# Minority Fellowship Program Orientation Webinar

Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

Minority Fellowship Program Training Webinar • December 19, 2018



## Welcome New MFP Fellows

#### Anita Everett, MD, DFAPA

Director, Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

Minority Fellowship Program Orientation Webinar December 19, 2018



#### Welcome

- Historical context
- Public Policy Stream
- Today's Challenges
- SAMHSA and Key Drivers
- MFP Leading Change



## **4 Eras of Mental Health Treatment**

1800-1950 Asylum Era Northern Ohio Lunatic Asylum







**Community Era** 1950-2000







**Dark Ages** Before 1800















## **Public Policy Stream**



Based on the work of John Kingdon. Agendas. Alternatives and Public Policies Update Edition with an Epilog on Health Care (2nd Edition) (Longman Classics in Political Science) 2nd Edition



## **Problem: Today's Challenges**

- 46.6 million adults in the U.S. lived with any mental illness in 2017
- 11 million have SMI
- MDE and SMI among young adults rising
- Higher rates of suicide AND people with serious depression and/or psychotic disorders have a rate 25x that of the general public
- Health inequity: Those with SMI die 10 years earlier than the general population of general medical conditions
- Corrections inequity: 2 million people with SMI are incarcerated every year
  - Only 1/3 of those will get any treatment for mental illness
  - Creates a revolving door of incapacity due to SMI, incarceration, with consequences of inability to be stably housed or employed



## Problem: Today's Challenges (con't)

- 41.5% (1.3 million) of youth (12-17) in need of treatment received treatment for depression
- 42% of adults with AMI (19.8 million) received mental health services in the past year
- 66.7% of adults with SMI (7.5 million) received mental health services in the past year



#### The Substance Abuse and Mental Health Services Administration

- Established 1992
- Mission reduce the impact of substance abuse and mental illness on America's communities
- Budget Budget approximately \$5.7 Billion
- # of Staff ~ 600

Small agency, big mission!



## **Key Strategic Drivers**

## **SAMHSA Strategic Plan**

- Priority #5: Strengthening Health
   Professional Training and Education
- Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC)
  - Recommendation 2.8: Maximize the capacity of the behavioral health workforce



#### Solution: Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC)

- Established March 15, 2017
- Federal and Non-federal members
- First report issued to Congress in December 2017, including 45 recommendations across 5 focus areas (Link to full report, <a href="https://store.samhsa.gov/system/files/pep17-ismicc-rtc.pdf">https://store.samhsa.gov/system/files/pep17-ismicc-rtc.pdf</a>)





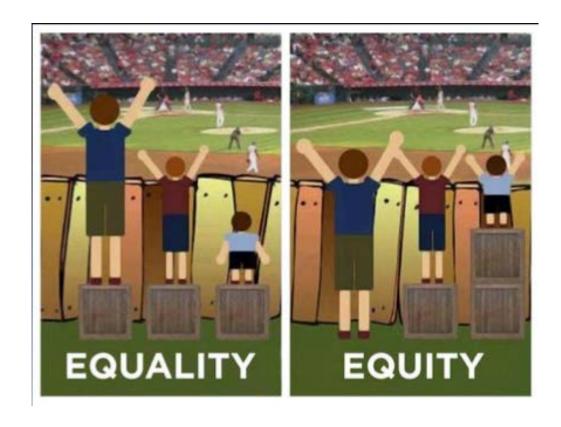
2017



2021



## **Moving from Broader Consideration to Equity**





## **MFP Leading Change**

The purpose of the Minority Fellowship Program (MFP) is to reduce health disparities and improve health care outcomes of racially and ethnically diverse populations by increasing the number of culturally competent behavioral health professionals available to underserved populations in the public and private nonprofit sectors.

- Over 3,500 Fellows have participated since the program's inception and are leading change in a variety of ways:
  - Leading, teaching, and conducting research at our nation's top educational institutions
  - Leading professional guild organizations
  - Innovating in the community
  - Reducing health disparities
  - Changing policy
- Thank you for joining this charge!



## SAMHSA Programs and Resources



Shannon Taitt, M.P.A., Public Health Analyst, Division of Systems Improvement, Center for Substance Abuse Treatment

Deborah Y. Rose, M.A., Public Health Advisor, Division of State and Community Systems Development, Center for Mental Health Services

Tanya Gunn, Public Health Advisor, Division of State and Community Systems Development, Center for Mental Health Services



## **Center for Substance Abuse Treatment (CSAT)**

CSAT's mission is to promote community-based substance abuse treatment and recovery services for individuals and families in every community:

- Works to close the gap between available treatment capacity and demand
- Supports the adaptation and adoption of evidencebased and best practices by community-based treatment programs and services
- Improves and strengthens substance abuse treatment organizations and systems



#### **CSAT Offices and Divisions**

#### **CSAT Offices:**

- Office of the Director
- Office of Program Analysis and Coordination
- Office of Consumer Affairs

#### **CSAT Divisions:**

- Division of Pharmacologic Therapies
- Division of Services Improvement
- Division of State and Community Assistance



## **Division of Pharmacologic Therapies**

SAMHSA'S Center for Substance Abuse Treatment's (CSAT) Division of Pharmacologic Therapies (DPT) manages the day-to-day oversight activities necessary to implement federal regulations on the use of substance use disorder medications such as methadone and buprenorphine. DPT:

- Supports the accreditation and certification of more than 1,500 opioid treatment programs (OTPs) that collectively treat more than 300,000 patients each year under 42 CFR Part 8.
- Implements DATA 2000 Waiver Program



## **Division of Services Improvement (DSI)**

#### **Health Systems Branch (HSB)**

- Medication Assisted Treatment Prescription Drug and Opioid Addiction (MAT-PDOA)
- Minority HIV/AIDS (TCE-HIV), Targeted Capacity Expansion HIV/AIDS
- Screening, Brief Intervention, and Referral to Treatment (SBIRT)

#### **Targeted Populations Branch (TPB)**

- Adolescent and Transitional Aged Youth
- Criminal Justice (CJ)
- Women, Children, and Families
- Pregnant, Postpartum Women

#### **Quality Improvement and Workforce Development Branch (QIWDB)**

- Historically Black Colleges and Universities (HBCUs)
- Minority Fellowship Program (MFP)
- Knowledge Application Program (KAP)
- Recovery Oriented grants: Peer to Peer, Building Communities of Recovery, Recovery Community Support Program
- Workforce Development



## **Division of State and Community Assistance (DSCA)**

## **Three Programs:**

- ☐ Substance Abuse Prevention and Treatment Block Grant
- ☐ Opioid State Targeted Response Grant (Opioid STR)
- ☐ State Opioid Response



## Office of Consumer Affairs (OCA)

- Works within SAMHSA and stakeholders to develop initiatives that foster a better understanding of the needs of those in recovery and their families.
- Generates and disseminates substance abuse treatment information to the general public.
- Co-leads the BRSS-TACS project to help programs, systems, states, territories, and tribes implement effective recovery supports and services for individuals of all ages and diverse populations with M/SUDs.
- Develops national communication strategies and campaigns, including the observance of the National Recovery Month.







## **Center for Substance Abuse Prevention (CSAP)**

The mission of the Center for Substance Abuse Prevention (CSAP) is to improve behavioral health through evidence-based prevention approaches. CSAP works with federal, state, public, and private organizations to develop comprehensive prevention systems by:

- Providing national leadership in the development of policies, programs, and services to prevent the onset of illegal drug use, prescription drug misuse and abuse, alcohol misuse and abuse, and underage alcohol and tobacco use
- Promoting effective substance abuse prevention practices that enable states, communities, and other organizations to apply prevention knowledge effectively



## **CSAP Offices and Divisions**

#### **CSAP Offices:**

- Office of the Director
- Office of Program Analysis and Coordination

#### **CSAP Divisions:**

- Division of Community Programs
- Division of State Programs
- Division of Systems Development
- Division of Workplace Programs



## **Examples of CSAP Grant Programs**

#### Three of CSAP's grant funded programs:

- ☐ Community-Based Coalition Enhancement Grants to Address Local Drug Crises
- □ Prevention Technology transfer Centers (PTTC)
   Cooperative Agreements
- ☐ Strategic Prevention Framework Partnerships for Success



## Center for Mental Health Services (CMHS)

The Center for Mental Health Services (CMHS) leads federal efforts to promote prevention, treatment, and recovery supports for Americans with mental disorders.

The Center for Mental Health Services (CMHS):

- Strengthens the Nation's mental health system by helping states improve and increase the quality and range of their treatment, rehabilitation, and support
- Encourages a range of programs such as systems of care to respond to the increasing number of mental, emotional, and behavioral problems among America's children
- Ensures that scientifically-established findings and practice-based knowledge are applied in preventing and treating mental disorders



#### **CMHS Offices and Divisions**

#### **CMHS Offices**

- Offices of the Director
- Office of Consumer Affairs
- Office of Program, Analysis and Coordination (OPAC)

#### **CMHS Divisions:**

- Division of Prevention, Traumatic Stress, and Special Programs (DPTSSP)
- Division of State and Community Systems Development (DSCSD)
- Division of Service and Systems Improvement (DSSI)



## **Division of State and Community Systems Development**

Division of Service and Systems Improvement (DSSI)

## Key Focuses:

- Homeless Services
- Community Support
- Child, Adolescent & Families



#### **Division of State and Community Systems Development (2)**

Division of Prevention, Traumatic Stress, and Special Programs (DPTSSP)

#### **Key Focuses:**

- Emergency Mental Health
- Traumatic Stress
- Suicide Prevention



## Division of State and Community Systems Development (3)

Division of State and Community Systems Development (DSCSD)

#### **Key Focuses:**

- Treatment and Support Services for Seriously Mentally III Adults
- Children/Youth with Serious Emotional Disturbance
- Protection and Advocacy for Individuals with Mental Illness



## **Center for Mental Health Services Programs**

- ☐ Community Mental Health Block Grant Program
- □ Protection & Advocacy for Individuals with Mental Illness (PAIMI)
- ☐ National Child Traumatic Stress Initiative



## **Key SAMHSA Resources**

- http://www.samhsa.gov
- http://www.suicidepreventionlifeline.org
- http://www.samhsa.gov/treatment







#### **SAMHSA's Online Resources**

#### **SAMHSA Store**

http://store.samhsa.gov/

Mobile Apps

Publications



Services Administration

## **SAMHSA Grant Opportunities**

- ➤ **Block Grant Programs** provide funding to states and other jurisdictions to plan, implement, and evaluate activities that prevent and treat substance misuse and mental illness and promote public health.
- ➤ **Discretionary Grants** provide funding to support community-defined behavioral health needs and community-based programs that serve targeted areas across the United States and other jurisdictions.



## **Funding Announcements**

- Funding announcements are posted online: <a href="mailto:samhsa.gov/grants">samhsa.gov/grants</a> and <a href="mailto:grants.gov">grants.gov</a>
- > Sign up for SAMHSA email updates at <a href="mailto:samhsa.gov">samhsa.gov</a>





#### For More Information

For questions about a specific grant, contact the individuals listed under Agency Contact in the Funding Opportunity Announcements (FOA).

**For general questions,** contact the Division of Grants Management at 240-276-1400.

For information about serving as a grant reviewer for SAMHSA please visit our website.



## **SAMHSA Internship Program**

#### **SAMHSA Internship Program**

The SAMHSA Internship Program introduces students to the important role SAMHSA plays in ensuring a productive life in the community for everyone. Interns gain practical experience through projects, special assignments, or research that support federal, state, and community-based programs, policies, and best practices in the prevention and treatment of substance abuse and mental illness.

#### For more information please visit:

https://www.samhsa.gov/about-us/jobs-internships/internships



#### **Technical Assistance Resources and Data Resources**

SAMHSA has programs and campaigns that offer information, training, and technical assistance to improve the quality and delivery of behavioral health services across the nation.

http://www.samhsa.gov/programs-campaigns

https://www.samhsa.gov/ebp-resource-center

SAMHSA's Center for Behavioral Health Statistics & Quality is the nation's principal source of behavioral information.



#### **Historical Overview**

## Background and Historical Overview of the Minority Fellowship Program

Dr. Freida Outlaw, Ph.D., RN, FAAN Executive Program Consultant American Nurses Association



## **History of The Minority Fellowship Program**

In 1973 the Center for Minority Health at the National Institute of Mental Health (NIMH) was alarmed by the lack of mental health professionals who could provide culturally competent care to an increasing racial/ethnic and culturally diverse population, with ever expanding needs for mental health services and research. This same year, the Center for Minority Mental Health invited the American Sociological Association (ASA) to submit a grant proposal to support doctoral level training of ethnic and racial minority sociologists. In 1974, a small training grant was awarded to ASA from the National Institute of Mental Health for the purpose of supporting doctoral education for ethnic/minority researchers and clinicians.



## **History of The Minority Fellowship Program (2)**

## 1974 - Grants were given to 4 core professional associations

- American Nurses Association
- American Psychiatric Association
- American Psychological Association
- Council on Social Work Education













## History of The Minority Fellowship Program (3)

- 1992 The MFP was transferred to the newly formed Substance Abuse and Mental Health Services Administration (SAMHSA)
- 2007 The American Association of Marriage and Family Therapy was added
- 2012 The National Board for Certified Counselors was added
- 2014 National Association for Alcoholism and Drug Abuse Counselors









## History of The Minority Fellowship Program (4)

- 2014 The previously titled NITT-Minority Fellowship Program-Youth (MFP-Y) and MFP-AC were, now Minority Fellowship Program Masters program, were launched to prepare the core disciplines with the expertise to provide behavioral health services to underserved minority youth, adolescents, and transitional-aged youth.
- 2018 Minority Fellowship Program Masters program expands its focus to recruit masters level fellows who are seeking to work with additional underserved minorities populations. The MFP Masters level program is no longer limited to individuals seeking to work with youth populations.



## Minority Fellowship Program Objectives and SAMHSA Expectations

Deborah Y. Rose, M.A.

Public Health Advisor

Division of State and Community Systems Development

Center for Mental Health Services



## **MFP Program Purpose**

The purpose of the Minority Fellowship Program (MFP) is to reduce health disparities and improve healthcare outcomes of racially and ethnically diverse populations by increasing the number of culturally competent behavioral health professionals available to underserved populations in the public and private nonprofit sectors.

For more information:

http://www.samhsa.gov/minorityfellowship/



## MFP Goals and Objectives

- > Increase the number of trained professionals.
- > Reduce behavioral health disparities.
- > Improve outcomes for ethnic minorities.
- > Provide financial support for MFP Fellows.
- ➤ Provide access to cutting-edge training opportunities.
- > Provide resources to MFP Fellows.
- > Collect program data to validate the MFP.



## **SAMHSA's Expectation of MFP Fellows**

- Work to improve behavioral health conditions of ethnic and racial minorities;
- > Assist SAMHSA in maintaining program funding;
- > Strengthen your professional foundation;
- Give back;
- Help SAMHSA promote the Minority Fellowship Program;
- > Participate in the MFP community of learning; and
- Complete <u>All</u> MFP Surveys Administered by SAMHSA and Your Sponsoring Fellowship Organization



## Overview of Minority Fellowship Program Coordinating Center

Kelly Wagner
Project Director
The MayaTech Corporation



## Who We Are

MayaTech's MFPCC Team provides program support and technical assistance (TA) to the MFP organizations and facilitates training and career enhancement activities for the MFP Fellows.

- Mission: to strengthen communications across the program, improve MFP operations, assess effects of the MFP, and increase cultural competence of behavioral health workforce in underserved communities.
- Over 35 years of experience providing training and TA around behavioral health, health disparities, and cultural competence.



## **MFPCC** Training and TA Activities

Goal: Identify, disseminate, and encourage adoption of promising, best, and evidence-based practices that support resilience and emotional health of underserved minority communities through

- Monthly teleconferences
- Information dissemination through listserv
- Webinars
- Quarterly MFP Newsletter
- MFP Website Resource Library, Fellow Directory



## **MFPCC Training and Technical Assistance Staff**

- Kelly Wagner, Project Director
- Victor Ramirez, Sr. Technical Assistance Specialist
- Gretchen Vaughn, Sr. Behavioral Health Specialist
- Asya Louis, MFP TA Specialist
- Angelle Tolliver, Web & IT Support Lead



## **MFPCC Contact Information**

Phone: (301) 587-1600

Email: mfpcc@mayatech.com

Website: <u>mfpcc.samhsa.gov</u>



# Minority Fellowship Program Webinar Series

Gretchen Vaughn
Sr. Behavioral Health Specialist
The MayaTech Corporation



## **MFPCC Webinars**

## 2019 Webinars

- 90- and 120-minute webinars, held monthly
- February July, 2019 (Wednesday 2-3:30pm EST)
- Topic areas:
  - Serving Individuals with Addiction Disorders
  - Serving Transition Aged Youth
  - Behavioral Health Disparities Parts I & II
  - Examining Cultural Competency in Behavioral
     Health -Parts I & II



## 2019 MFPCC Webinar Registration

- Webinar notices will be emailed via the MFP Listserv
- Questions or inquiries may be addressed to the Minority Fellowship Program Coordinating Center <u>MFPCC@mayatech.com</u>
- Archived webinars will be available for download on the MFPCC Website after the presentation date
- https://mfpcc.samhsa.gov/Search.aspx?Filter=Webinar



# Minority Fellowship Program Quarterly Newsletters

Victor Ramirez
Sr. Technical Assistance Specialist
The MayaTech Corporation



## **MFP E-Newsletter**

- Published four times a year
  - March, June, September, and December
  - Access old editions at: <a href="https://mfpcc.samhsa.gov/Search.aspx?Filter=Enews">https://mfpcc.samhsa.gov/Search.aspx?Filter=Enews</a>



## MFP E-Newsletter (2)

## **Articles on:**

- Mental Health
- Substance Use
- Alumni profile
- Fellow profile
- Announcements from the field
- Professional opportunities



## MFP E-Newsletter (3)

### **MFP**

## E-Newsletter

MINORITY FELLOWSHIP E-NEWSLETTER | JULY 2018



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Disturbance PP 10–11



#### A CONVERSATION ABOUT IDENTITY, DISPARITY, AND WORKING FOR EQUITY

by Michael Hopps

Two national leaders in defining, identifying, and reducing behavioral health disparities—Margarita Alegría, Ph.D., and Teresa Chapa, Ph.D., MPA—discuss how they got where they are today and how their field has changed since they first entered it. **READ MORE** 



#### SHE BUILT HER OWN MENTAL HEALTH PRACTICE

by Florence Saint -Jean, Ph.D., NCC, ACS

The author, an MFP Doctoral Fellow, was working on her dissertation and broke but allowed herself to imagine her ideal job. Then her dream came true. **READ MORE** 



## MFP E-Newsletter (4)



career options would be legion. I could, for example, open a private practice or start a nonprofit organization. I was always intriqued by the

or long ago as I can remember, I was told if A few days later, I met with this company and its I were to obtain a mental health degree my leadership immediately agreed to partner with me. They had the resources; I had the mental health knowledge. It was perfect!

business. I advise you to go online or ask around and find the ideal company that models what you're trying to accomplish, and find out who runs that company. Don't be afraid or intimidated to e-mail or call that individual and ask for 15 minutes of his or her time.



## MFP E-Newsletter (5)

## **Professional Development Opportunities**

#### **Upcoming Conferences**

Psychology Summer Institute American Psychological Association Washington, D.C. July 8–14, 2018

Partnering for Prevention CADCA's 17th Annual Midyear Training Institute Orlando, Fla. July 15–19, 2018

Leading Change Conference University of Maryland, Baltimore, Training Institutes Washington, D.C. July 25–28, 2018

National Black Nurses Association 46th Annual Conference

St. Louis Union Station Hotel St. Louis, Mo. July 31 to Aug. 5, 2018

American Psychological Association 2018 Convention Moscone Center

San Francisco, Calif. Aug. 9-12, 2018

NAADAC Annual Conference: Shoot for the Stars Association for Addiction Professionals

#### Calls for Papers

Responding to the Opioid Crisis

Journal of Consulting and Clinical Psychology

Due: Aug. 3, 2018

The guest editors are assembling a special issue on the opioid crisis in an effort to facilitate effective responding within the field of clinical psychology to the rapidly emerging challenges of this crisis. The objective of this special issue is to shed light on critical issues regarding the opioid crisis within the field of clinical psychology, to identify gaps in the knowledge base and directions for future investigations, and to enhance our ability to provide effective and compassionate care for those personally affected by this epidemic.

Early Intervention Services in Serious Mental Illness Psychological Services

Psychological Services Due: Sept. 18, 2018

This special section will be devoted to all aspects of the implementation and evaluation of early intervention services in serious mental illness programs in U.S. public service settings.

Psychological Science to Reduce and Prevent Health Disparities

Translational Issues in Psychological Science

Due: Oct. 1, 2018

For this issue, the editors will consider manuscripts across a broad area of psychological research on reducing and preventing health disparities, including such topics as psychological interventions to prevent health disparities and to reduce health disparities, particularly those that target minorities, the poor, or the



# Minority Fellowship Program Coordinating Center Website

Angelle Tolliver
Sr. Web and Database Developer
IT Lead
The MayaTech Corporation



## **MFPCC Splash Page**



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#### Minority Fellowship Program (MFP)

The Minority Fellowship Program (MFP) aims to reduce health disparities and improve behavioral health care outcomes for racial and ethnic populations.

#### Become an MFP Fellow

MFP fellowships are open to people pursuing master's or doctoral degrees in various fields of behavioral health. Through <u>seven national behavioral health organizations</u> selected by Congress to administer the program, some 200 MFP fellows are awarded educational scholarships and receive training each year under the program.

Learn how to become an MFP fellow.

#### MFP Coordinating Center (MFPCC)

The MFPCC is a resource center that provides technical assistance and program support to SAMHSA staff and MFP grantee organizations to ensure that program goals and objectives are met. The MFPCC also helps SAMHSA develop resources and Web-based networking and community learning activities for current fellows and program alumni.

Access the MFPCC.

#### Related SAMHSA Resources

- » <u>Cultural Competence and Prevention</u> Practice
- » Health Disparities
- » Specific Populations
- » Tribal Affairs
- » Workforce

#### MFP Coordinating Center (MFPCC)

Access to the MFPCC is currently restricted to MFP fellows, alumni, and program administrators.



## **MFPCC Login Webpage**





Find Help & Treatment Topics Programs & Campaigns Grants Data About Us

SAMHSA Home | MFP Coordinating Center | Resources | Applying for a Fellowship | Contact Us | Login

#### Minority Fellowship Program Coordinating Center

#### Login

Access to portions of the MFP Coordinating Center are currently restricted to MFP fellows, alumni, and program administrators. Please use the credentials that you were provided in order to access the site or return to the **public homepage**.



Having trouble logging in? Need an access code?



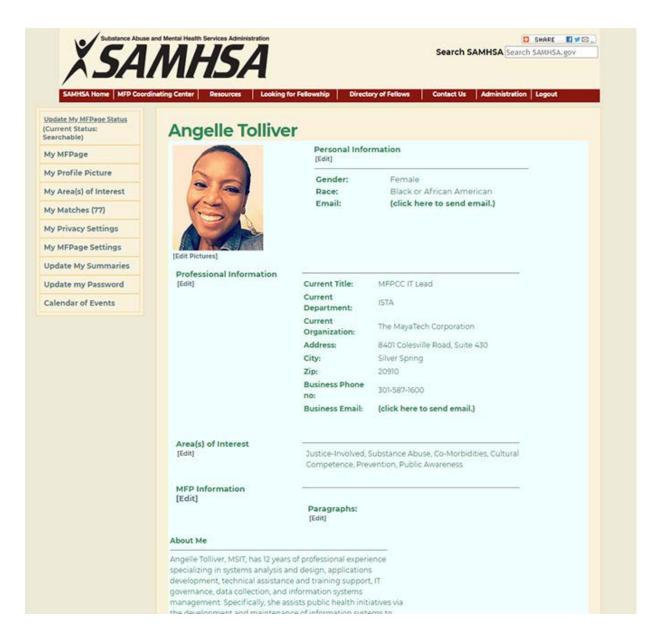
This warning banner provides privacy and security notices consistent with applicable federal laws, directives, and other federal guidance for accessing this Government system, which includes all devices/storage media attached to this system.

This system is provided for Government-authorized use only.





## MFPCC – My MFPage





## **MFPCC** Resources





## **MFPCC Directory of Fellows**





## **Thank You**

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

## www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)

