

NAME _____

ON THE RIDE HOME, TALK ABOUT WHAT KINDS OF THINGS CHALLENGE YOUR SELF-CONTROL. WHAT CAN YOU DO ABOUT IT?

PART 9

MOTIVATED

4-5 CHALLENGE CARD



BIBLE STORY
DAVID AND SAUL
1 SAMUEL 24

I AM MOTIVATED TO LIVE WITH SELF-CONTROL

PARENT SIGNATURE _____

Dear Parents,
Your child learned about the Fruit of the Spirit. Today, they learned about self-control, just like you. You can help your child continue learning about self-control by using the activities in this take-home paper. It's fun and easy, and you will watch the fruit of self-control grow! Complete one activity each day with the suggested schedule!

HOW CAN YOU TELL WHEN YOU ARE TRYING TO HAVE SELF-CONTROL IN YOUR OWN POWER AND WHEN YOU ARE RELYING ON THE HOLY SPIRIT?

Blank area for writing with a decorative arrow pointing to the right.

Life Transformation Bible - Read James 3:13-15. What is the advice we are being given by James in these verses? To whom should we be doing good?

DON'T FORGET TO MEMORIZE THE MEMORY VERSE FOR THIS SERIES (GALATIANS 5:22-23).

PRACTICE THE MOTIONS OR MAKE UP YOUR OWN.

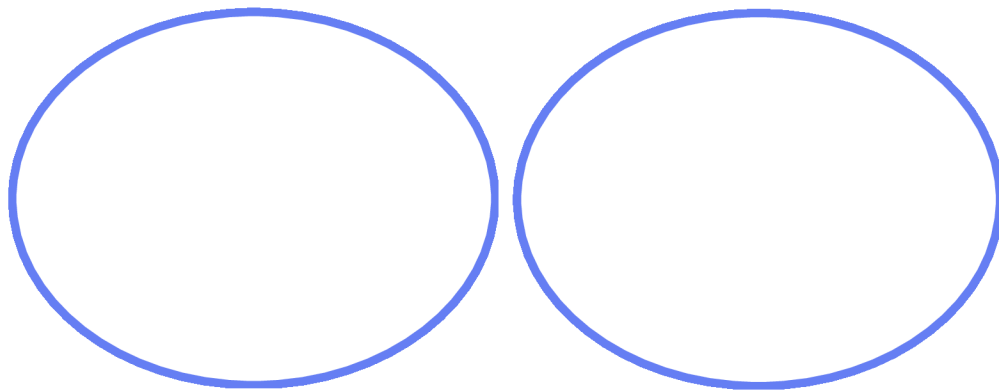
"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."
GALATIANS 5:22-23

WHAT I LEARNED ABOUT SELF-CONTROL THIS WEEK:



Life Transformation Bible - Read 1 Peter 1:13-16. How can you prepare your mind to exercise self-control?

SOME SITUATIONS MAKE IT HARD TO HAVE SELF-CONTROL. HERE ARE SOME PLACES WHERE I NEED THE HELP OF THE HOLY SPIRIT TO HAVE SELF-CONTROL.



Life Transformation Bible - Read Psalm 141:3. One way to show self-control is by controlling what we say. What is the Psalmist asking for in this verse?

WHAT IS IT?

Take a look at the picture below, can you tell what it is a picture of?



Answer: The inside of a cave

What is your guess?

Life Transformation Bible - Read Isaiah 53:7. What is Christ's example in this verse of how we should behave?

HOW CAN YOU USE THE BIBLE TO HELP WITH SELF-CONTROL?



Life Transformation Bible - Read 1 Peter 1:6. What is our advice for when we are being challenged and are concerned that we may not have self-control?
