



SUPPLY LIST EMBROIDERY ZEN I LITE ONLINE:

Ready-made blanks and stabilizers and threads for **Sulky Embroidery Zen I LITE** are available separately. (See links below and at the end of the supply list along with kits and special discount information.)

Choose fabrics needed to your liking from your stash (noted below). Cut stabilizers at least 2" larger than your chosen hoop. Use the smallest hoop possible for best results for most embroidery. However, in some of the Embroidery Zen classes you will learn when it is better to use a larger hoop to support an "unhoopable" project or to combine designs.

* indicates a thread used more than once in this Zen I LITE course

1. Girly Shoe Luggage Tag – In-the-Hoop

942-1224* Bright Pink – 40 wt. Rayon
942-1119* Dark Mauve – 40 wt. Rayon
942-1001 Bright White – 40 wt. Rayon
942-1167 Maize Yellow – 40 wt. Rayon
942-1510 - Lime Green – 40 wt. Rayon
972-1510 - Lime Green PolyLite 60 wt. Polyester
(2) [Sulky Fuse 'n Stitch](#) - 12" x 16" approx.
[Sulky Sticky Fabri-Solvay](#)™ (1) Sheet

You also need to provide:

Pink Fabric - 12" x 16" approx.
Pink Floral Fabric - 12" x 16" approx.

2. Snazzy Snail Puffy Foam Guest Towel

Blank needed: [Guest Towel](#)

942-1005 Black – 40 wt. Rayon
942-1119* Dark Mauve (or Black) for body – 40 wt. Rayon
962-1224* Bright Pink Poly Deco – 40 wt. Polyester (OR 40 wt. Rayon)
[Sulky Stiffy](#)™ (1) - 12" x 16"
OR
[Sulky Tear-Easy](#)™ (2) to float under the design

[Sulky 2mm Puffy Foam](#)™ - Pink or chosen color – 1 sheet

3. T-Shirt Embroidery

942-1113 Pastel Mauve – 40 wt. Rayon

942-1046 Teal – 40 wt. Rayon

942-1119* Dark Mauve – 40 wt. Rayon

and

733-4127 Summer Garden 30 wt. Cotton

[Blendables®](#) - for optional New Medallion design

[Sulky Soft 'n Sheer Extra™](#) - 12" x 16" approx.

[Sulky Tender Touch™](#) - 12" x 16" approx.

[Sulky Solvy®](#) - 12" x 16" approx.

Optional: [Sulky Sticky Fabri-Solvy™](#) Sheet - 8.5 x 11 (for template)

(Use from pack purchased for the Girly Shoe Tag)

You also need to provide: T-shirt

ALSO NEEDED:

- [Sulky KK 2000™ Temporary Spray Adhesive](#)
- 2 sheets of Placement Stickers (print your own from template provided on [Sticky Fabri-Solvy](#))
- [Sulky Black and White Bobbin Thread](#)
OR [prewounds](#).

OTHER NEEDED NOTIONS:

[Needles:](#)

11/75 (for 60 wt.); 12/80 Embroidery; 14/90 Embroidery; 14/90 Topstitch or 14/90 Metallic;
14/90 Stretch Needle or Jersey Ballpoint Needle for t-shirt

Water Soluble Marker or FriXion™ Pen

[Applique Scissors](#)

General Sewing Supplies

Target Stickers: Some of the Target Stickers we use in Zen I and Zen II are available here:

<https://www.sulky.com/item/embroidery-target-stickers>

Or you could print out your own with the free template provided on a sheet of [Sulky Sticky Fabri-Solvy](#).

GENERAL THREAD LINKS:

<https://www.sulky.com/products/thread/>

<https://www.sulky.com/catalog/sub/thread/rayon/40wt>

<https://www.sulky.com/products/thread/solid-color-cottons/>

Sulky Supplies: All Sulky products are available for purchase on our website now

www.sulky.com. So, if you find you have most of these items in your stash, you can just purchase individually what you still need.

Note: Please use the Sulky products recommended. Results may vary and may not be as satisfying to you using other brands.

Full kits for the BIG 12-project Embroidery Zen I course – in case you want to treat yourself and plan on taking future Zen I LITE offerings. This is much more than you will need for this LITE course, but probably some of you will want these items for your stash at these great discounts:
NOTE: These kits are already discounted for you.

Zen I – All threads



Zen I – All Stabilizers



Zen I – COMBO

