

Reviewer Tutorial

Thank you for reviewing the Childhelp Speak Up Be Safe (CH SUBS) program and its core child abuse prevention curriculum, the only CAP curriculum listed as evidence-based for all grades pre-kindergarten through 12. The program is housed online in the Childhelp learning management system (Adobe LMS) and includes everything needed:

- comprehensive self-paced facilitator training
- two developmentally appropriate and fully scripted lessons (30 to 45 minutes each, depending on grade level) per grade, meant to be taught a few weeks apart for reinforcement and retention
- all handouts for activities, parental involvement, and data collection
- all materials are available in English and in Spanish

If you wish to see an overview of the program and latest news, please visit SpeakUpBeSafe.org. You may also view the [CH SUBS listing in the California Evidence-Based Clearinghouse](#) for Child Welfare (CEBC).

Please note that students themselves do not access the program – lessons are taught by the education professional facilitator in the classroom or other group setting, whether live in-person or virtually (for the virtual environment, Childhelp offers a detailed “[Teaching Childhelp Lessons Virtually](#)” course with grade-by-grade adaptations for online activities). Thus, there are not various points of view for student vs. teacher vs. administrator within the LMS. The way you see the curriculum is the only way to view it.

The CH SUBS program is housed online in the Childhelp Learning Management System (Adobe LMS platform). Three reviewer access accounts have been set up:

Childhelp LMS link: <https://learningmanager.adobe.com/childhelp>

Temporary reviewer login credentials:

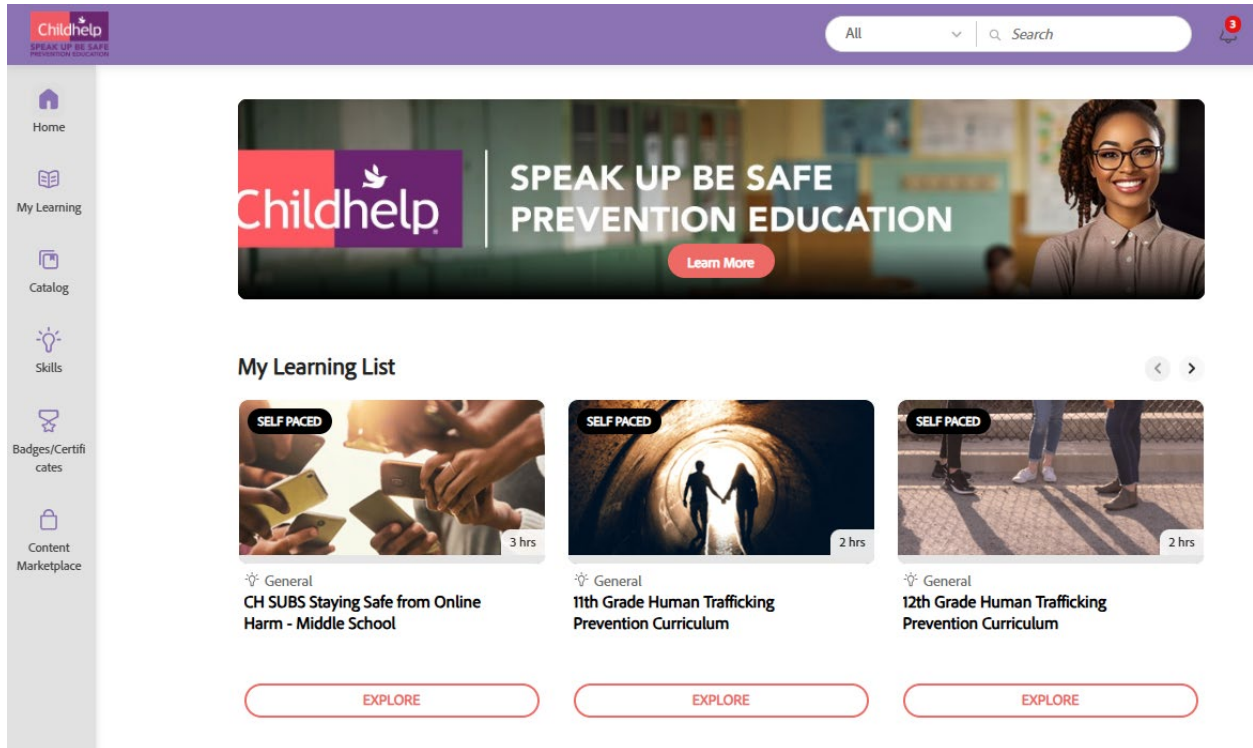
Please ensure only one person uses each set of credentials at one time. If more than one person is logged in using the same credentials, access may be terminated.

Go to the Childhelp LMS link above, and enter one of these credential combinations.

Email	Password
utreview1@student.childhelplearning.org	UTimc1231
utreview2@student.childhelplearning.org	UTimc1232
utreview3@student.childhelplearning.org	UTimc1233

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Welcome to the Childhelp LMS.



This screenshot shows the home page of the LMS, where you land once you log in. Also shown at top right is the bell icon (notifications). The dropdown menu here will confirm that, as a reviewer, you have been automatically enrolled in the CH SUBS core curriculum (as well as the Human Trafficking Prevention curriculum for grades 6–12, should you wish to see it for reference).

As seen in the screenshot above, various grade levels of the curriculum are sampled on the home page. You may narrow the choices by scrolling down to the catalogs offered at the bottom of the home page and choosing a catalog, or by clicking “My Learning” in the left side menu and refining the search by placing a checkmark next to the catalog(s) you want to view (shown in the screenshot below).

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The screenshot displays the 'My Learning' dashboard of the Childhelp Speak Up Be Safe LMS. The interface includes a sidebar with navigation icons for Home, My Learning, Catalog, Skills, Badges/Certificates, and Content Marketplace. The main area shows a list of filters (Catalogs, Type, Tags) and a grid of course cards. The filters are currently set to 'Elementary CH SUBS Curriculum'. The course cards include 'Pre-K/K Curriculum', '1st Grade Curriculum', '2nd Grade Curriculum', and '3rd Grade Curriculum', each with a 'REVISIT' button and a duration of 4 hrs 5 mins.

Here is a [guide to navigating the curriculum in the LMS](#).

Should you run into any issues within the LMS, or for questions or inquiries, please contact us at speakupsupport@childhelp.org. You may also contact the Childhelp Curriculum Program Manager, Zuzana Urbanek, directly at zurbanek@childhelp.org or (480) 922-8212.

Facilitator Training

CH SUBS is meant to be taught in a classroom or group setting by a facilitator (school counselor, teacher, etc.). To begin teaching, a facilitator completes three CH SUBS Universal Modules of program information, plus a grade-group module for the grade(s) they will instruct. Modules in the CH SUBS core curriculum are as follows:

- Universal Module 1: Background and Foundation
- Universal Module 2: Learning Theory and Curriculum Structure
- Universal Module 3: Role of the Facilitator

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Facilitator Grade Level Module – Grades PK/K–2
Facilitator Grade Level Module – Grades 3–5
Facilitator Grade Level Module – Grades 6–8
Facilitator Grade Level Module – Grades 9–10
Facilitator Grade Level Module – Grades 11–12

Educators may receive continuing education credit toward licensing based on state guidelines, as described in the CH SUBS mini-course “[Continuing Education Credits](#).” The training modules are self-paced, but average time to complete is two (2) hours total for the universal modules, plus 30–60 minutes for each grade-group module. So, for example, a high school counselor teaching the lessons for grades 9 through 12 may spend three (3) to four (4) hours total completing the universal modules plus grade-group modules for grades 9–10 and 11–12.

At the end of each grade-group module is a 10-question quiz to check knowledge, which may be taken as many times as needed. Once a facilitator passes at 80% or better, the lesson materials for those grades become accessible, and the facilitator is ready to teach the fully scripted lessons.

(For reviewers, the lessons have been unlocked so that you may review all materials in the LMS without having to complete the training modules and pass the quizzes.)

Lesson Guides and Scripts

In the core CH SUBS curriculum, each grade level from pre-kindergarten/kindergarten (PK/K) through grade 12 have the following components:

Facilitator GET STARTED Guide (general information about the curriculum, facilitator checklists, etc.)
Lesson 1 Guide and Script
Lesson 1 Classroom Presentation (described below)
Lesson 2 Guide and Script
Lesson 2 Classroom Presentation
Data Collection Form

Classroom Presentations

The Classroom Presentation for each lesson is a separate slide show to help engage students visually as the lesson is taught. Facilitators may download an embedded PowerPoint presentation for smooth two-screen presentation that allows the facilitator to view the script in the PPT notes while showing the slides to the students.

Parent/caregiver Engagement

The CH SUBS program agrees with all child abuse prevention organizations in the research-based belief that prevention IS possible, and that strengthening families is one component of achieving it. To that end, the curriculum materials include pre-lesson informational and passive consent forms, information

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sheets that go home with students after each lesson, activities in the lower grades that are designed to be completed by students with their families at home, and many additional informational resources that facilitators may share.

The LMS contains a catalog of handy parent/caregiver information, such as handouts about topics and links to videos that provide parent information or that families may watch together. In the LMS, click “Catalog” in the left-side menu and then choose the “Parent/Caregiver Resources” filter checkbox.

Childhelp
 SPEAK UP BE SAFE
 PREVENTION EDUCATION CURRICULUM

All | Search

Catalog
 These are all the Courses/ Curriculum/ Certifications/ Job Aids available to you. Use the filters on the left to refine your search.

Sort By: Recently Published

Filters [Clear all](#)

Parent/Caregiver ... X

Catalogs

- ☐ High School CH SUBS Curriculum
- ☐ Human Trafficking
- ☐ Just for You Catalog
- ☐ Middle School CH SUBS Curricu...
- ☐ Online Safety
- ☒ Parent/Caregiver Resources
- ☐ Youth Resources

Type

- ☐ Courses
- ☐ Curriculum
- ☐ Job Aids
- ☐ Certifications

Tags

Search in Tags

- ☐ 10th
- ☐ 11-12
- ☐ 11th
- ☐ 12th

SELF PACED [+](#)

What Parents Need to Know About Internet and Cell Phone Safety

[View](#) [⋮](#)

SELF PACED [+](#)

Important Information about Child Abuse for Parents

[View](#) [⋮](#)

SELF PACED [+](#)

How to Handle Disclosures of Abuse - Parent Activity

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Discussing Sensitive Topics - Parent Activity

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Childhelp also has a YouTube subchannel of informative videos for parents and brief animated concept videos to share and discuss with kids. Go to [Helping Kids Speak Up & Be Safe - YouTube](https://www.youtube.com/playlist?list=PLdCjOcWJw-xX81AqATaSJJfC1o2CBZWv) (<https://www.youtube.com/playlist?list=PLdCjOcWJw-xX81AqATaSJJfC1o2CBZWv>).

The screenshot shows the YouTube channel 'Childhelp' with a focus on the 'Helping Kids Speak Up & Be Safe' playlist. The channel's profile picture features two children at a computer. The playlist title is 'Helping Kids Speak Up & Be Safe' by Childhelp, with 34 videos and 3,214 views. Below the title, a description states: 'Childhelp provides the video series called "Helping Kids Speak Up & Be Safe" to help start the conversation...more'. A 'Play all' button is visible. To the right, a list of videos is shown, including 'Online Safety for Pre-K through 2nd Grade', 'Online Safety for Grades 3 through 5', 'Online Safety Grades 9 through 12', 'Online Safety Grades 6 through 8', and 'Internet Safety, with Jenna Quinn'. Each video entry includes a thumbnail, a number, a title, and view information.

Contact information:

If you have any questions, please contact
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 (480) 922-8212