neighborhoods, Housing, and Urban Sociology (NHUS) reading group
2019-2020	Graduate Student Coordinator of UIC Sociology's Quantitative Methods Workshop

- 2017-2019 UIC Sociology Graduate Student Buddy (providing peer mentorship to first-year graduate students)
- 2016-2017 Committee member to organize “One Department, One Book,” a year-long activity series celebrating W.E.B. DuBois’ legacy in sociology and the book *A Scholar Denied* by Aldon Morris

Occasional reviewer for *American Sociological Review*, *City & Community*, *Social Problems*, *Gender & Society*, *Journal of Urban Affairs*, *International Journal of Urban and Regional Research*, *Urban Affairs Review*, and *Social Currents*

RESEARCH PRESENTATIONS

Invited Talks

- 2020 “You Won’t Believe How Much You Need This: Accounting for ZIP Code Boundary Changes, 1990-2015,” presented with Amy K. Bailey at University of Washington’s Center for Studies in Demography and Ecology (CDSE) Seminar Series, April 24.
- 2017 Panelist, invited by Tech2Action Chicago to speak in a social justice seminar series about the role of technology in creating “white space” in a gentrified Washington, DC neighborhood, June 12.

Conference Presentations

- 2026 “Landlords as a Governing Class,” accepted to roundtable at the American Sociological Association’s annual meeting, New York City. (trip cancelled due to weather)
- 2026 “Intersectional Discrimination Against Parents,” presented at the International Conference on Urban Affairs annual meeting, Chicago, IL, April 30.
- 2025 “Discrimination Against Parents in the Online Rental Housing Market,” presented at the American Sociological Association’s annual meeting, Chicago, IL, August 12.
- 2024 “Cracks within Capitalism: Alternative Rental Practices and a Politics of Care among Small-Building Owners in Chicago,” presented at the Urban Affairs Association annual conference, New York, NY.
- 2024 “Rent-Setting and Eviction Decisions Among Owner-Occupant Landlords in Naturally Occurring Affordable Housing,” presented at APPAM: Public Policy Analysis & Management conference, Atlanta, Georgia.
- 2023 “How Durable are the Tenant-Friendly Business Practices of Small Landlords?”, presented at the American Sociological Association’s annual meeting, Philadelphia, PA, August 19.
- 2020 “Small Building Landlords and Alternative Rental Economies,” presented at the American Sociological Association’s annual meeting via Zoom due to COVID-19.

- 2020 "Who Makes a Good Tenant? Rental Decisions of Small-Building Landlords," accepted to present at the Midwest Sociological Society's annual meeting (cancelled due to COVID-19).
- 2019 "Women Landlords in Chicago's Low-Income Neighborhoods," presented the Chicago Ethnography Conference, Chicago, IL, March 16th.
- 2018 "Making Moves: If and For Whom Does Affirmative Marketing Support Affirmative Moves," (based on research co-authored with Maria Krysan, Rowena Crabbe, and Deanna Christianson) presented at the Population Association of America's annual meeting in Denver, Colorado.
- 2017 "Confronting Confusion in Intersectionality's Legacy: Are Race, Sexuality, Class, and Gender Mutually Constituted?" (with Ivy Ken), presented at the American Sociological Association's annual meeting in Montreal, Canada.
- 2017 "Gender, Sexuality, and race in US Housing Policy: Existing Research and Future Directions," roundtable presentation at Sociologists for Women in Society winter meeting in Albuquerque, New Mexico.
- 2016 "Racial Residential Segregation in a Chicago Suburb: Which Housing Searchers make Integrative Moves?," presented with Deanna Christianson (based on research with Maria Krysan and Rowena Crabbe) at a roundtable at American Sociological Association's annual meeting in Seattle, WA.
- 2016 "Accounting for ZIP Code Boundary Changes, 1990-2010," poster presentation with Amy K. Bailey at the Population Association of America's annual meeting in Washington, DC.
- 2015 "Tracking Changes in ZIP Code Boundaries: 1990-2010" (based on research with Amy K. Bailey), presented at the Southern Demographic Association's annual meeting in San Antonio, TX.
- 2015 "Residential Segregation and Military Enlistment," (based on research with Amy K. Bailey), presented at the American Sociological Association annual meeting in Chicago, IL.
- 2015 "Predicting Ambivalence: When Same-Sex Sex is Only 'Sometimes Wrong'," presented with Sarah Steele, roundtable discussion at the American Sociological Association annual meeting in Chicago.
- 2015 "Military Enlistment and Racial Segregation: Racial and Gender Patterns of Military Participation" (based on research with Amy K. Bailey), presented at the Southern Sociological Society annual meeting in New Orleans, LA, March 26,
- 2013 "Mutual Constitution in Race-Class-Gender Scholarship" (based on research with Ivy Ken), presented at a roundtable of the American Sociological Association annual meeting in New York City, August 10.
- 2013 "Exclusion and Space in Washington, DC: Exploring the Neighborhood Terrain of

- Race, Class, and Gender, presented at Eastern Sociological Society annual meeting in Boston, Massachusetts, March 21.
- 2012 “Specifying Mutual Constitution: An Actor-Network Theory Approach to Race-Class-Gender,” presented with Ivy Ken at the Society for the Study of Social Problems annual meeting in Denver, Colorado, August 18.
- 2012 “Urban Backyard Chicken Farming in Kingston, Jamaica: Unique Challenges and Strategies for Success,” Presented at the Eastern Sociological Society annual meeting in New York City, February 24.
- 2010 “Intersectionalities and Intersections: Women and Urban Planning after Hurricane Katrina,” Presented at American Anthropological Association annual meeting in New Orleans, LA, November 21.
- 2010 “Space in the City: Women, Public Housing, and Urban Planning after Hurricane Katrina,” presented with Jane M. Henrici at the “Hurricane Katrina: Bringing Hurricane Katrina Research Back to the Community,” conference, hosted by the Center for Policy and Resilience, University of Southern Mississippi, Gulf Coast, June 4-5.
- 2008 “Urban Small-Scale Poultry Farming in the Kingston Metropolitan Area, presented at the Fulbright Enhancement Seminar, Boca Chica, Dominican Republic, March 35.
- 2006 “Notions of Wellbeing and the Fulfillment of Needs: An Investigation of the Challenges and Successes of Backyard Poultry Farmers,” presented at the University of the West Indies Social Welfare Training Center, May.

OTHER PROFESSIONAL EXPERIENCE

Antiracism and Equity Educator (United Schools Network, Columbus, Ohio)

- 2017 – 2020 Consultant – Designed and delivered lectures and workshops to elementary and middle school teachers and administrators (triennially, in small groups of 30 up to large groups of 120) on topics such as the history of racial residential segregation; antiracist teaching practices; intersectionality; inequality across gender and sexuality; and contemporary racial justice social movements.

Institute for Women’s Policy Research (Washington, DC)

- 2010 – 2011 Research Analyst
Managed and trained 9-person Analysis Team to code qualitative data from 19 nations for the World Bank’s 2012 World Development Report: Gender Equality and Development
- 2009-2010 Research Assistant
Managed NVIVO database of 200+ ethnographic interviews and provided research, writing, data collection, and analysis assistance for ethnographic study on women and public housing after Hurricane Katrina
- 2008-2009 Mariam K. Chamberlain Fellow in Women and Public Policy
Provided general research assistance for IWPR initiatives, including ‘Poverty, Welfare, & Income Security’ and ‘Employment, Education, & Economic Change’

PROFESSIONAL ASSOCIATIONS

American Sociological Association (ASA), active in the Community and Urban Sociology Section (CUSS) and member of the Race, Class, Gender Section; Sex and Gender Section; and the Sociology of Racial and Ethnic Minorities (SREM) Sections

Urban Affairs Association (UAA)