

Community Fitness and Wellness (CFW) New Round of Financial Assistance ("Scholarships")

For the period January 4 – March 31, 2022

Applications due by Friday, Dec 10, 4:00

The Community Fitness and Wellness (CFW) gym, located at 250 E. Liberty Street, Suite 100, is a fully accessible gym specifically for people with disabling conditions, such as paralysis. It has an extensive array of wheelchair accessible cardiovascular and strength training equipment, as well as functional electrical stimulation (FES) cycling, neuromuscular electrical stimulation (NMES), and specially trained staff.

Charitable donations support the scholarship program, which helps people who live on low incomes to pay the CFW membership and activity fees. Funding is limited.

- Assistance can be used for a gym membership and one activity a week (e.g., guided exercise, FES, NMES) for three months.
- Assistance will be available on a sliding scale basis based on need. Need is determined by household size and income, and assistance will range from 100% to 25% of fees.
- Veterans with disabilities may apply regardless of household income and are eligible for 100% FREE gym membership and one intervention a week.



People with the greatest need, who have never received assistance in the past, will receive the highest priority.

A complete membership application, including the doctor's medical form, must be submitted in order to receive a scholarship.

**Contact CFW for the Scholarship Application and Membership Application,
or download from the CFW webpage:**

502-587-4512

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UofLHealthNetwork.org/community-fitness-wellness-facility

Frazier Rehabilitation Institute

