Quilted Gingerbread Man Mug Rug



Fabric and Supplies

- Brown Fabric - 5 ½" x 8 ½"
- Red Heart Fabric - scrap
- Top fabric: 8" x 12"
- Batting: 8" x 12"
- Backing: 8" x 12"
- (1) 2 ½" x WOF strip (Binding)
- Double sided fusible web (i.e, Heat-N-Bond or Steam-A-Seam)
- Yarn
- Thread to match yarn
- Yarn Couching Foot
- Open Toe Quilting Foot
- Thread for decorative stitching and background
- Disappearing Ink Pen or Chalk

Mug Rug Directions

This project can be made with a quilting machine or sewing machine. If using a sewing machine, lower the feed dogs for free motion stitching.

1. Cut out paper templates. Set aside.

2. Cut 1 piece of double-sided fusible 5 ½" x 8 ½" to cover your brown gingerbread man fabric.

3. Peel paper from one side of fusible web and carefully place sticky side down onto wrong side of brown fabric. Press with iron until fused.

4. Place the gingerbread man template onto paper side of fused brown fabric. Trace the outline of the template onto paper backing – twice. You need 2 gingerbread men.

5. Cut on the drawn lines.

6. Cut 1 small piece of double-sided fusible approximately 2" x 2" square to cover your red heart fabric.

7. Peel paper from one side of 2" x 2" fusible web and iron onto wrong side of red fabric.

8. Trace heart template to paper side of fused red fabric.

9. Cut on the drawn lines.

10. Arrange gingerbread men and heart cutouts onto right side of 8" x 12" top fabric, with sticky side down. Make sure cutouts are at least 1 ½ - 2" away from outer edges of top fabric.

11. Once you are happy with the arrangement, iron in place.

12. Make a quilt sandwich. Place backing fabric wrong side up, batting, then top. Spray baste layers together.

13. Attach yarn couching foot to your machine. Select thread to match yarn. Stitch yarn around outer edge of both gingerbread men and heart.Just one pass around is good.

14. Use chalk or disappearing ink pen to draw a face, buttons, and decoration for wrists and ankles onto the gingerbread men. Note: drawing is optional, you can stitch your designs free hand without marking.

15. Remove yarn couching foot and attach an open toe quilting foot. Using free motion techniques, stitch directly on the drawn lines. Stitch over lines several times -- at least 6 times --to make them more pronounced.

16. Select your favorite free motion design and fill in all of the background. Simple designs like stippling or loops are perfect choices.

17. Trim mug rug to 7” x 11”. Add binding in your preferred method.

Enjoy your new quilted mug rug!



TEMPLATES



