

## **Gentleness Motivated – Part 8**

**Series Memory Verse:** *“But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!” Galatians 5:22–23 (p.893)*

- **Gentleness is Strength Under Control**

*“Then Jesus said, ‘Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.’” Matthew 11:28-29 (p.742)*

*“We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.” Romans 5:3-5 (p.860)*

- 1. Intentionally pursue gentleness.**

*“But you, Timothy, are a man of God; so run from all these evil things. Pursue righteousness and a godly life, along with faith, love, perseverance, and gentleness.”  
1 Timothy 6:11 (p.913)*

- 2. Let the Holy Spirit transform you through gentleness.**

*“Always be humble and gentle. Be patient with each other, making allowance for each other’s faults because of your love.” Ephesians 4:2 (p.897)*

*“But the wisdom from above is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and the fruit of good deeds. It shows no favoritism and is always sincere.” James 3:17 (p.931)*

**My Next Step This Week:**

I will work through “Gentleness” (p.A66-67) in the Life Transformation Bible this week with someone else.