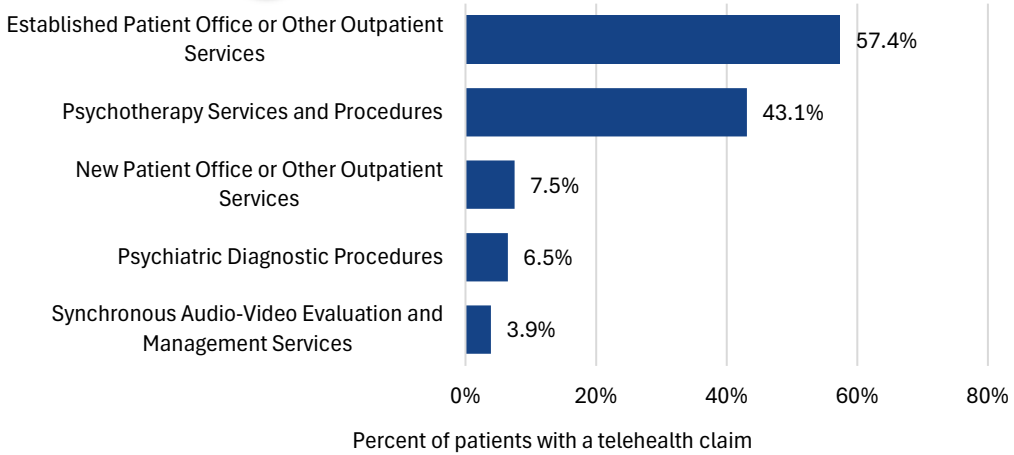
Quarterly Telehealth Regional Tracker, April–June 2026

Northeast:
CT, ME, MA, NH, NJ, NY, PA, RI, VT

Top Five Procedure Categories

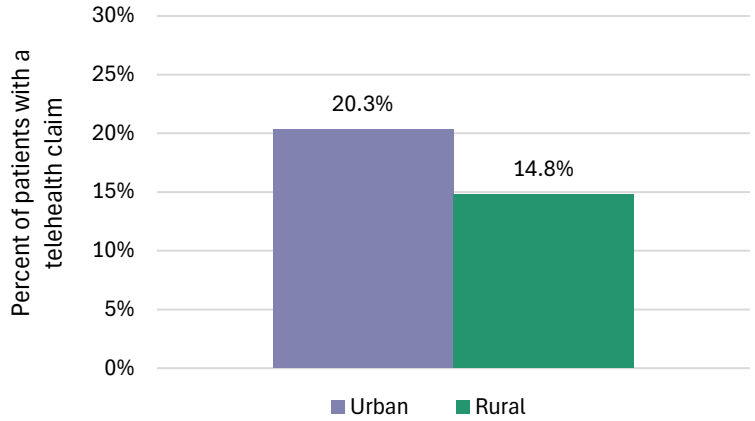


Percent of Medical Claim Lines

Percent Change
-1.36%

Jan.-Mar. 2026	Apr.-June 2026
7.19%	7.09%

Telehealth Usage, Urban vs. Rural



Percent of Patients with a Telehealth Claim

Percent Change
-2.60%

Jan.-Mar. 2026	Apr.-June 2026
20.74%	20.20%

Source: Commercially insured patients drawn from FAIR Health's FH NPIC® database of commercial medical and dental claim records from more than 75 payers and claims administrators who voluntarily contribute their data. © 2026, FAIR Health, Inc. CPT © 2025 American Medical Association (AMA). All rights reserved.

Quarterly Telehealth Regional Tracker, April–June 2026

Northeast:
CT, ME, MA, NH, NJ, NY, PA, RI, VT

Top Five Diagnostic Categories by Age Group

Overall	0 to 9	10 to 18	19 to 30	31 to 40	41 to 50	51 to 64	Over 65
Mental Health Conditions (58.0%)	Mental Health Conditions (30.1%)	Mental Health Conditions (70.3%)	Mental Health Conditions (74.1%)	Mental Health Conditions (66.3%)	Mental Health Conditions (54.6%)	Mental Health Conditions (41.2%)	Mental Health Conditions (26.2%)
Overweight and Obesity (4.4%)	Developmental Disorders (17.0%)	Developmental Disorders (6.1%)	Overweight and Obesity (2.5%)	Overweight and Obesity (4.6%)	Noninflammatory Female Disorders (6.6%)	Overweight and Obesity (6.5%)	Hypertension (9.0%)
Noninflammatory Female Disorders (3.1%)	General Signs and Symptoms (6.3%)	Skin Infections or Disorders (2.8%)	Acute Respiratory Diseases and Infections (2.5%)	Acute Respiratory Diseases and Infections (2.9%)	Overweight and Obesity (6.3%)	Joint/Soft Tissue Diseases (5.1%)	Joint/Soft Tissue Diseases (6.1%)
Endocrine and Metabolism Disorders (3.1%)	Skin Infections or Disorders (4.3%)	Acute Respiratory Diseases and Infections (2.5%)	Skin Infections or Disorders (2.3%)	Endocrine and Metabolism Disorders (2.9%)	Endocrine and Metabolism Disorders (3.8%)	Endocrine and Metabolism Disorders (4.8%)	Malignant Neoplasm (5.5%)
Joint/Soft Tissue Diseases (3.0%)	Acute Respiratory Diseases and Infections (4.1%)	General Signs and Symptoms (1.6%)	Endocrine and Metabolism Disorders (1.8%)	Noninflammatory Female Disorders (2.4%)	Joint/Soft Tissue Diseases (3.5%)	Noninflammatory Female Disorders (4.7%)	Diabetes Mellitus (5.2%)

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