



Providing Innovative Pain Management Within New Jersey

At the SamWell Institute, we focus on functional restoration by decreasing pain and providing you with a personalized patient experience. We strive to obtain successful outcomes for our patients utilizing minimally invasive and targeted treatment options through precision diagnosis. Our goal is to provide innovative, compassionate, and state-of-the-art interventional pain management to the patients of New Jersey.

Why Choose The SamWell Pain Institute?

Our practice philosophy is that each individual's journey with pain is an experience that is unique to them. We understand that when you walk into our office you may be in pain and discomfort, and are seeking guidance and treatment options so that you can return to living a fulfilling and active life with your family and friends. We try our best to provide unique methods of patient education so that you fully understand your specific diagnosis and why certain treatment options may be the best fit for you.

Dr. Shah is an Ivy League Trained Pain Physician

- Weill-Cornell/New York Presbyterian Hospital
- Hospital for Special Surgery
- Memorial Sloan Kettering Cancer Center



SAMWELL

INSTITUTE FOR PAIN MANAGEMENT

COMPREHENSIVE • FUNCTIONAL • RESTORATION

Minimally Invasive and Non-surgical options to help relieve pain & restore function

Our Locations

West Orange Office
91 Main Street
West Orange, NJ 07052

Colonia Office
1503 St. George Ave., Ste. 2015
Colonia, NJ 07067

For appointments please call: (732) - 276 - 2494
or book online at www.SamWellpain.com

Personalized And Comprehensive Treatment Plans



Low Back Pain

Trigger Point Injections under Ultrasound Guidance - Myofascial release of tight painful muscle

Lumbar Epidural Steroid Injections - to relieve back pain or burning, numbness, shooting pains down the legs from disc herniations pushing on nerves

Lumbar Facet Joint Injections/Medial Branch Radio frequency Denervation - Deactivating pain signals to the joints in the spine to relieve chronic low back pain

Spinal Cord Stimulation/Dorsal Root Ganglion Stimulation - Leading edge device technology that blocks pain signals without the use of medications. Highly effective for pain after back surgery

PRP or Stem Cell Injections to the Intervertebral Disc under Image Guidance - Isolating the body's own growth factors to help promote healing of the painful structures within a damaged lumbar disc



Nerve Pain Syndrome (CRPS or Neuropathies)

Spinal Cord Stimulation/Dorsal Root Ganglion Stimulation - Leading edge device technology that blocks pain signals without the use of medications. Can be highly effective for refractory and severe nerve pain

Peripheral Nerve Stimulation - Leading edge device technology that blocks pain signals for particular nerves without the use of medications. Can be highly effective for refractory and severe nerve pain



Knee Pain

Intra-Articular Knee Joint Viscosupplementation Injections under Image Guidance - Gel injections for painful knee osteoarthritis

Genicular Nerve Nerve Blocks/Genicular Nerve Radiofrequency Denervation - Deactivating pain signals to the knee. Highly effective for pain after knee surgery

PRP or Stem Cell Injections of the Knee Joint or Ligaments under Image Guidance - Isolating the body's own growth factors to help promote healing of the painful structures within or around the knee



Shoulder Pain

Intra-articular Shoulder Joint Steroid Injection Under Image Guidance - for painful shoulder joint osteoarthritis

PRP or Stem Cell Injections of the Shoulder Joint or Tendons under Image Guidance - Isolating the body's own growth factors to help promote healing of the painful structures within or around the shoulder



Hip Pain

Intra-Articular Hip Joint Steroid Injection under Image Guidance - for painful hip osteoarthritis

PRP or Stem Cell Injections of the Hip Joint or Surrounding Ligaments under Image Guidance - isolating the body's own growth factors to help promote healing of the painful structures within or around the Hip



Cancer Pain Management

Cancer Pain Medication Management

Regional Nerve blocks to help with Post-Mastectomy Pain - Pain after breast cancer surgery

Regional Nerve blocks to help with Post-Thoracotomy Pain - Pain after lung cancer surgery

Sympathetic blocks to Help with Pain after Chemotherapy, Radiation, and Surgery - This is useful for several nerve related pain syndromes and pain from bladder/pancreatic cancer



Neck Pain/Headaches/Facial Pain

Cervical Epidural Steroid Injections - to relieve neck pain or burning, numbness, shooting pains down the shoulders/arms from disc herniations pushing on nerves

Spinal Cord Stimulation - Leading edge device technology that blocks pain signals without the use of medications for neck and arm pain as well as headaches

Sphenopalatine Ganglion Block - Image guided Injection to a bundle of nerves that can be a source of chronic headaches or facial pain

Trigeminal Nerve Blocks - Image guided Injection to a bundle of nerves that can be a source of chronic facial pain from Trigeminal Neuralgia

www.SamWellpain.com