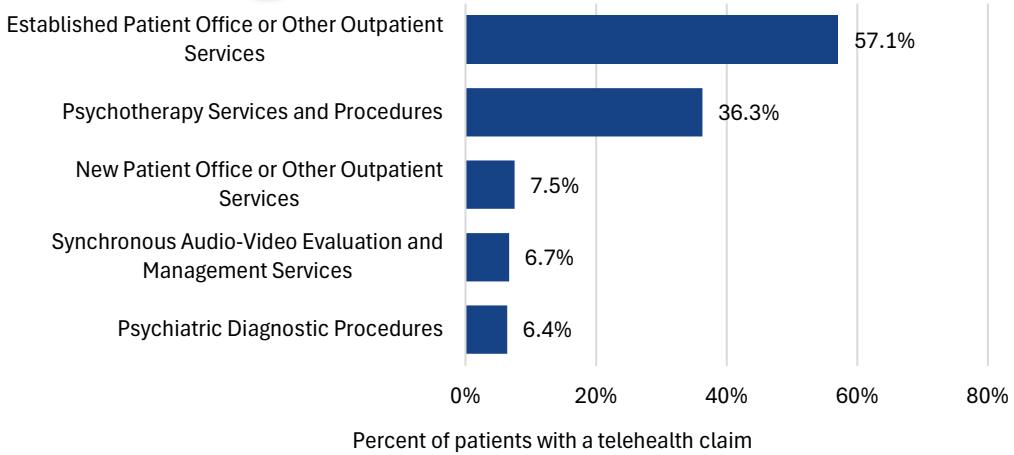
Quarterly Telehealth Regional Tracker, April–June 2026

United States

Top Five Procedure Categories

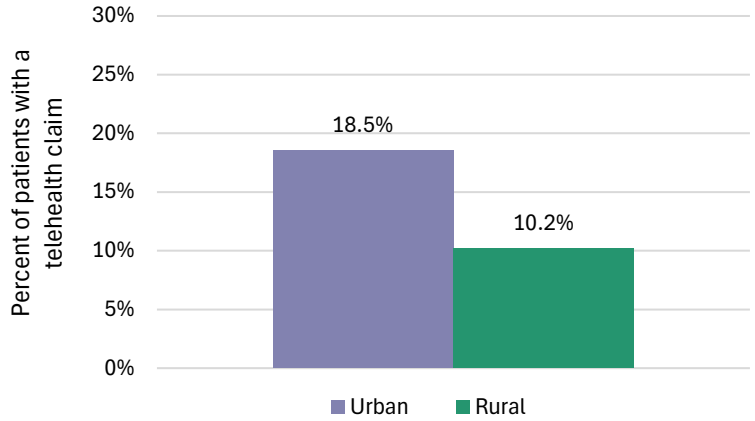


Percent of Medical Claim Lines

Percent Change
1.76%

Jan.-Mar. 2026	Apr.-June 2026
5.51%	5.61%

Telehealth Usage, Urban vs. Rural



Percent of Patients with a Telehealth Claim

Percent Change
-0.53%

Jan.-Mar. 2026	Apr.-June 2026
18.39%	18.29%

Source: Commercially insured patients drawn from FAIR Health's FH NPIC® database of commercial medical and dental claim records from more than 75 payers and claims administrators who voluntarily contribute their data. © 2026, FAIR Health, Inc. CPT © 2025 American Medical Association (AMA). All rights reserved.

Quarterly Telehealth Regional Tracker, April–June 2026

United States

Top Five Diagnostic Categories by Age Group

Overall	0 to 9	10 to 18	19 to 30	31 to 40	41 to 50	51 to 64	Over 65
Mental Health Conditions (53.7%)	Mental Health Conditions (28.0%)	Mental Health Conditions (67.9%)	Mental Health Conditions (70.9%)	Mental Health Conditions (62.4%)	Mental Health Conditions (49.7%)	Mental Health Conditions (35.6%)	Mental Health Conditions (22.6%)
Overweight and Obesity (3.9%)	Developmental Disorders (17.0%)	Developmental Disorders (5.6%)	Acute Respiratory Diseases and Infections (2.8%)	Overweight and Obesity (4.2%)	Noninflammatory Female Disorders (6.2%)	Overweight and Obesity (5.3%)	Hypertension (9.7%)
Endocrine and Metabolism Disorders (3.4%)	General Signs and Symptoms (5.5%)	Skin Infections or Disorders (3.3%)	Skin Infections or Disorders (2.5%)	Acute Respiratory Diseases and Infections (3.3%)	Overweight and Obesity (5.4%)	Joint/Soft Tissue Diseases (5.3%)	Joint/Soft Tissue Diseases (6.5%)
Acute Respiratory Diseases and Infections (3.2%)	Acute Respiratory Diseases and Infections (5.1%)	Acute Respiratory Diseases and Infections (3.1%)	Overweight and Obesity (2.3%)	Endocrine and Metabolism Disorders (3.1%)	Endocrine and Metabolism Disorders (4.1%)	Endocrine and Metabolism Disorders (5.2%)	Diabetes Mellitus (6.2%)
Noninflammatory Female Disorders (3.1%)	Eye Infections and Issues (4.6%)	General Signs and Symptoms (1.5%)	Endocrine and Metabolism Disorders (2.0%)	Joint/Soft Tissue Diseases (2.4%)	Joint/Soft Tissue Diseases (3.6%)	Hypertension (5.2%)	Endocrine and Metabolism Disorders (5.2%)

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