

The logo for "SOUL CARE" features the words in a bold, white, sans-serif font, stacked vertically. The text is centered on a black rectangular background. This central rectangle is flanked on both the left and right sides by vertical bars with a diagonal, wavy pattern in shades of blue and purple.

SOUL CARE

Here is a discussion guide to use with your family/friends after listening to this week's message:

What was your big takeaway from the message?

- The challenge to persevere
- Losing the "weight"
- Looking to Jesus
- Commit to finish

What are you planning to do as a result?

How can we pray for you?

BONUS OPTIONS

1. Read through Hebrews 11 together and share the example of faith who most encourages you.
2. Read through Hebrews 10.26-39 and discuss how this passage encourages us to persevere.
3. Read through Hebrews 12.4-13 and discuss how this passage encourages us to persevere.