



KINE 3020.001: Movement for Individuals with Disabilities

Spring 2025 — Tuesdays, 3:30 to 4:50 pm

Lab (3020.300/1): Select Tuesdays (see Schedule), 5:00 to 6:20 pm

Your Instructor & Teaching Assistant (TA)

Andrew Colombo-Dougovito, PhD, CAPE
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Office: PEB 210-A

Pronouns: He/Him/His
Phone: (940) 565-3403

Office Hours aka Drop-in Student Meetings:

Starting August 27, I will be available for drop in in-person meetings on Wednesdays from 2 pm to 6 pm in PEB 210-A. You can also schedule a virtual appointment during “in person” office hour blocks; link on Canvas.

TA: Sohaila Rahman

Email: SohailaRahmen@my.unt.edu

Course Description:

Comprehensive practical approach to conducting physical activity programs for individuals with disabilities. Course is delivered in an online format and includes legal entitlement and relevant procedures that conform with state and federal legislative mandates. Procedures on integrating individuals with disabilities, as well as procedures for assessment, programming and facilitation of learning are presented. Instruction and activities will revolve around understanding the movement needs of a variety of disabilities and how to best modify programs to meet those needs. In addition to online-based lectures and discussions, students will gain hand-on experiences working with a child(ren) with disabilities; this allows for both a theoretical and practical understanding of the concepts presented in class.

Required Text:

Block, M. E. (2016). A Teacher's Guide to Adapted Physical Education (4th ed.). Baltimore, MD: Brookes Publishing Co.

All additional course readings will be made available on Canvas.

Assignments and Student Learning Objectives

■ **Video Introduction (10 points)**

During the first week of class, you will video-record an introduction to yourself and post this as an “unlisted” video on YouTube. Being comfortable in front of a camera and with the digital environment will be important for this class and your future profession. Also, the skills learned in this assignment will benefit you for future course assessments.

Student Learning Objectives: You will consider your intentions for the semester and learn a potentially useful technological skill.

■ **Online Module Quizzes (50 points: 5 points x 12 modules [Lowest two dropped])**

Each learning module has one associated quiz that covers the information presented. These quizzes each have 10 questions (1/2 point each), and you can take each quiz twice (the highest score will be kept).

Student learning objective: You will demonstrate an understanding of material presented in each online modules & recorded lectures by completing a multiple-choice quiz after reviewing the module’s content.

■ **Engagement (100 points [Lowest two dropped])**

You will critically analyze material presented and provide responses during each live lecture by responding to in-class polls – if you miss class, you will still be able to access the polls by watching the available recording. Your lowest 2 scores will drop.

Student Learning Objectives: You will be able to (1) reflect on and evaluate your practical experiences (i.e., in class practicum and off campus), (2) relate your experiences with the academic topics covered in class, (3) articulate the importance of civic responsibility, and (4) evaluate your contribution to the community.

■ **Lesson plans teaching (180 points: 10 points x 8 lesson plans + 100 for teaching)**

You will be required to develop eight 10-15 min. lesson plans and teach an instructional lesson accounting for the age, developmental level, and unique needs of an assigned child or small group of children. More details are available on Canvas and will be described through lectures. Grading for each lesson is based on individual effort toward making a clear lesson plan and having engaging instruction.

Student Learning Objectives: You will be able to create a developmentally appropriate activity within the lesson, appropriate for teaching a child with/without a disability. **You are responsible for submitting your own activity on Canvas to be graded.** (See rubric on Canvas for grading details). *Duplicate activities or turning in copies of your other classmate’s activities will be marked 0.*

■ **TGMD Assessment (40 points)** – Assessment will be a key part of your future careers. Within the assessment module, you will have an opportunity to practice scoring during an in-person meeting with your assigned child or children.

Student Learning Objectives: You will be able to (1) qualitatively analyze a person's movement, and (2) provide an evaluation of their motor performance.

■ **The UnEssay – The Final Project (120 points)**

As a culminating experience for this course, you will complete an UnEssay (more information will be shared in the modules). This project can take many forms, and the final product will be determined by you (with my help, of course). It can be a standard written essay but it could also be a digital “zine”, podcast mini-series, YouTube tutorial, a policy letter to a university official or politician, etc. The sky really is the limit.

Student Learning Objectives: You will use the knowledge gained through this course, as well as your own additional research, to create a unique product demonstrating your comprehension of the broader constructs share across the semester.

Grades:

A = 447-500 pts (89.5-100%)

B = 397-446 pts (79.5-89.4%)

C = 347-396 pts (69.5-79.4%)

D = 297-346 pts (59.5-69.4%)

F = ≤ 296 pts (59.4%)

Student Evaluation:

		Your points
1. Video Introduction	10 pts	_____
2. Engagement	100 pts	_____
3. Module Quizzes (drop 2 lowest)	50 pts	_____
4. 8 individual Lesson Plans + teaching	180 pts	_____
5. TGMD Write-up	40 pts	_____
6. UnEssay – Final Project	120 pts	_____
7. Extra Credit		_____
Total	500 pts	_____

Frequently Asked Questions (FAQ) and Instructions

How should I refer to people with disabilities in class?

- You are expected to refer to people with disabilities using person-first terminology in assignments and class discussions. For example, sentences should read “people with disabilities” rather than “disabled people”, or “individuals who use wheelchairs” rather than

“wheelchair-bound people”. *“People with disabilities”* is preferred to *“people with handicaps”* in every assignment. There are circumstances for which this is not appropriate, these will be discussed throughout the semester; however, as students, the default is to use person-first language. Failure to follow these guidelines will result in the deduction of points on the assignment (see rubrics).

How can I get the best grade possible?

- You are strongly encouraged to download your notes, take notes during the recorded and in-person lectures, complete all readings, quizzes, and assignments, and actively engage in class discussions.
- You should attempt to complete each module on Canvas during the week that it is assigned so that you do not become overwhelmed near the end of the semester. I recognize that these are not typical times, so if you fall behind, please let me know ASAP.
- To prepare for the module quizzes, use the online modules, your notes, the readings and the lectures, as quiz questions may come from any one of these sources.
- You must follow the instructions outlined in each assignment’s grading rubric. If you have any questions, please message me as early as possible.
- Refer to the schedule regarding assignments. If you are unable to turn in an assignment on time, it is your responsibility to talk with me. **Please talk to me as soon as you are know there will be an issue**, and I work with you to reschedule any assignments or quizzes.
- You should check your grade book in Canvas **weekly** and contact me with questions. **Do NOT** wait until the end of the semester to ask questions.
- You are expected to use Canvas to access class materials. It is your responsibility to make sure you are receiving emails from Canvas, familiarize yourself with and regularly check Canvas as I will often post messages and instructions – failure to follow these instructions may result in the loss of credit.

How can I communicate with you?

- You can communicate with me through my faculty address (andrew.colombo-dougovito@unt.edu) or through the Discord server — sending message through Canvas directly is not preferred as I may miss the notification. When sending emails make sure you do not use ‘texting’ language and abbreviations, please be concise and make your request clear. **Please allow 48 hours for an email response; do not expect a response the night before an assignment is due.**
- I check messages several times each day; however, rarely will I check messages after 7 pm on weekdays and very rarely during the weekend. Emails received outside of my typical work schedule will be responded to promptly the following working day (which may be Monday if you send a message after working hours on Friday).
- Be proactive and contact me early. I also use an easy scheduler (see above) so you can schedule a time that is convenient and a location you are comfortable; if you can’t make those times, email me and we can meet at an alternative time.
- If you receive a message outside of my typical working hour, or your working hours, know that I do not expect an “immediate” response. Please respond at your earliest opportunity but do not sacrifice your personal time.

What happens if I plagiarize?

- It is expected that all submitted work is your own. You must not submit work that has been copied and pasted as this is considered plagiarism—this extends to lesson plans; even if it is only a single piece. If you plagiarize an assignment, you will receive an F for that assignment and an academic integrity report will be filed with the University. If you have previous reports on file, UNT's Academic Integrity Officer will determine repercussions.
- This expectation of academic integrity extends to exams and projects, as well. All submitted work should be your own.
- All class recordings are the intellectual property of the university or instructor and are reserved for use only by students in this class and only for educational purposes. You may not post or otherwise share the recordings outside the class, or outside the Canvas Learning Management System, in any form. Failing to follow this restriction is also a violation of the UNT Code of Student Conduct and could lead to disciplinary action.

Do I need to worry about attendance?

- As with any class, remote or in-person, attendance is a key part of this class. Our class will cover the theoretical concepts of teaching and apply this knowledge in the gym. Although much of our course is online, we will have engaged discussions each week in class about each topic. This may include guest lectures or interactive activities. You will be able to attend in-person or remotely. If you can't make either live opportunity, recordings will be made available, and you will still be able to engage in discussion opportunities.
- I do not mandate any specific amount of time be spent view course material or that you be online any specific days, it is your responsibility to engage with the content as much as necessary for you and to complete assignments when required.
- While I will not be monitoring how much time or when you are logged in to Canvas, I will be monitoring your progress with the course materials. If you fail to login or submit an assignment for two consecutive modules, I will check in with you and may file an EagleAlert.
- The only exception to the attendance "leniency" is attendance during lab sessions. Part of your lesson plan grades are teaching your lesson plan. Therefore, if you submit a lesson but do not teach it, you will not earn more than 50% credit. If you must miss a lab session, please let me know as early as possible, so that we can find an agreeable alternative.

What if illness impacts my attendance?

- While attendance is expected as outlined above, it is important for all of us to be mindful of the health and safety of everyone in our community, especially given continued concerns about COVID-19. Please contact me if you are unable to attend class because you are ill, or are otherwise unable to attend class for an extended period of time. It is important that you communicate as soon as you are able, so that I can work with you to ensure appropriate accommodations and adjust deadlines accordingly. **If you at all feel ill, do not come to class;** you will have every opportunity to stay current on all the information provided and participate in discussions.

What about late assignments?

- The deadlines set in this class are to ensure that you stay on track with course content and items don't get backlogged so much that you feel overwhelmed later in the semester. It is

highly recommended that you turn work in on or before the designated date. With that said, **I will accept work submitted to Canvas any time up to the last day of the last day of this course (December, 5th, 2025).**

- All assignments offer multiple attempts to “submit” the appropriate document; I will grade the most recently submitted document.
- I will work diligently to grade your work and return a grade to you within 14 days of the assignment deadline. I will assign a zero (0) to any assignment that has not been submitted at the time I have entered the grades for others; if you submit your work after this zero has been awarded, then I will grade your assignment and update the new grade in Canvas.
- Be aware, however, due dates are like **best-by dates**. The longer you wait to submit an assignment past the due date, the less thorough I may be able to provide feedback.

What happens if I have internet issues around an assignment deadline?

- The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents you from completing a time sensitive assessment activity, I will extend the time windows and provide an appropriate accommodation based on the situation. You should immediately report any problems to me (the instructor) and contact the UNT Student Help Desk: helpdesk@unt.edu or 940.565.2324 and obtain a ticket number. I and the UNT Student Help Desk will work with you to resolve any issues as quickly as we can.

Are face coverings required?

- No, face coverings are not required. UNT *highly encourages* face covers when indoors, regardless of vaccination status, to protect yourself and others.

Will any extra credit or bonus points be offered?

- No individual extra credit will be available, so please do not ask. Any extra credit opportunities offered throughout the semester are at the discretion of the instructor and will be offered equally to all students.

What are your responsibilities, Dr. C-D?

- Good question! I have gathered all the materials for our semester and will be working to make sure that the content is available for you promptly.
- I have developed the module content and uploaded the recorded lectures, so that you can access them and can clearly engage with the important topics of the class—if anything is not working for you (and it’s not an IT thing), please let me know.
- I have also organized our in-person meetings where we will leverage what you have learned outside of class to practical instances. These lectures will be offered in-person or remotely; they will also be recorded so that you can access them whenever is convenient for you.
- I’ll be available each week for you to schedule either in-person or remote meetings. This can be to answer broad questions or just to chat about an issue you might be facing. I very much enjoy getting to know everyone during the semester, so, I hope each of you can drop in at least once throughout the semester in whatever manor is most comfortable for you.
- I will also work to have graded work back to you as quickly as I can. There are many of you in this class so certain graded work might take me longer than usually; however, I will try to

have your work graded within 2 weeks of the deadline. For many of your assignments (such as the quizzes), your grades will be returned to you immediately.

- I also pride myself in being responsive to questions of students. Typically, I will reply within 48 hours or sooner—though, if it is over the weekend, I will likely not respond until Monday morning (I need a break occasionally, too). I typically try to be more responsive around deadlines but do not expect an email to be returned between 8 pm and 8 am.
- I also pledge to give fair notice about any changes regarding the course. I try not to make changes, however, sometimes they are necessary—I will let you know about it and why.

UNT Policies

Academic Integrity Standards and Consequences

According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University. Any suspected case of Academic Dishonesty will be handled in accordance with the University Policy and procedures. Possible academic penalties range from a verbal or written admonition to a grade of “F” in the course. Further sanctions may apply to incidents involving major violations. You will find the policy and procedures at: <http://vpaa.unt.edu/academic-integrity.htm>.

Acceptable Student Behavior

Student behavior that interferes with an instructor’s ability to conduct a class or other students’ opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student’s conduct violated the Code of Student Conduct. The university’s expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu

ADA Accommodation Statement

UNT makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion regarding one’s specific course needs. Students may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For more information see the ODA website at <https://disability.unt.edu/>.

American with Disabilities Act Compliance

The University of North Texas is on record as being committed to both the spirit and letter of federal equal opportunity legislation; reference Public Law 92-112 – The Rehabilitation Act of 1973 as amended. With the passage of new federal legislation 15entitled Americans with Disabilities Act (ADA), pursuant to section 504 of the Rehabilitation Act, there is renewed focus on providing this population with the same opportunities enjoyed by all citizens. The designated liaison for the department is Dr. Andrew Colombo-Dougovito, Physical Education Building, Room 210-A, 940-565-3403. Copies of the Department of Kinesiology, Health Promotion and Recreation ADA Compliance Document are available in the Chair's Office, Physical Education Building, Room 209. Copies of the College of Education ADA Compliance Document are available in the Dean's Office, Matthews Hall 214. The student has the responsibility of informing the course instructor of any disabling conditions that will require modifications to avoid discrimination.

Family Educational Rights and Privacy Act (FERPA) Information

Students have the right to expect their grades will be kept confidential. There are a few things, because of the size and/or nature of this class, the instructor must advise you of regarding collection and distribution of test results, quiz scores, homework assignments, roll sheets, projects, etc. During this class it may be necessary for you to pass your assignments forward to the instructor or it may be necessary for the instructor to call your name and then return your completed assignment to you by passing it across the room. The instructor, under the reasonable assumption guidelines, assumes students are collecting only their own materials. Every attempt will be made to keep your information confidential. Neither your course grades nor grades for any assignment will be posted in a way that could result in your being identified by other students or faculty members.

Student Evaluation Administration Dates

Student feedback is important and an essential part of participation in this course. The student evaluation of instruction is a requirement for all organized classes at UNT. The survey will be made available during weeks 13, 14 and 15 of the long semesters to provide students with an opportunity to evaluate how this course is taught. Students will receive an email from "UNT SPOT Course Evaluations via IASystem Notification" (no-reply@iasystem.org) with the survey link. Students should look for the email in their UNT email inbox. Simply click on the link and complete the survey. Once students complete the survey, they will receive a confirmation email that the survey has been submitted. For additional information, please visit the SPOT website at www.spot.unt.edu or email spot@unt.edu.

Note: Extra credit will be offered for the completion of the evaluations; this will be discussed in class. I do read through these evaluations each semester and incorporate feedback from students into the upcoming semester. I greatly appreciate you taking the time to offer insightful feedback.

Course Safety Procedures

Students enrolled in KINE 3020 are required to use proper safety procedures and guidelines as outlined in UNT Policy 06.038 Safety in Instructional Activities. While working in laboratory sessions (during Activity Days), students are expected and required to identify and use proper

safety guidelines in all activities requiring lifting, climbing, walking on slippery surfaces, using equipment and tools, handling chemical solutions and hot and cold products. Students should be aware that the UNT is not liable for injuries incurred while students are participating in class activities. All students are encouraged to secure adequate insurance coverage in the event of accidental injury. Students who do not have insurance coverage should consider obtaining Student Health Insurance. Brochures for student insurance are available in the UNT Student Health and Wellness Center. Students who are injured during class activities may seek medical attention at the Student Health and Wellness Center at rates that are reduced compared to other medical facilities. If students have an insurance plan other than Student Health Insurance at UNT, they should be sure that the plan covers treatment at this facility. If students choose not to go to the UNT Student Health and Wellness Center, they may be transported to an emergency room at a local hospital. Students are responsible for expenses incurred there.

Sexual Assault Prevention

UNT is committed to providing a safe learning environment free of all forms of sexual misconduct. Federal laws and UNT policies prohibit discrimination on the basis of sex as well as sexual misconduct. If you or someone you know is experiencing sexual harassment, relationship violence, stalking and/or sexual assault, there are campus resources available to provide support and assistance. The Survivor Advocates can be reached at SurvivorAdvocate@unt.edu or by calling the Dean of Students Office at 940-565- 2648. If you feel you are in immediate danger, please call 911 or the police immediately. If you are experiencing any form of harassment, violence or assault, please know that you can report it to me. You should be aware that I am a mandatory reporter, which means that I am required to report these instances to the university's Title IX coordinator or Deputy Title IX Coordinator to investigate.

Emergency Notification & Procedures

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Blackboard for contingency plans for covering course materials.

Tentative Outline for Class Topics, Readings, and Assignments

*Due dates and topics may be adjusted at the discretion of the instructor. Students will be notified prior on Canvas to any change in the schedule.

Module	Topic	Complete Ahead of Lecture	Lab Meetings	Assignments Due
1 8/19	"Start Here" Introduction to Disability	Read: (1) Syllabus & Course Information and (2) "10 Principles of Disability Justice."	-	<i>None.</i>
2 8/26	Federal Legislation	Read: (1) Block TB Chpt. 18, (2), Davis Article (PDF), and (3) "What ADA means to me" Listen: Civics 101 Podcast	-	Federal Leg Quiz Video Introduction due Fri/11:59 pm
3 9/2	Effective Teaching	Read: Block TB Chpt. 17 Listen: Playing with Research in Health & PE	Example Lesson by Dr. C-D	Effective Teaching Quiz
4 9/9	Assessment	Read: Block TB Chpt. 4 Listen: What's New in APE	TGMD Practice	Assessment Quiz UnEssay Idea due Fri/11:59pm
5 9/16	Autism	Read: Block TB Chpt. 11 & Colombo-Dougovito, 2015 Listen: ScienceVs Podcast	Meet 1: 5:00-6:20p Assess kid(s)	Autism Quiz
6 9/23	Traumatic Brain Injuries & Cerebral Palsy	Read: Block TB Chpt. 15 & Luraschkus et al., 2015	Meet 2: 5:00-6:20p Teach LP #1	TBI/CP Quiz TGMD Write-up due Fri/11:59pm
7 9/30	Spinal Cord Injuries & Spina Bifida	Read: Bloemen et al., 2015 Listen: SCI Life Podcast	Meet 3: 5:00-6:20p Teach LP #2	SCI/SB Quiz Lesson Plan #1
8 10/7	Visual Impairment & Hearing Loss	Read: Block TB Chpt. 13 & 14 Listen: Playing with Research in Health & PE	Meet 4: 5:00-6:20p Teach LP #3	VI&HL Quiz Lesson Plan #2

Module	Topic	Complete Ahead of Lecture	Lab Meetings	Assignments Due
9 10/14	Intellectual Disabilities	Read: Block TB Chpt. 8 & Adamo et al., 2015 Listen: ScienceVs Podcast	Meet 5: 5:00-6:20p Teach LP #4	ID Quiz Lesson Plan #3
10 10/21	Specific Learning Disabilities	Read: Block TB Chpt. 9 & Cook et al., 2015 Listen: NPR Podcast	-	SLD Quiz Lesson Plan #4 & #5
11 10/28	Emotional & Behavioral Disabilities	Read: Block TB Chpt. 12 & 19 & Ash et al., 2017 Listen: Behaviour Management Podcast	Meet 6: 5:00-6:20p Teach LP #5	EB Quiz Lesson Plan #6
12 11/4	Other Health Impairments	Read: Block TB Chpt. 16 & Hills et al., 2015 Listen: Maintenance Phase	Meet 7: 5:00-6:20p Teach LP #6	OHI Quiz Lesson Plan #7
13 11/11	Adapted Sport & Program Organization	Read: Block TB Chpt. 20 & Shapiro & Malone, 2015 Watch: TedTalk: Williams	Meet 8: 5:00-6:20p Teach LP #7	Adapted Sport Quiz Lesson Plan #8
14 11/18	Course Wrap-up!		Meet 9: 5:00-6:20p Teach LP #8	UnEssay due (Fri/ 11:59pm)
15 11/25	THANKSGIVING RECESS - No class			
16 12/2	SHOW OFF.	<i>We will meet in the PEB Atrium for a celebratory presentation of your projects. Further info will be shared throughout the semester.</i>	-	Finish any remaining course items by Fri/ 11:59 pm.