

OVERCOME ANXIETY WITH PEACE

PHILIPPIANS 4:4-7 – IAN BLACK – DECEMBER 3, 2017

Overcome anxiety with Jesus' peace.

- 1) Jesus delivers peace

Isaiah 9:6

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

- 2) Recognize our present reality

Philippians 4:4-7

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.

Recognizing our present reality looks like _____

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Recognizing our present reality looks like _____

"Are you looking unto Jesus now, in the immediate matter that is pressing and receiving from Him peace? If so, He will be a gracious benediction of peace in and through you. But if you try to worry it out, you obliterate Him and deserve all you get. We get disturbed because we have not been considering Him. When one confers with Jesus Christ the perplexity goes, because He has no perplexity, and our only concern is to abide in Him. Lay it all out before Him, and in the face of difficulty, bereavement and sorrow, hear Him say, 'Let not your heart be troubled.'" - Oswald Chambers

Are you looking to Jesus now?

Next Steps:

- 1) Specific anxiety
- 2) Specific request