



HYDE PARK PAIN MANAGEMENT

Celebrating Our 5th Year Providing Patients With Relief!



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SERVICES AND PROCEDURES



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RELIEF IS HERE

Cervical Epidural Steroid Injections relieve pain in the neck, shoulders and arms caused by a pinched nerve in the cervical spine. Conditions such as herniated discs, spinal stenosis or radiculopathy can compress nerves causing inflammation and pain. The medication injected helps decrease the swelling of nerves.

Facet Joint Injection Blocks can be both diagnostic and therapeutic for back or neck pain. It can confirm whether the facet joints are indeed the source of pain and also help relieve pain and inflammation.

Lumbar Epidural Steroid Injections are performed to relieve low back and radiating leg pain. Steroid medication can reduce the swelling and inflammation caused by several different conditions.

Fluoroscopically-Guided Joint Injections are non-operative, outpatient procedures designed to provide relief for patients with arthritis of shoulder, ribs, elbows, knees, hips and sacroiliac joints. The technique allows the physician to inject numbing and anti-inflammatory medications with maximum accuracy to reduce inflammation.

Genicular Nerve Blocks can be both diagnostic and therapeutic for treatment of knee pain due to osteoarthritis or for patients who have failed total knee joint replacement.

Selective Nerve Root Blocks are performed to relieve low back and radiating leg pain. The steroid medication can reduce the inflammation caused by spinal conditions such as spinal stenosis, radiculopathy, sciatica and herniated discs.

Stellate Ganglion Blocks can both diagnose and treat pain coming from the sympathetic nerves. It is a common treatment for shingles and complex regional pain syndromes affecting the head, face, neck or arms. Usually a series of these injections is needed to treat the problem.

Lumbar Sympathetic Blocks are performed in series to relieve pain caused by complex regional pain syndromes, which may develop after an injury to a joint of limb.

BOTOX® Injections prevent headaches in adults with chronic migraines. BOTOX® is injected into muscles of the forehead, the side and back of the head, the neck and the shoulders to produce a partial and temporary chemical “denervation” of the muscle, which causes the muscles to be too weak to contract.

Radiofrequency Rhizotomy (RF) is a therapeutic procedure designed to decrease and/or eliminate nerve pain symptoms that have not responded to more conservative pain treatments. RF works by generating highly localized heat which destroys the nerves causing pain. By destroying these nerves, pain signals are prevented from being transmitted from the spine to the brain. A successful procedure reduces pain without reducing nerve function.

Spinal Cord Stimulator Trial (SCS) uses electrical pulses to relieve chronic pain of the back, arms and legs. It is believed that electrical pulses prevent pain signals from being received by the brain. SCS candidates include people who suffer from neuropathic pain and for whom conservative treatments have failed. Following a successful trial, the patient is referred to a neurosurgeon for permanent implant. RF is FDA-approved for RSD and Failed Back Surgery Syndrome.

Scrambler Therapy (Calmare® Pain Therapy Treatment) treats neuropathic and chronic pain through surface electro-stimulation. The clinician uses low doses of electricity to scramble or block the pain messages transmitted between the pain site and the brain. Typically treatment consists of a series of ten daily treatments that last 30- to 45-minutes.

Opioids Tapering Protocol is a program for patients who want to gain control of their lives by reducing their dependency on opioids while still moving forward with treatment and recovery. The program involves a graduated tapering of high dose opioids to allow receptors to normalize/up-regulate as well as physical therapy, psychological referrals and alternative pain management options. This program best suits the patient who *truly* wants to taper off opioids and is willing to follow a carefully supervised medical plan in order to experience optimal results.