

MARCH 2023

TIDINGS

INSIDE THIS MONTH'S ISSUE:

- **Lenten Book Study Begins - March 1**
- **Pancake Breakfast for The Storehouse Families - March 11**
- **Daylight Savings Begins - March 12**

Come discover how you
can get involved and serve at John Knox!

JOHN KNOX | **OPEN. CARING.**
PRESBYTERIAN | **COMMUNITY.**

3000 North High School Road + Indianapolis, IN 46224
317.291.0308 (phone) + 317.291.0442 (fax)

9 am Traditional Service + 10 am Sunday School +
11 am Contemporary Service

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SEASON OF LENT - THEME - LISTEN

We once again will enter the Season of Lent at the end of February (Ash Wednesday is February 22) This year the theme is Listen. One of the ways you can intentionally listen is to Create a sacred worship space in your home. Then intentionally use the space for daily devotional time. Katie Bowler (who wrote last year's devotional Good Enough) has a new devotional Bless the Lent we Actually Have; and that will be available to pick up starting February 19th. Here are some ideas about creating a sacred worship space.

Choose Your Location, where do you worship?

In deciding on the location for your sacred space, your Holy space, keep in mind your intention.

Will you use this space daily or weekly? Do you have room on your coffee table or a breakfast nook in the kitchen? Would a small corner of a shelf or table in the living room or den work? Do you already have a place in your home where you feel comfortable, relaxed, at peace?

NOW - Be Creative.

The beauty of creating your sacred space is that it is a completely inspirational process with no rules or restrictions. The Space is your vision, so enjoy making it personal.

Choose Meaningful Items.

Include items that evoke feelings of calm and of peace, and items that remind you of God, Son, and Spirit. Try to involve your senses. Here are some suggestions:

- A cross
- A candle to remind you Jesus is the light of the world (you can use the small candle from the Advent wreath if you want)
- A plant, flowers, a rock, or seashell – something from nature to remind you God is the Creator
- Incense, a candle or essential oils to create a sensory experience with smell
- Fabric to create an altar space to reflect the various seasons of the year
- Pictures of family or friends, some type of heirloom or memento

Using the Space.

Once you have created your sacred space, consider how you will approach the space when you use it: **Be intentional.**

Just as you would enter the sanctuary, enter your sacred space with a mindset of worship and prayer, and a desire to remove all distractions and concerns from your mind. Be intentional about not having your phone with you or near you.

If you enjoy reflecting through writing or drawing, you could add a journal, notepaper, writing utensils, and some of your artwork to your sacred space.

If you are musical, you may want to include a hymnal or speaker to play special hymns or worship music that speaks to you.

If you are unable to designate a space on a permanent or semi-permanent basis, consider placing the items in a basket or box where they can be housed in between your worship times.

IF you have younger family members worship with you.

If your space is to be shared with members of your family, include them in the planning.

Have them contribute special objects to the sacred space. What would make your space feel sacred to your family? Have children's Bibles in addition to your own Bible.

Consider having a large blanket the entire family could sit on during worship.

Say family prayers, read Bible stories, make time to journal, draw, reflect, and just quietly pray and listen. Remind everyone how often Jesus went away by himself to pray and be quiet.

A Blessing for Your Home.

Take the time to dedicate your sacred space for the purpose it will be used. Here is a blessing you might use on your own or with your family:

God, we know this is holy space.

May your Spirit fill this home with your holy mystery.

May this home be a place of sacred connection to you, Lord.

Amen.

Blessings as we enter the Lenten Season once again,

Pastor Beth

SUNDAY - MARCH 5

COMMUNION: Sunday, March 5, the Sacrament of Holy Communion will be celebrated. Plan to be in church on that day to share this meal with the people of God. If you will be joining us online, please have your forms of bread and juice available at home.

FOOD ON THE FIRST: Food items (non-perishable) are collected on the first Sunday of the month and then taken to The Storehouse Food Pantry. Bring your items on Sunday, March 5, or during office hours the week before.

DAYLIGHT SAVINGS TIME BEGINS MARCH 12

Daylight Savings Time will begin this year on Sunday, March 12. So, **when you go to bed Saturday evening, be sure to set your clocks AHEAD one hour.** That way you won't be arriving for church while the rest of us are leaving.

FANFARE PLEASE

The Personnel Team would like to Introduce our New Organist!

Madelin Foster is joining the JKPC family starting March 2!

Her first Sunday is March 5th. We are excited!

TIDINGS DEADLINE

Articles for the **APRIL 2023** issue of the John Knox Tidings are **due by WEDNESDAY, MARCH 15.**

The preferred way to turn in your articles is to email them directly to the editor: jkpctidings@gmail.com or place them in the **TIDINGS mailbox** in the church office.

DEVOTIONS FOR LENT

Lent began at the end of February. We are so pleased to be utilizing the devotional, “Bless the Lent We Actually Have: 40 Days to Reflect, Pray, and Bless Our Imperfect Lives.” Written and edited by Kate Bowlen, Jessica Richie, Brenda Thompson, and Harriet Putman. Kate and Jessica were co-authors of last year’s Lenten Study Book “Good Enough”.

Each week we will be focusing on a concept from the devotional, and we invite you to use it as a daily devotional, with the exception of Sundays (this is traditionally how the “40 days of Lent” are calculated). Devotionals are available for pick up on the table outside the sanctuary.

LET YOUR LIFE SPEAK LENTEN BOOK

Rev. Parker Palmer shares deep wisdom in Let Your Life Speak, and this book is a great companion to our Lenten listening journey together. Let Your Life Speak: Listening to the Voice of Vocation is available on Amazon in hardcopy or Kindle versions (there are also several used book options). We will meet on Wednesdays during Lent (starting on March 1) at 7 pm at the church and on ZOOM.

WINTER SUNDAY SCHEDULE

10 a.m.	One Blended Worship Service
11 a.m.	Fellowship, Intergenerational, and Adult Church School

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Editor reserves the right to edit for content and space.

COME SEE WHAT WE ARE GROWING HERE

Transition Team Mission Study Update

In January, following the Annual Congregational Meeting, the Transition Team hosted a chili lunch and then presented a summary of the Mission Study groups' discussions. Our future story, Come See What We Are Growing Here, highlighted themes that the groups were passionate about including the Storehouse, VBS, Soccer camp, fellowship, and what we do best...EATING!!

The next phase of the Mission study is to test the future story with a few small, short-term projects. The first is a Pancake breakfast on March 11 that will be advertised to the families served by The Storehouse in the weeks prior to the breakfast. Volunteers are needed for set up the night before, and to help in the kitchen, to greet and serve our guests and then to clean up after the breakfast. The time commitment is minimal. Training will be provided. Signup sheets and job descriptions are available in the main hallway on the Storehouse table after the service on Sundays. Questions? Ask one of the Transition team who will be close by the table.

The second project will kick off this spring. Behind The Storehouse are garden plots that we have permission to plant. By growing fresh vegetables, we can supplement the food panty and provide fresh produce to the families served each month. Look for more details in future issues of the Tidings.

The Transition Team presentation was recorded and will be made available as soon as the editing is complete. Electronic copies of the congregational assessment done by our Mission Study consultant New Beginnings and copies of the future story can be requested by contacting the church office, Pastor Beth or any member of the Transition Team. New Beginnings will continue to coach the Transition team through the two projects.

Come See What We Are Growing Here and join us!

Jon Barnhouse, Greg Hart, Sue Hartman, Bev Ray, Susan Roberts, Matt Whittaker

FINANCE UPDATE

Financial Review of Budget as of Jan 31, 2023

Monthly income	16,259.10
Income year to date	16,259.10
Income budget to date	32,116.67
Income actual vs budget	-15,857.57

Monthly expense	29,407.63
Expense year to date	29,407.63
Expense budget to date	33,774.17
Expense actual vs budget	-4,349.86

PANCAKE BREAKFAST FOR STOREHOUSE FAMILIES

On Saturday morning March 11, we will host a pancake breakfast in the fellowship hall for families served by the Storehouse.

Volunteers are needed to set up Friday the 10th and then on Saturday we have opportunities to help in the kitchen, to greet and serve our guests and to help clean up after breakfast. A signup sheet with times and job descriptions will be available on the Storehouse table in the hallway. Training will be provided.

See Pastor Beth or any member of the Transition Team for questions. Come See What We're Growing Here!

WHO IS YOUR FRIEND / DEACON CONTACT

The main job in serving as a Deacon is to care for the members of John Knox Church. Our Friend-to-Friend Program was developed for the Deacons and Friends to stay connected to our congregation. This used to be known as the Sheep - Shepherd Program. People stay in touch in various ways through phone calls, face-to-face contact, email and texts. As Deacons fulfill their terms, they are given the decision if they would like to keep their friends or give the new Deacons a chance to get to know our church members better and they are reassigned. When we have new folks join our church, the new members are assigned a Deacon.

The Deacons have requested that we share with our congregation a listing of who they are connected to in the church. As new Deacons begin their terms, they may not know all the people they are assigned to serve. We ask that you please reach out to your Deacon and connect with them, if you have never met them. It is also helpful to wear your name tags on Sunday. Here is the list:

Barbara Weetman

Rilda Cox - moved to AL
Lora Spargur
Faustina Tawiah
Daisy Tawiah
Rebekah and Matthew
Dass
Susan & Jeff Roberts
Tracy & Craig Damone
Sondra McTarnaghan

Susan Roberts

Pat Irwin
Bill Revis
Becki Hurt
Marilyn Binkley
JoEllen Herman
Rachel & John Donnellan
Pam Whitehouse
Susan & Dave Lindgren
Jon Barnhouse
Karen Doty

Donna Pults

Carolyn Lyons - Moved
Mahmooda Pitamber
Octavious & Gulzar Salik
Cecil & Gladys Sanger -
Memory Care in Fishers
Kel & Amy Winton
Shazia Baker
Vivian Hale - Lives in Lafayette
Karen Clevenger

Teresa Gorrell

Patty McKinnon
Ben & Kali McKinnon-
Duggins
Julie Pratt
Joann Marasco
Sharon Flannery
Barbara Austin
Dawnie Barnhouse
Jim Rethmeyer
Judy Klencke - moved to TN
Roberta Auble - moved to TN
Betty Dunkel - Westside
Garden Plaza

Joann Marasco

Betty Hartman
Roberta Morris - Shut-in
at home
Jack & Sandy Jordan
Tiffany Jordan - Check
with Sandy
Vicki Breece
Carol McKeown
Wanda Stanley
Rich Corbin
Nelson Tita & Sera (Man-
jiya Tatang Salamatu)
Rejoice Tita
Faith Tita
Assurance Nshom

Susan Lindgren

Troy, Kathy, Mariah & Amber
Judy
Jane True (Ron)
Bill and Jane Burgan

Anne Charboneau

Josh Gillespie - (college
in NY)
Terrence, Karen, Charlie &
Emily Viefhaus
Nancy Orme
Jeff Orme
Galleh Thoronka
Mamudu Bah

Carol McKeown

Kay Adams - Westside
Garden Plaza
Bev Ray
Bonnie & Jim Graves
Tim & Susan Graves
(Nicholas)
Anne Charboneau
Janet Norris
Teresa Gorrell
Kim and Troy West

Special Circumstances
Barbara Brown - living
with son

Janet Norris

Cindy Hiday
Greg Hart
Margaret Rennaker -
Crestwood Village West
Irene (Doris) Hopper -
Shut-in - Greenwood
Hank Kauppila - Shut-in
Lois Charboneau
Judith Ngwnggang Sei-
dou
Joyce Grove - Wellbrooke
of Avon

Sharon Flannery

Linda Clifton - Shut-in
Monrovia
Diane and Caitlin Whita-
ker
Cheryl Morrell - Call
Matthew and Kayla
Whitaker
Barb Krieger (Paul)
Judi & Rob Wistendahl
Karen Church
Dan & Linda Bourne
Harlan Rolfson - Browns-
burg Meadows
Mary Beth & Jerry Rolfson
Alberta Montgomery
Barbara & Sam Dunbar -
Hoosier Village

Clara Larrick- Contact - Email or Text

Mary Harmeson - Call
Esther Berko
David Barnhouse
Marcia and Duane Brock
Mary Carter
Jillian & Hayden Flynn
Sarah Damone
Danny and Cheryl Fultz
Ann Hamel
Sue Hartman
Dick and Pam Herman
Mike and Clara Larrick
Goehrig Orr
Ann Owen (moved to Madison, IN)
Kelly & Karl Lagerlof (Moved to SC)
Pete and Judy Ricketts
Kit Swigart - Moved to TN
Scott Viefhaus - sviefhau@iu.edu
Barbara Weetman
Barbara and Jim Williams
Craig Johnson (Susan)
Jim Wagner

If you have not heard from your Deacon, please contact Lisa Crismore at _jkpcce@comcast.net.

NEW BEGINNINGS UPDATE

EMERGENCY ASSISTANCE: The community has access to the New Beginnings program Monday-Thursday 8:30 am – 4:00 pm. This month we helped 4 families with utilities, groceries, gas, and rental deposits. Individuals seeking assistance at John Knox are asking for assistance with rent, utilities, gas, and groceries. Everyone looking to find assistance at John Knox is thankful for your support of the “New Beginnings” program!

~ Amy Willis

PAPER RECYCLING

Waste Management has purchased Ray's Trash. John Knox will no longer maintain the paper recycling bin as Waste Management will begin charging us for this recycling service. Moving forward paper recycling can be done at the Kroger here in Speedway or at St. Andrews Lutheran Church.

WORSHIP ATTENDANCE

	10 a.m. Worship	Online
Jan 22	73	45
Jan 29	85	38
Feb 5	68	46
Feb 12	77	23

CHANGE OF ADDRESS / PHONE

Ben & Kali McKinnon-Duggins
2121 Linwood Dr.
Bedford, IN 47421

Kit Swigart
135 Two Mile Pike
Goodlettsesville, TN 37072

Harlan Rolfson
7133 Meadow Trail
Apt 219
Brownsburg, IN 46112
Tel: 317-520-5315

Vicki Breece
Tel: 317-489-7267

2023 PER CAPITA

Did you know that we as a church pay to the larger church (presbytery, synod, and general assembly) a per capita mission payment that is based on our membership each year? This is part of our annual budget each year, and is a commitment we fulfill as a connectional church. For 2023, that amount per member is \$43.16, or approximately \$7,700 for the year. Would you consider making a contribution above and beyond your normal giving to help offset this? Mark your check "per capita", and thank you for your generosity! If you have any questions, please feel free to contact Cindy Hiday (317-388-1280: cindyhiday@gmail.com).

MARCH BIRTHDAYS

Octavious Salik	March 2	Ramona Watts	March 10
Rachel Donnellan	March 3	Daisy Tawiah	March 11
Jeff Gillespie	March 3	Troy West	March 16
Barbara Williams	March 3	Jeffrey Flynn	March 23
Kevin Whitaker	March 4	Kay Adams	March 25
Anaya Dass	March 6	Jim Graves	March 26
Laurel McKinnon-Duggins	March 6	Amy Winton	March 29

EASTER FESTIVAL - APRIL 8, 9-11 a.m.

Spring is almost here and that means it is time to invite your family and friends for a morning of games, crafts, breakfast, and an interactive walk-through Holy Week for children in our church and community.

Please volunteer to help by signing up on the bulletin board outside the office. We also need empty, clean egg cartons, CANDY and items for breakfast. If you have any questions, please see Lisa Crismore.

Thanks for making this outreach event to our community a success!

FLOWERS IN 2023

One of the ways that you can contribute to our worship experience each Sunday is by placing flowers in worship. There is a calendar outside the church office where you can sign-up. Please feel free to contact Amy Willis if you have any questions (317-291-0308). Thank you.

SAVE THE DATES

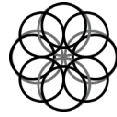
April 2 - Palm Sunday Service @10 am

April 6 - Maundy Thursday Service at 7pm

April 7 - Good Friday at 7pm. Speedway Baptist Church will host this year for our annual ecumenical service.

April 8 - Easter Festival - 9-11am

April 9 - Easter Morning Service at 10am



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