

ARMOR OF GOD DAILY READINGS

Daily Reading: The Shield and Helmet

Today I am choosing to lift the shield of faith and to wear the helmet of salvation, confident and secure in Jesus. A Roman soldier carried a large shield, big enough to cover his entire body. When the enemy launched flaming arrows, the soldier raised that shield, and the fire was extinguished before it ever reached him. My shield is faith. Faith is my complete trust in God and my willingness to take Him at His word. When the enemy fires his burning arrows of doubt, fear and temptation, I will lift my shield of faith and stop every one of them. I will not let his attacks land in my heart. Today I am choosing to lift the shield of faith and to wear the helmet of salvation.

Today I am choosing to lift the shield of faith and to wear the helmet of salvation, confident and secure in Jesus. The enemy aims his arrows at my mind, hoping to set my thoughts on fire with worry, accusation and fear. But faith does not look at the size of the attack; faith looks at the size of my God. When fear says I cannot, faith reminds me that I can do all things through Christ who gives me strength. When doubt says God has forgotten me, faith reminds me that He will never leave me or forsake me. When the arrows fly fast and hard, I will hold my shield higher, because the One I trust has never failed me and never will. My faith is not in my own strength; my faith is in His faithfulness.

Today I am choosing to lift the shield of faith and to wear the helmet of salvation, confident and secure in Jesus. A soldier protected his head with a helmet, knowing a single blow could end the battle. My helmet is the assurance of my salvation. The enemy loves to attack my mind with thoughts that I am not really saved, not really loved, not really His. But the helmet of salvation guards my thinking and quiets every lie. I am a child of God. My name is written in heaven. Nothing can separate me from the love of God that is found in Christ Jesus my Lord. When my mind is under attack, I will remember who I am and whose I am.

Today I am choosing to lift the shield of faith and to wear the helmet of salvation, confident and secure in Jesus. This salvation gives me a living hope, an anchor for my soul that holds firm and secure no matter what storms come. I will set my mind on the hope I have in Jesus and refuse to dwell on fear. The battle for my life is often won or lost in my thoughts, so I will guard my mind with the truth of who God has made me. With faith covering my heart and salvation guarding my mind, I will stand strong and steady through anything this day brings. Today I am choosing to lift the shield of faith and to wear the helmet of salvation, confident and secure in Jesus.

Daily Study: The Shield and Helmet

Day 1: The Shield of Faith and Helmet of Salvation - Ephesians 6:16-17
(Page 898); Psalm 28:7 (Page 425)

Day 2: Faith Is Our Victory - 1 John 5:4-5 (Page 943); Hebrews 11:1
(Page 926)

Day 3: God Is My Shield - Psalm 3:3 (Page 415); Proverbs 30:5
(Page 503)

Day 4: Trust Him Through the Fire - Isaiah 43:2 (Page 550); Daniel 3:16-18
(Page 669)

Day 5: Assurance of Salvation - Romans 8:38-39 (Page 863); 1 John 5:11-13
(Page 943)

Day 6: Guard Your Mind - Philippians 4:8 (Page 901); Romans 12:2
(Page 866)

Day 7: A Living Hope - 1 Peter 1:3-5 (Page 934); Hebrews 6:19 (Page 923).
Read the Daily Reading once again and highlight things that stand out. Answer the three Life Transformation questions for growth in this area. Take time to learn the memory verse.

Memory Verse: Ephesians 6:16-17 "In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God." Ephesians 6:16-17

Life Transformation Questions:

1. As you read the *Daily Reading*, what stood out and why?
2. What action will you take to apply this truth? Be specific.
3. What areas of your life will benefit from this action? How and why?