

# TALK NOTES

Motivated Part 2

ONE THING

I am

\_\_\_\_\_

To Live in \_\_\_\_\_.

POINT 1

MAKE IT PERSONAL

How can you live this out?

Thank God

\_\_\_\_\_

\_\_\_\_\_

POINT 2

MAKE IT PERSONAL

How can you live this out?

Look for  
things to be

\_\_\_\_\_

\_\_\_\_\_

# PERSONAL GROWTH

**Your challenge this week:**

When you are faced with moments where you're unhappy, sad, or down, turn to God. Ask God and the Holy Spirit to help you experience joy in your circumstances.

Say a simple phrase, "Holy Spirit, help me feel Your joy even though I'm not feeling joy."

Write about how this helps you feel joy after.

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Identify a few things that make you not feel joy.

How can you be intentional so you don't allow those things to steal your joy?

**Need more about Love?**

Ask your leader for the Joy reading from The Life Transformation Bible or read it on pages A54-A55.