



NATA “PEAK PERFORMANCE FOR LAWYERS” SEMINAR FACULTY

Tom Osborne is probably most widely known for his 25-year coaching career at the University of Nebraska – Lincoln, which earned him a spot in the National Football Foundation Hall of Fame. Tom served as Athletic Director for the University of Nebraska Lincoln for five years and is now retired. Tom and Nancy Osborne founded the TeamMates Mentoring Program in 1991 to provide support and encouragement to youth. The goal of the program is for mentors to identify the strengths of their mentees and to see them graduate and pursue post-secondary education. There are over 8,000 youth being served across 148 chapters in Nebraska, Iowa, Wyoming and Kansas. Beyond his involvement in TeamMates, Tom Osborne has been active in the political arena, as he served three terms in the U.S. House of Representatives from Nebraska’s Third Congressional District from 2000 to 2006.

Todd J. Belisle serves as Vice President of The Centers, which is comprised of The Center for Special Needs Trust Administration, Inc., The Center for Lien Resolution, The Center for Medicare Set Aside Administration, and The Center for Settlement Consultants. Todd has spent the last 12 plus years consulting with judges, mediators, attorneys, settlement consultants, and families throughout the United States regarding the protection of public benefits currently available in our country to assist injured and disabled individuals. Upon graduation from the University of South Florida and prior to joining The Centers, Todd spent 7 years as the Executive Vice President of Product Development and Sales for a large manufacturing / distribution company in the medical industry. In addition, Todd spent 17 years coaching football at both the High School and College levels.

Rev. Dr. Luke Biggs was born in New Orleans Louisiana, and grew up in San Antonio, Texas. Pastor Biggs is a graduate of Churchill High School in San Antonio and attended Trinity University his freshman year. He graduated from Concordia College, Ann Arbor Michigan. Pastor Biggs graduated from Concordia Seminary, St. Louis Missouri in 1984, and served his first congregation, First Immanuel Lutheran Church – Cedarburg, Wisconsin from 1984-1988. In 1988, The Biggs family moved to Lincoln, Nebraska where Pastor Biggs served as the “founding Pastor” of Messiah Lutheran Church. He went on to obtain his Doctoral degree from Concordia Seminary, St. Louis Missouri in the area of evangelism. Pastor Biggs served as Senior Pastor at Prince of Peace Lutheran Church in Carrollton, Texas for ten years prior to moving to Grand Island where he serves as Senior Pastor at Peace Lutheran Church.

Dave Ellis, veteran Sports Dietitian (Sports RD), University of Nebraska Director of Performance Nutrition, returned to Nebraska in 2018 where he worked in athletics 37 years earlier. Prior to returning to UNL, he worked as the Consulting Sports RD with Major League Baseball and MLB Players Association. He is the President of Sports Alliance Inc. and creator of the Fueling Tactics® system. His three step Fueling Tactics® system is the widest used and copied fueling system in sports and he is the most prolific influencer in the world of sports nutrition! He has over thirty years of work and counting in the trenches of big-time athletics and is recognized as an innovator for his training table designs and approach to body composition and frame assessment of athletes. A dedicated educator, Dave speaks and blogs to help Sports RDs (registered dietitians) stay ahead of the curve on hot topics like adulteration that could result in a positive doping test for drug tested athletes. His vision for the field of Sports Dietetics is valued by Sports RDs who elected him the first President of the Collegiate and Professional Sports Dietitians Assn. (www.sportsrd.org) and why he continues to play a strong advocacy role for the welfare of athletes that only appropriate fueling can deliver! Some look at experienced health professionals from the field of sports with dual credentialing in nutrition and exercise as "high performance" coaches, but Dave prefers to stay focused on the massive topics that are pertinent to the applied fields of adaptation, fueling and body composition.



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SEMINAR FACULTY**

Boyd Epley, Assistant Athletic Director and Director of Athletic Performance, University of Nebraska, served as head strength and conditioning coach at the University of Nebraska from 1969 until 2004. He was Associate Athletic Director for Facilities from 2004 to 2006 when he oversaw the design and construction of the Howard and Rhonda Hawks indoor Championship Center and the Tom and Nancy Osborne Athletic Complex. From 2006 to 2014, Mr. Epley was Senior Director of Coaching and Special Projects at the National Strength and Conditioning Association World Headquarters. In 2016 he was inducted into the Mr. America Hall of Fame, and has received numerous awards during his career including the President’s Council on Fitness, Sports & Nutrition Lifetime Achievement; Presidents Award, Professional Football Strength and Conditioning Coaches Society; Legends Award, College Strength and Conditioning Association; National Associate Athletic Director of the Year – All-American Football Foundation; Hall of Fame Induction - USA Collegiate Strength Coaches; Nebraska Football Hall of Fame Lyell Bremser Special Merit Award; Lifetime Achievement Award from the National Strength and Conditioning Association; National Strength Coach of the Year Award - presented by the National Strength and Conditioning Association.

Dr. Steve Joel became superintendent of Lincoln Public Schools in 2010. Previously, he served for ten years as superintendent in Grand Island, Nebraska, and eight years in Beatrice, Nebraska. A native of Long Island, New York, he has degrees from Doane College, the University of Nebraska-Lincoln, and Kansas State University. Dr. Joel has been honored with a wide variety of awards and distinctions including Nebraska Superintendent of the Year and Leadership Excellence by the Educational Resource Development Institute. He serves on a number of boards including the Chamber of Commerce, Foundation for Lincoln Public Schools, Lincoln Community Foundation, The Career Academy, and President of the United Way of Lincoln and Lancaster County Board. Dr. Joel’s leadership has focused on comprehensive solutions to significant school and community issues. The immigration raid in Grand Island led to the formation of a community coalition to begin the arduous process of rebuilding community unity, and the tragic fire that resulted in a complete loss of the Lincoln Public Schools District Office allowed for the construction of a new facility. With Dr. Joel’s leadership, Lincoln Public Schools has adopted a comprehensive instructional technology plan and developed The Career Academy leading Nebraska into the next phase of K12 education. Dr. Joel has also served as a consultant to school districts and businesses across the country in areas of strategic planning, team building and superintendent searches.

Kim M. Robak, Mueller Robak LLC, formerly Lt. Governor of Nebraska and Vice President and Corporation Secretary for the University of Nebraska, is currently a senior partner in the government relations firm of Mueller Robak LLC. Before her government tenure, Robak was a partner with the Rembolt Ludtke Parker and Berger law firm in Lincoln. Robak is active both professionally and civically. She serves on the following corporate and community boards: Fiserv, Inc., (NASDAQ: FISV); Ameritas; Union Bank & Trust Co.; Cooper Foundation; United Way of Lincoln & Lancaster County; Nebraska Golf Association; Lincoln Community Foundation; Museum of Nebraska Art; College of Law Alumni Council; and the Executive Council of the Nebraska State Bar Association. Robak received her J.D. degree from the University of Nebraska where she graduated Order of the Coif and with highest distinction. Robak received her B.S. degree from the University of Nebraska-Lincoln with distinction



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Dr. Todd Stull holds a Doctor of Medicine (MD) degree from the University of Nebraska Medical Center and is a Board Certified Psychiatrist. He is the first full time sports psychiatrist in the NCAA where he serves as the Senior Associate Athletic Director for Performance at the University of Nebraska Athletic Department and is the President of the International Society for Sports Psychiatry. As a performance psychiatrist and founder of Inside Performance Mindroom, Dr. Stull has worked with athletes, corporate executives and physicians to identify and address psychiatric, psychological, and interpersonal and wellness needs through mental health treatment and mental skills training to optimize health and well-being. Dr. Stull has presented widely on performance, key indicators of performance, mental health and substance use disorders. Stull is a member of the NCAA Mental Health, Pain and Sleep Task Force and a contributing author for the NCAA publications *Mind, Body, and Sport* and *Mental Health Best Practices* and editor of the *ISSP Manual of Sports Psychiatry*.

Dr. Stephanie Vondrak believes education is paramount to comprehensive patient care and has pursued over 600 hours of post-doctorate education in TMD, occlusion, orthodontics, and sleep apnea including the Pankey Institute, the Schuster Center, and the American Academy of Craniofacial Pain. Dr. Vondrak owns and operates a private practice in Elkhorn, Nebraska offering advanced services including Temporomandibular Joint Therapy, Sleep Apnea Appliances, Cfast orthodontics, Invisalign, cosmetic and therapeutic Botox/Xeomin injections, and Cosmetic/Rehabilitative Dentistry. Credentialed, she has earned Fellowship Status with American Academy of Craniofacial Pain and Diplomate status by the American Board of Craniofacial Dental Sleep Medicine. In addition, Dr. Vondrak is recognized as a premier provider for Invisalign orthodontics, is the Midwest regional instructor for Cfast Orthodontics and a Regional Key Opinion Leader for Henry Schein. She has published numerous articles on the benefits of wellness-driven dental care including in the *Omaha World Herald*, *Livewell Nebraska* and *Metro Quarterly*, and is honored to lecture for the University of Nebraska Medical Center General Practice and Oral Surgery Residencies and advanced educational programs for Creighton University. In 2013, Dr. Vondrak was chosen by the *Midlands Business Journal* as a “40 under 40” award recipient for excellence in professional development as an entrepreneur.

In July of 2014, the Nebraska Supreme Court announced the appointment of **Mark A. Weber** of Omaha, Nebraska, as Nebraska Counsel for Discipline. He began his work with the Judicial Branch in September 2014. He is a graduate of Creighton University (1984) and Creighton School of Law (1987). Weber was a trial attorney for nearly 30 years, focusing his practice on personal injury, criminal cases, insurance litigation, and commercial work. He tried approximately 25 jury trials involving both civil and criminal cases, and had a significant civil and criminal appellate practice which included many capital cases. He represented several Nebraska death row inmates at trial and on appeal such as John Joubert, Clarence Victor, Arthur Lee Gales, and Roy Ellis. In 1994, he argued the case of *Victor v. Nebraska*, 511 U.S. 1 (1994), before the United States Supreme Court. Eventually, Mr. Weber’s appeals lead to the removal of Clarence Victor from death row in 2000 after proving Victor’s mental retardation. Weber served as a member of the Nebraska Supreme Court Advisory Committee (which advises on attorney ethics issues) since 2004, and chaired the committee from 2007 until his current appointment. His professional associations and memberships include the American Bar Association, The National Association of Bar Counsel, the National Council of Lawyer Disciplinary Boards, the Nebraska Association of Trial Attorneys, National Association of Criminal Defense Lawyers, Nebraska Criminal Defense Attorneys Association, and the Nebraska and Omaha Bar Associations.

