

Part IV Narrative Description of Your Activities

Military with PTSD was organized to educate service members, veterans, caretakers, and civilians about the effects of post-traumatic stress disorder (PTSD) on the service member and veterans, in the family, and on the community as a whole. Our mission is to improve and protect the lives of people living with PTSD, which includes both past and present members of the armed forces as well as all family members. Since forming our organization, the Military with PTSD Facebook page has attracted more than 50,000 service members, veterans, spouses, and family members: helped them to overcome the stigma of PTSD; and worked to provide support to all persons in need. We offer both peer support and peer education through connection to others who really do understand this condition and can relate to its effect on the spouse and family. At Military with PTSD, nobody sugarcoats any aspect of PTSD, including the domestic violence that can happen.

Currently we offer a peer to peer support group through the social media site, Facebook. Since launching this Facebook support group, we have attracted more than 50,000 individuals who are affected by PTSD. This support group is for service members, veterans, spouses and family members to help them cope with PTSD. We help educate these individuals on what PTSD is and how to be able to live with it.

Loving someone with PTSD requires a skill set many of us either don't have, or are not sure how to gain. The Military and VA offer little to no support for spouses or family members, having the resources only to focus on the PTSD sufferer, although the VA is getting better. The men and women that are sufferers or love those that have diagnosed with PTSD feel alone and most of the time has no one to turn to that understand what life with PTSD is like. That is where we are hoping to fill a gap and give these caregivers somewhere to call, someone to talk to who has experienced the same things. We can be an ear to listen or that someone who gets it. Currently, we offer a suicide crisis intervention hotline for suicidal veterans and service members. Our Vice President, Shawn, is a certified suicide gatekeeper and she is the only one who handles these phone calls currently. She helps to calm the individual and will talk to them until they agree to go get themselves help at the local hospital or until they agree to let her call the police. In the future, Shawn will use QRP training to train other individuals to be a suicide crisis intervention hotline operator.

Currently, we also offer an online support group for children affected by PTSD and it is called PTSD TKO Project. This online support group is available through the social media site, Facebook, and it consists of kids posting pictures and their personal stories. This Facebook support group was developed by Shawn and Justin's 9 year old daughter, Jesse. Jesse just helps other kids understand what PTSD is, and how to be able to cope and live a normal life.

By the end of July 2014, we hope to launch a peer-to-peer hotline, providing the online services now on the telephone. This hotline support group will be run by our Vice President, Shawn and she will recruit individuals from our Facebook support page to volunteer. These individuals that she will recruit will have to be on our Facebook page for at least a year and be active in our group.

Also by the end of July 2014, we hope to launch a publishing program. This will produce two types of educational/therapeutic materials. First, there will be in-house products such as brochures, pamphlets, workbooks, journals, books, and other educational materials. These will be created by staff and volunteers of Military with PTSD. The second type of materials will be those created by others, primarily books. As part of our mission to help put veterans and caregivers back to work, this will be an opportunity for them to write and publish books as a means of personal income, education for other veterans and caregivers, and peer-to-peer support. An example might be a veteran who has written an inspirational book of poetry or a teen-created novel describing life in a PTSD household.

We market for our organization by using social media site, such as Facebook, as well as, post flyers, ads, and brochures in our local community.

Part V Compensation and other Financial Arrangements With Your Officers, Directors, Trustees, Employees, and Independent Contractors

2a) Are any of your officers, directors, or trustees related to each other through family or business relationships?

Yes, Shawn Gourley and Justin Gourley are married.

Part VI Your Members and Other Individuals and Organizations That Receive Benefits From You

1a) In carrying out your exempt purposes, do you provide goods, services, or funds to individuals?

Yes, we provide an online peer-to-peer support group on Facebook for service members, veterans, spouses, and family members. In addition, we have PTSD TKO, which is an online support group for children who are affected due to family members that have been diagnosed with PTSD. We also offer a suicide crisis intervention for suicidal veterans and service members. In the future, we are going to launch a peer-to-peer warm line; it will be the same thing as our online support group just over the phone and local support groups. We will also be offering publishing for service members, veterans, and their family members. Both the warm line and publishing are to supporting the individual incomes of the authors and caregivers. And another future service will be financial counseling workshops and mentorship.

Part VIII Your Specific Activities

4a) Do you or will you undertake fundraising?

Yes, we will accept donations online on our website and apply for grants. We will also hold fundraisers such as benefit concerts, bake sales, car washes, and book sales.

4d) List all states and local jurisdictions in which you conduct fundraising

Military with PTSD, Inc is primarily based in the state of Indiana, primarily in the Vanderburgh County area, however, we will engage in fundraising in all 50 states of the United States whether via internet solicitation, mail-outs, banquets or activities such as our published materials, financial counseling program, or slide-shows and presentations. We will fundraise for our organization only.

10) Do you or will you publish, own, or have rights in music, literature, tapes, artworks, choreography, scientific discoveries, or other intellectual property?

Military with PTSD will have two classes of printed materials as follows:

1. In-House Creations these will include, but not be limited to, pamphlets, brochures, workbooks, journals, books, and other educational materials. These will be created by staff and volunteers of Military with PTSD or as a work-for-hire project. Military with PTSD will retain all rights to these materials and provide printed name-recognition for creators as is appropriate to the product.

2. Creations by Others

These will include, but not be limited to, books and workbooks written by authors who enter into a contract for publication with Military with PTSD. An example might be a veteran who has written an inspirational book of poetry. These products will be contracted so that the creator retains the rights to his/her work, but Military with PTSD has the right for exclusive or non-exclusive publication as is appropriate to the project. The creator will also receive compensation from sales of these works. Given that there is remuneration involved, any product created by a staff member, board member, or volunteer of Military with PTSD will not be accepted without Board approval, so as to avoid in-organization bias for selection.

Board of Directors Bios

Name: Justin Gourley, CEO

Experience: Justin served four years in the United States Navy where he acquired post-traumatic stress disorder. He has worked diligently alongside his wife, Shawn, to found and help operate Military with PTSD since August 2010, when it was launched as a Facebook page only. He has a special talent for helping communicate with other veterans and hopes to help them improve their lives.

Hours: 30 Hours per week

Duties: The Board president shall be the Chief Executive Officer of the corporation. The Board president shall lead the Board of Directors in performing its duties and responsibilities, including, if present, presiding at all meetings of the Board of Directors, and shall perform all other duties incident to the office or properly required by the Board of Directors.

Name: Shawn J. Gourley, Vice President/Executive Director

Experience: Shawn is the co-founder of Military with PTSD. She has consulted with the National Center for PTSD doctors and is a caregiver to her husband, a disabled veteran, Justin Gourley. Before the incorporation of Military with PTSD as a non-profit organization, she developed and has run the programs that are now being extended and more fully realized by the Military with PTSD non-profit.

Hours: 60 Hours per week

Duties: Shawn will be the Vice President of Military with PTSD Inc. until the corporation is big enough to fill this position. At that time she will step down from the Board of Directors and work exclusively as the Executive Director of Military with PTSD Inc. The presentation, publication, and program development activities shall initially be conducted by Shawn J. Gourley, co-founder of the organization. Shawn has been deemed the best individual suited for carrying out such activities due to her professional background and experience. In the absence or disability of the Board president, the ranking vice-president or vice-president designated by the Board of Directors shall perform the duties of the Board president. When so acting, the vice-president shall have all the powers of and be subject to all the restrictions upon the Board president. The vice-president shall have such other powers and perform such other duties prescribed for them by the Board of Directors or the Board president. The vice-president shall normally accede to the office of Board president upon the completion of the Board president's resignation of office.

Name: Donna Wilhelms, Treasurer

Degree: Donna has earned a Bachelor of Science degree in business administration with a concentration in accounting. She is also finishing a certificate in non-profit management.

Experience: Donna is currently working for a large, international corporation in the accounting department. She is a treasurer on the Board of Directors for Military with PTSD. The daughter of a Vietnam veteran, Donna has always had a special appreciation for the military and enjoys looking for ways to support them.

Hours: 20 Hours per week

Duties: The treasurer shall be the lead director for oversight of the financial condition and affairs of the corporation. The treasurer shall oversee and keep the Board informed of the financial condition of the corporation and of audit or financial review results. In conjunction with other directors or officers, the treasurer shall oversee budget preparation and shall ensure that appropriate financial reports, including an account of major transactions and the financial condition of the corporation, are made available to the Board of Directors on a timely basis or as may be required by the Board of Directors. The treasurer shall perform all duties properly required by the Board of Directors or the Board president. The treasurer may appoint, with approval of the Board a qualified fiscal agent or member of the staff to assist in performance of all or part of the duties of the treasurer.

Name: Curtis Folts Board Member

Experience: Curtis is a veteran of the United States Air Force where he helped to maintain the Looking Glass Mission. He lives in the desert of New Mexico and is a proud activist for equality and fair treatment for all.

Hours: 2 Hours a week

Duties: Board members are required to attend meetings, vote, and provide input to Military with PTSD.