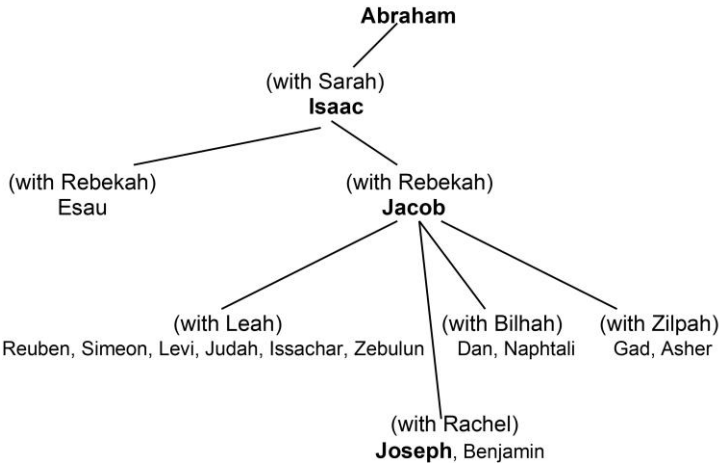




➤ **Crisis**

Genesis 32:6-8

6 When the messengers returned to Jacob, they said, "We went to your brother Esau, and now he is coming to meet you, and four hundred men are with him." 7 In great fear and distress Jacob divided the people who were with him into two groups, and the flocks and herds and camels as well. 8 He thought, "If Esau comes and attacks one group, the group that is left may escape."

"As we age, we can slim our spiritual and psychological vocabulary down to very few concepts, but one of these is forgiveness. As we age we need to forgive—forgive those who hurt us, forgive ourselves for our own mistakes, forgive life for having been unfair, and then forgive God for seemingly not having protected us—all of this so that we do not die bitter and angry, which is perhaps the greatest religious imperative of all." – Ronald Rolheiser

➤ **Prayer**

Genesis 32:9-11

9 Then Jacob prayed, "O God of my father Abraham, God of my father Isaac, O LORD, who said to me, 'Go back to your country and your relatives, and I will make you prosper,' 10 I am unworthy of all the kindness and faithfulness you have shown your servant. I had only my staff when I crossed this Jordan, but now I have become two groups. 11 Save me, I pray, from the hand of my brother Esau, for I am afraid he will come and attack me, and also the mothers with their children.

People who are hungry for God are people of prayer.

Psalms 73:26

"My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

"We need to pray not because God needs us to pray but because if we do not pray, we will never find any steadiness in our lives. Simply put, without prayer we will always be either too full of ourselves or too empty of energy, inflated or depressed." – Ronald Rolheiser



➤ Conviction

Genesis 32:24-26

24 So Jacob was left alone, and a man wrestled with him till daybreak. 25 When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man. 26 Then the man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me."

➤ Confession

Genesis 32:27-28

27 The man asked him, "What is your name?" "Jacob," he answered. 28 Then the man said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with men and have overcome."

"Wise people adjust to truth when it comes to them." – Henry Cloud

Genesis 32:30-32

30 So Jacob called the place Peniel, saying, "It is because I saw God face to face, and yet my life was spared." 31 The sun rose above him as he passed Peniel, and he was limping because of his hip. 32 Therefore to this day the Israelites do not eat the tendon attached to the socket of the hip, because the socket of Jacob's hip was touched near the tendon.

Place of Peniel = encountering God

Where crisis meets prayer...

and prayer meets conviction...

and conviction meets confession.

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