



# The Importance of Thought Control

*“Strength has little to do with muscles and all to do with FOCUS.”*  
Thought Mechanics®

The average human mind produces a new thought every six seconds. People with Attention Deficit Disorder (or ADHD) produce a new thought approximately every four seconds. This may not seem like a big deal, but as you have already learned in Manifestation 101, thoughts produce gravity and gravity is constantly attracting, trapping and distorting electromagnetic energy (light), which makes up the fabric of reality (i.e. physical matter). That means that every thought your mind produces is constantly attracting or distorting the life that you want ... and that is science.

**The issue in our reality is that 99% of people spend more time thinking about what they do not want instead of what they do want.**

That is why you will always find more haters in the world than supporters, no matter where you go. Is it any wonder that the worst types of people in society receive the most attention and press? We secretly have an obsession with struggle and tend to feel distrustful of things that seem too easy or too good. You may claim to not like the way your life is at a given moment, but that's not what your subliminal mind is putting out there into the world and attracting back toward you.

You attract your reality, or the circumstances therein by the vibrational signature that your mind emits, and that signature is determined by your subconscious mind, and not your conscious thoughts, as so many of us are led to believe. To make this concept more graspable, to blame our conscious thoughts would be like blaming the engine of a car for crashing into a tree, instead of



holding the driver responsible. Naturally, the cynic in you may ask, “but what if the car malfunctioned?” Well, the car didn’t wrap itself around a tree; YOU chose to put that car in motion and down a path that would have the greatest probability of coming into contact with that tree.

Your subconscious mind may be what determines what road you take in life, but focus is what determines how well you keep your car on that road. The problem with this is that everything in today’s society has been created to distract our attention from what is most essential to our own existence. As a consequence, we end up having accidents down the highway of life with a plethora of rubbernecks secretly enjoying watching a disaster. Celebrities are a good example of this, mainly because what they boast in talent they lack discipline ... and that comes from a lack of FOCUS.

**But do not misunderstand what it means to have true focus. It is not a matter of how much you can hold the image of what you desire in your mind. In fact, that will almost always guarantee you will NEVER obtain it.**

The more you focus on the things that you want (i.e. visualization), the more your subconscious mind reaffirms the fact that you do *not* have them. You think that your positive thoughts are creating the reality that you want, when in fact they are doing the opposite. They are keeping you from actually attracting your desires into your life! How is that possible, you ask? It is because your desires come from an emotional **place of lack**, not a place of power.

If you actually HAD the things that you desired, there would be no need to desire them! This is why everything all those other mainstream gurus have taught you hasn’t worked thus far and never EVER will! That is also why visualization is something best left to the adepts and not novices because unlike the adepts, you haven’t spent decades learning how to master thought to such a level that it would not sabotage you in the process.

We will elaborate on this very phenomenon in great detail in Level 1’s *Advanced Thought Control* course, which will teach you how to sharpen your focus to such a degree that it cannot be



easily affected by outside influences. Ponder the effects that this would have in your life, if you were no longer subject to anyone else's thoughts or desires except your very own. You would be invincible, and that's exactly what the students of Thought Mechanics® are becoming. This is why it's so crucial for you to learn how to control your thoughts by aligning them with your feeling center, in order to better direct the flow of gravity that you produce with the sequence of your thoughts. Only then, will you attract exactly what you want and never what you don't. Maybe this sounds like one of those "too-good-to-be-true"-moments; well, you bet it does. Yet, what is your natural reaction to what you just read? Your mind is telling you to stop believing in *fairy tales* and start *getting real*. So you go on living the same way you've lived your life before, hoping and wishing you would finally get your break, but you never will. You know why?

**You're not going to get something you have never had by learning and doing the exact same things you've always done. A skilled carpenter can do miraculous things, but their work will be severely restricted if all they have to work with are blunt tools.**

Through *Advanced Thought Control* you will sharpen the very tool (i.e. focus) that will allow everything to fall into place. Without it, you will continue meandering through life wondering why you keep waiting on luck to change your fate, when you didn't have the foresight and courage enough to learn how to change it yourself. **As always, the power to change is in your hands and no one else's.**

If you want to do better in life, you must better YOURSELF. Just ask any self-made successful person and they will tell you that without a shadow of doubt success has everything to do with how well one can focus. After all, if you want to follow through with what you've set your mind to, it is crucial to know how to maintain your vision for something long enough. If you cannot do that and stop midway, you will be perceived as unreliable and your work improvised. That reputation will then precede you until ultimately you will never create anything of value in the world or gain the necessary trust of those who matter.



If your focus is constantly robbed away by everything around you, your future will be robbed from you as well. That is why Thought Mechanics® teaches you how to use your focus to regain your life. Enroll in Level 1 now and become the master of your life, once again.

For those, who think that they do not need this course because your mind is already as sharp as can be, there is one particular exercise contained within this program that will immediately prove just how WEAK your mind really is.

**Do not confuse focus with willpower, they are not the same and serve totally different purposes. An abundance of focus usually leads to great and positive things. An abundance of willpower can yield success in many things but when there is a lack of focus, an abundance of willpower will inevitably lead to your doom.**

*“Success is like an automatic door, it’s built to sense motion. Walk toward it and it opens, otherwise it remains closed.”* Thought Mechanics®