

## Fully Alive Today:

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Power Planning for an Awesome Future – Part 2 of 3 in the Series  
*What Makes for a Deeply Satisfying Day?*

**Overview of Part 1: Leveraging your past and its message**

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**Overview of Part 2:**

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**What does it look like?**

Begin with the end in mind - \_\_\_\_\_

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**A Fully A\_\_\_\_\_ D\_\_\_\_\_ touches each of these  
and brings a S\_\_\_\_\_ of D\_\_\_\_\_ S\_\_\_\_\_!**

**Accomplishments**

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**What gets M\_\_\_\_\_ and/or R\_\_\_\_\_ gets done!**

**Love & Friendships**

Love - \_\_\_\_\_

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Friendships - \_\_\_\_\_

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**Adventures**

You need - \_\_\_\_\_

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You need - \_\_\_\_\_

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**Wisdom**

Personal Development - \_\_\_\_\_

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***Legacy Contributions***

Things past on - \_\_\_\_\_

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Books, music, movies - \_\_\_\_\_

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Charitable Endeavors - \_\_\_\_\_

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***What Stands in Our Way?***

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***How do we make it happen?***

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## PERSONAL ASSESSMENT

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***This last part is for you. You deserve to be Happy, Fully Alert, and Alive! Don't you?***

Reflect on what you have heard and learned after going through the video.

1. Did you come away with a major thought breakthrough from where you were before you saw the presentation?
2. If you could visualize yourself having the perfect day, what would it look like?
3. What is your BIG picture for your life?
4. How do accomplishments, love and friendships, adventures, wisdom, and legacy fit in to your BIG picture?
5. If you think about being 90 years old and now you're telling your Great-Great-Grandchildren about your life, what highlights make you smile, and make you feel so proud of yourself for doing them?

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