



Dear Student/Teacher:

In this document is a complete list of course supplies needed for this Sulky Certified Teacher Training Course, and there is a separate source list where you can get many of the notions and products used for the projects in this online certification course. All of the Sulky products are available for one-stop shopping at www.sulky.com as well as the Schemtz® 90/14 Topstitch/Metallic Needles and Sewer's Aid™.

We think most people will already have most of these notions in their sewing room, but we're providing some online sources, just in case.

This list can appear to be a little daunting, and the reason we don't show a total cost is because it's really hard to quantify, since so many people are going to pull fabrics from their stash, and most already have a lot of Sulky Threads and Stabilizers, as well as sewing notions galore. I think you'll be surprised how many you already have.

We are however making a combo thread and stabilizer kit for this course available for **ALL the required Sulky Stabilizers and/or ALL of the Sulky threads** at: www.sulky.com/item/999-CLFW1 (See page 7 of this supply list for included items.)

Item #: 999-CLFW1; Price \$159.85

What's in the kit?

- We have included **all the Sulky Stabilizers required for all 5 projects**, and basically **ONLY** the threads needed for the **"In-the-Heart-of-the-Woods" Landscape project** with a couple exceptions noted in the bullets below. (We did this because you will likely be using very similar fabrics and colors for the Landscape project, so we felt comfortable putting all the threads in the kit for that project.)
- We also included one spool of the Sulky PolyLite™ Thread which matches the "Sew Fabulous" Mousepad or Trivet project, because we are also including a strip of six of the "Sew Fabulous" Ladies fabric for you, too.
- There is a spool of Sulky White Bobbin Thread and Sulky KK 2000™ Temporary Spray Adhesive included in the kit, as well.

But for the other projects, you will likely be choosing your own fabrics and will probably prefer to also choose your own colors of threads. Because of this we are offering **a special discount coupon code only for the class participants of the "The Creative Lifestyle" for the duration of the course**. So, when you shop at: www.sulky.com use this code: **SULCL25** for **25% off** all of your purchases (including this kit) during this course. The kit be easily found using this link: www.sulky.com/item/999-CLFW1

I know you will love making these projects.

Kind regards,

Patti Lee
Online Course Coordinator &
Vice President of Consumer Relations
Sulky of America



SOLOMON'S PUZZLE SOLVED SUPPLY LIST:

- 3 contrasting or coordinating fabrics plus: Backing, Borders and Binding (see cutting info below)
- Sulky Soft 'n Sheer Extra Iron-on Stabilizer
- Sulky 30 wt. Cotton Blendables
 733-4119 Piano Keys;
 733-1147 Christmas Red
 (or colors match your fabrics)
- Sulky PolyLite 60 wt. 972-5024
 Salt & Pepper in the bobbin
 (or color match your fabrics)
- Warm & Natural® Batting
- Rotary Cutter and Ruler
- 1/4" Foot • Stitch-in-the-Ditch Foot
- Free-motion, Spring-loaded Foot
- Optional: Walking Foot
- 20 to 30 safety pins • Masking tape
- Optional: 1/4" wide Steam-A-Seam® for binding

FABRIC NEEDED:

BLOCKS - CUT:

- (1) 10" square of black background fabric (corner block) (FABRIC A)
- (2) 10" squares red background (FABRIC B)
- (1) 10" square with grey circles (FABRIC C)
- (2) 7" squares red background (FABRIC B)
- (2) 7" squares grey circles (FABRIC C)
- (4) 7" squares Sulky Soft 'n Sheer Extra

BORDERS, BINDING AND BACKING:

- (2) 1-1/2" x w.o.f. (width of fabric)
 - Inside Border - red background (FABRIC B)
- (3) 2-1/2" x w.o.f. - Outside Border - black background fabric (FABRIC A)
- (3) 2-1/4" x w.o.f. grey circles (FABRIC C)
 or coordinating fabric for Binding
- (1) 25" x 25" piece for Backing (any of the 3)



CUPCAKES IN YOUR KITCHEN SUPPLY LIST:

For each Cupcake Oven Mitt:

- 2 different fun fabrics (see cutting above right)
- Sulky KK 2000™ Temporary Spray Adhesive
- Sulky 30 wt. Cotton Blendables® or Solid Color Cotton Thread to coordinate
- Sulky Cut-Away™ Plus Stabilizer
- Insul-Bright™ insulated batting by Warm® Company
- Water Soluble Marker
- Open-Toe Appliqué Foot
- Edge-Stitch Foot (optional)
- Optional: (1) matching button
- *Optional: 8" of 1/4" grosgrain ribbon (instead of fabric loop)*

FABRICS:

For each Cupcake Oven Mitt:

CUT:

- (2) 10" x 12" pieces for the base
- (2) 7" x 10" pieces for the topper
- (1) 1" x 8" piece from base fabric for loop (or 8" of grosgrain ribbon)
- (1) 10" x 12" and (1) 7" x 10" pieces of Insul-Bright™ insulated batting by Warm® Company
- (1) 10" x 12" and (1) 7" x 10" Warm & Natural Batting by Warm Company
- (1) 10" x 20" Piece of Sulky Cut-Away™ Plus Stabilizer

The adorable matching buttons are from Jennifer Jangles. Visit her website at www.jangles.net





**E-READER EXTRAORDINAIRE
OR NOTEPAD COVER**

SUPPLY LIST:

- Sulky® Soft 'n Sheer™ Extra Stabilizer
- Sulky Fuse 'n Stitch Stabilizer
- Sulky Holoshimmer™ Thread #6032 Lime Green*
- Sulky Sliver™ Thread #8043 Purple*
- Sulky 30 wt. Solid Color Cotton - #1332 Deep Chartreuse*
- *(or threads to match your fabrics)
- Sulky Polyester Clear or Smoke Invisible Thread
- Steam-A-Seam2 Lite (1) 9-1/2" x 13"
- 1 or 2 Buttons for decoration
- 2-1/2" of 1/2" wide, black Sew-In Velcro®
- 16" to 32" of 3/8" Black Elastic (16" for e-reader only; 32" for notepad holder and e-reader in one)
- Quilter's Ruler with 45-degree mark



- 14/90 Topstitch Needle
- 1/4" Foot
- Edge-Stitch Foot
- Open-Toe Applique Foot
- *Optional: 1/4" wide Steam-A-Seam2*



FABRICS ETC. FOR COVER:

- (2) 10" x 13" pieces of Stonehenge Fabric #3955-65 (lime green and purple)
- (2) 2-1/2" x 17" strips of same fabric for band
- (1) 2-1/4" x 44" strip of same fabric for binding
- (1) 2-1/4" x 22" strip of same fabric for binding
- (4) 9-3/4" x 13" Sulky Fuse 'n Stitch™ Stabilizer
- (2) 2-1/2" x 17" Sulky Soft 'n Sheer Extra Stabilizer

FABRICS FOR PRAIRIE POINTS:

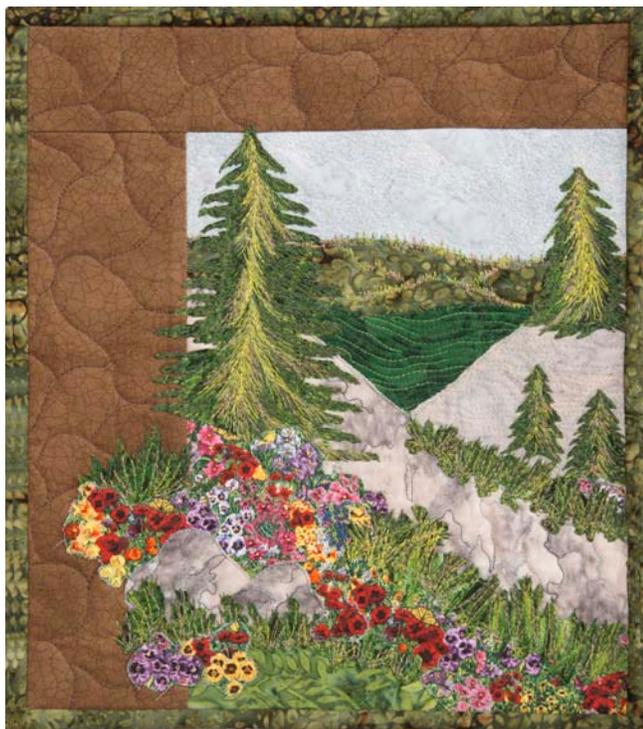
CUT:

- (2) 4" X 22" strips - Midnight Rainbow Benartex Gradations #42046-59

Optional Decorative

Stitching ON Prairie Points:

- Sulky PolyLite 60 wt. 972-5005 Lilac Field
- Sulky 30 wt. Cotton Blendables 733-4073 Lilac Meadow (Or colors to match your fabrics)



**IN THE HEART OF THE WOODS
 LANDSCAPE**

SUPPLY LIST:

- Sulky Cut-Away Plus™ Stabilizer
- Sulky Fuse 'n Stitch™ Stabilizer
- Sulky KK 2000™ Temporary Spray Adhesive
- Sulky 30 wt. Solid Color Cotton Thread 733-1271 Evergreen and 733-1130 Dark Brown
- Sulky 30 wt. Cotton Blendables® Threads: Trees/Shrubs: 733-4020 Moss Medley, 733-4051 Forever Green, 733-4052 Lime Batik; Rocks: 733-4023 Natural Taupe, 733-4028 Storm Clouds; Flowers: 733-4032 Iris, 733-4002 Buttercream, 733-4004 Golden Flame; Lake (optional): 733-4022 Midnight Sky
- Sulky Sliver™ 145-8040 Opalescent Metallic Thread
- Sulky Clear Polyester Invisible Thread
- Sulky Iron-On Transfer Pen – Black

- 1 piece of regular copy paper
- Spring-Loaded Free-Motion Foot
- 1/4" Foot
- Scrap of muslin for ironing board
- Ruler and chalk marker
- #2 lead pencil
- Steam-A-Seam2™ Lite 10" x 12"
- Steam-A-Seam2 - 1/4" Fusible Web Tape (optional)
- Small, sharp scissors
- 14/90 Topstitch Needle
- General Sewing Supplies

FABRIC REQUIREMENTS & CUTTING:

- 1 - 14" x 14" piece of Sulky Cut-Away Plus
- 1 - 14" x 14" piece of Sulky Fuse 'n Stitch
- 1 - 14" x 14" piece of lightweight batting or fleece
- 1 - 13" x 14" piece of green backing fabric
- 1 - 2-1/2" x 44" strip of green fabric for binding AND...
- 1 - 2-1/2" x 22" strip of green fabric for binding
- 1 - 60" piece of 1/4" Steam-A-Seam2 (optional)

BORDER FABRICS (brown):

- 1 – 2-1/2" x 13" top
- 1 – 3-1/2" x 12" left side

LANDSCAPE FABRICS:

1. 3-1/2" x 10" sky fabric
2. 2-1/2" x 10" med. green.
3. 3" x 6" dark green for meadow OR blue for lake
4. 6" x 6" lt. gray (large single rock)
5. 6" x 11" strip for gray rocks
6. 8" x 10" floral
7. 5" x 7" lt. green
8. 10" x 10" mottled or grassy green for trees and shrubs





“SEW FABULOUS” MOUSEPAD OR TRIVET

SUPPLY LIST:

- (4) 8-1/4” square pieces of Sulky Fuse ‘n Stitch™ Stabilizer
- (1) 7-1/2” x 5-1/2” piece of Sulky Soft ‘n Sheer Extra™ (iron-on)
- Sulky PolyLite™ 60 wt. Thread to match (Nancy used 972-5008 Strawberry Shortcake -
NOTE: Use Sulky Solid Color Cottons or Cotton Blendables® for a trivet)
- Sulky 60 wt. White Bobbin Thread
- Sulky KK 2000™ Temporary Spray Adhesive
- Steam-A-Seam2® (1) 7-1/2” x 5-1/2” and (2) 9-1/4” squares
- Approximately 41 feet of 3/16” cotton clothesline
- Open or Closed-toe Appliqué Foot
- 14/90 Topstitch or 16/100 Jeans/Denim Needle
- Jeans-A-Ma-Jig™ Presser Foot Leveler
- 60mm Rotary Cutter
- Rotary Cutter Ruler
- Wooden spring-type clothespin (optional) OR Clover® Wonder Clips
- Stiletto or bamboo skewer (optional)



FABRICS:

- Sewing Lady panel approx. 5” x 7” piece by Loralie
- (2) 9-1/2” squares of background fabric
- (3) 1” x w.o.f. (width of fabric) strips for wrapped edge

FABRICS and Supplies for Optional Floral Flourish (these are NOT included in the Mousepad or Trivet supply list shown right):

- 6” x 6” poly/silky fabric or cotton fabric
- 1/2” Peel and Stick “Dot” of Velcro®
- (1) 8-1/2” x 11” sheet of Sticky Fabri-Solvay™ with flower pattern printed on it
- Sulky PolyLite™ 60 wt. 972-5008 Strawberry Shortcake (or color to match your fabric)





THE PARTIAL KIT FOR THIS COURSE IS ONLY AVAILABLE FOR SALE AT:
www.sulky.com/item/999-CLFW1
AND IT CONTAINS THESE SULKY SUPPLIES:

Sulky of America, Inc. - Online Certification				
Creative Lifestyle Kit		Item # 999-CLFW1		
Quantity	Item Number	Description	Retail Price (ea.)	Retail Price Kit Total
3	237-01	Sulky Soft N Sheer Extra 1 yd. Pack (20"x36")	\$ 4.49	\$ 13.47
2	275-01	Sulky Cut-Away Plus 1 yd. Pack (20"x36")	\$ 3.99	\$ 7.98
3	663-01	Sulky Fuse N Stitch 1 yd. Pack (20"x36")	\$ 6.79	\$ 20.37
1	KK2000	Sulky Temporary Spray Adhesive	\$ 19.99	\$ 19.99
1	40041	Sulky Iron-On Transfer Pen - Black	\$ 4.49	\$ 4.49
1		Strip of Sew Fabulous Ladies - 6 Ladies	\$ 5.00	\$ 5.00
1	145-8040	Sulky Sliver Metallic - Opalescent	\$ 4.69	\$ 4.69
1	232-0001	Clear Polyester Invisible	\$ 3.99	\$ 3.99
1	733-1130	30 Wt. Solid Cotton 500 yd. Dark Brown	\$ 5.99	\$ 5.99
1	733-1271	30 Wt. Solid Cotton 500 yd. Evergreen	\$ 5.99	\$ 5.99
1	733-4002	30 Wt. Cotton Blendable 500 yd. Buttercream	\$ 6.49	\$ 6.49
1	733-4004	30 Wt. Cotton Blendable 500 yd. Golden Flame	\$ 6.49	\$ 6.49
1	733-4020	30 Wt. Cotton Blendable 500 yd. Moss Medley	\$ 6.49	\$ 6.49
1	733-4022	30 Wt. Cotton Blendable 500 yd. Midnight Sky	\$ 6.49	\$ 6.49
1	733-4023	30 Wt. Cotton Blendable 500 yd. Natural Taupe	\$ 6.49	\$ 6.49
1	733-4028	30 Wt. Cotton Blendable 500 yd. Storm Clouds	\$ 6.49	\$ 6.49
1	733-4032	30 Wt. Cotton Blendable 500 yd. Iris	\$ 6.49	\$ 6.49
1	733-4051	30 Wt. Cotton Blendable 500 yd. Forever Green	\$ 6.49	\$ 6.49
1	733-4052	30 Wt. Cotton Blendable 500 yd. Lime Batik	\$ 6.49	\$ 6.49
1	882-0010	White Bobbin Thread 475 yd.	\$ 4.49	\$ 4.49
1	972-5008	60 Wt. PolyLite 440 yd. Strawberry Shortcake	\$ 4.99	\$ 4.99
Total Retail Value				\$ 159.85

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**SOURCE SUGGESTIONS
FOR ADDITIONAL NON-SULKY SUPPLIES FOR
“THE CREATIVE LIFESTYLE”
(if needed):**

Many of the **NON-SULKY SUPPLIES** for these projects can be found at:

www.joann.com

or

www.nancysnotions.com

SOLOMON’S PUZZLE SOLVED

- Warm & Natural® Batting
- Optional: 1/4” wide Steam-A-Seam® for binding

CUPCAKES IN YOUR KITCHEN

- Insul-Bright™ insulated batting by Warm® Company
- Water Soluble Marker

**E-READER EXTRAORDINAIRE OR
NOTEPAD COVER**

- Steam-A-Seam2 Lite (1) 9-1/2” x 13”
- 1 or 2 Buttons for decoration
- 2-1/2” of 1/2” wide, black Sew-In Velcro®
- 16” to 32” of 3/8” Black Elastic (16” for e-reader only; 32” for notepad holder and e-reader in one)
- Quilter’s Ruler with 45-degree mark
- Optional: 1/4” wide Steam-A-Seam2

**IN THE HEART OF THE WOODS
LANDSCAPE**

- Steam-A-Seam2™ Lite 10” x 12”
- Steam-A-Seam2 - 1/4” Fusible Web Tape (optional)

**“SEW FABULOUS” MOUSEPAD
OR TRIVET**

- Steam-A-Seam2® (1) 7-1/2” x 5-1/2” and (2) 9-1/4” squares
- Approximately 41 feet of 3/16” cotton clothesline
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