



FITNESS & DANCE

ABOUT US:

From [CMs Fitness and Dance](#), a place established in 2012 with a variety of Fitness and Dance classes that inspires, motivates and keep their community feeling AMAZING. During 2020 they went 100% online offering Livestream classes and now they are back and re-opening their doors in a brand-new beautiful space in Richfield.

CLASS DESCRIPTION:

Zumba®

Pretty much the most awesome workout ever. Dance to great music, inspire in Latin and instrumental beats with great people, and burn a ton of calories without even realizing it. Join the Party!

