A unique blend of probiotics, a prebiotic and immune-modulating milk proteins to optimise immune function.

An evidenced-based combination of select first line immunomodulatory ingredients, together with two specific probiotic species, to support and promote optimum immune function.\(^1\) ResistAid\(^\text{TM}\) is a prebiotic soluble fibre composed of Arabinogalactan with immune-enhancing properties while Lactoferrin is a naturally occurring glycoprotein that is an important part of the innate immune system.\(^2\) It is found in bovine and human milk with broad-spectrum anti-microbial and anti-viral activity. Colostrum provides important immunological bioactive peptides including immunoglobulin G (IgG) that activates and modulates the body defence processes.\(^8\) Such a combination of ingredients may be effective for reducing the incidence of upper respiratory tract infections and reducing symptomology.\(^10\)–\(^12\)

**Key Features and Benefits:**

- Suitable for the whole family (2 years and under require professional advice prior to using)
- Prebiotic with immune-enhancing properties\(^1\)–\(^4\)
- Provide symptomatic relief of upper respiratory tract infections\(^5\)–\(^7\)
- Minimise duration/ reduce severity of the common cold\(^8\)–\(^9\)
- Promote optimum immune responses\(^5\)–\(^11\)
- Probiotics species to enhance mucosal and systemic immune responses\(^5\)–\(^12\)
**FOR PRACTITIONER EDUCATIONAL PURPOSES ONLY**

**Contact Details:**
Medlab Clinical LTD: 66 McCauley St, Alexandria, NSW Australia 2015
Toll Free: 1300 369 570
Phone: 02 8188 0311
Fax: 02 9699 3347
Email: hello@medlab.co

**Immunomodulatory Effects**

- **Lactoferrin (LF):** Reduces the incidence of influenza
- **Colostrum:** Provides immune modulating proteins
- **Arabinogalactan:** Provides IgG antibodies
- **Lactobacillus paracasei and Bifidobacterium animalis ssp. lactis:** Promotes NK cell activity and Phagocytosis
- **Anti-microbial activity against:** viruses, bacteria, fungi and parasites
- **Supports immune responses**
- **Enhances both mucosal (IgA) and systemic (IgG) antibody response to influenza vaccine**
- **Enhances IL-10 and IL-12 synthesis**

**ACTIVE INGREDIENTS:**
Each 5 g dose (1 level teaspoon) contains:
- **Lactoferrin:** 200 mg
- **Colostrum:** 340 mg
- **Equiv. IgG:** 100 mg
- **Arabinogalactan (ResistAid™):** 2.25 g
- **Bifidobacterium animalis ssp. lactis (Med 13):** 5 billion
- **Lactobacillus paracasei (Med 24):** 5 billion
- **Excipients:** Silica, maltodextrin, stevia, flavour.

**DIRECTIONS OF USE:**
Mix one (1) level teaspoon (5 g) into 100–200 mL of water and drink immediately, two (2) times per day or as directed by your healthcare practitioner.

**VANILLA**
AUST L 276097

**RASPBERRY**
AUST L 276104

**REFERENCES:**

**WARNING:** If symptoms persist consult your healthcare practitioner. Not to be used in children under two years of age except on professional health advice. Colostrum is derived from cow’s milk and contains lactose and cow’s milk proteins.