
Honduras Mission Trip 2021

Packing / Travel

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Where We Are & Who Are We With

- Location
Tegucigalpa, Honduras
- Address
Clinica Cuerpo de Cristo
Colonia Altos de Ciudad Lempira
Tegucigalpa
- Phone
011-504-3392-2727
- Host Missionary
His Eyes
Trevor (Felipe) & Valerie Colby

Social Media

- <http://hiseyeshonduras.blogspot.com/>
- <https://www.facebook.com/HisEyes?fref=ts>
- <https://www.facebook.com/felipe.colby?fref=ts>
- <http://hiseyes.wix.com/1>

Emergency Contact Information

- Shaylee Redmon
 - shaylee@venturechristian.church
 - Cell Phone: 660-216-9792
- Felipe (Trevor) Colby
 - rookshark@hotmail.com

How to Contact the Group

- Instagram: @venturestudents

Important Dates and Times

- Honduras
 - Thursday, June 24th Luggage Drop Off in Student Center 12:00p – 2:00p
 - Friday, June 25th students arrive prior to 3:30a when team transports to airport
 - Venture doors will be open at 3:00a
 - Monday, July 5th students return to Indianapolis airport at 12:06a where parents will need to pick them up.

Luggage Drop Off

- Thursday, June 24th Luggage Drop Off in Student Center 12:00p – 2:00p
- Bring your checked luggage, carry-on suitcase, any supplies or gear you were assigned
- REMINDER! Only thing you should bring with you on your day of departure is your personal bag and passport

COVID-19 TESTING

- Each participant **MUST** get their 72 hour COVID test in order to go on the trip. Testing site recommendation is at Dr. Aziz Medical Clinic: 7320 E 82nd St, Indianapolis, IN 46256. ***You will NOT be permitted to travel without a rapid antigen or PCR COVID-19 test.*** Do not try to get this test done at your local CVS. You must have an official printed and signed document stating your negative results. Please keep this document with your passport at all times.

Departure Day

- Honduras: Friday, June 25th church doors open at 3:00am; transport to airport at 3:40am
- Make sure your passport is quickly accessible

Flight Information

- American Airlines
 - Friday, June 25
 - (AA 2308) Departing Indianapolis 6:20a, arriving in Miami 9:09a
 - (AA 1531) Departing Miami 12:25p, arriving in Tegucigalpa 12:55p
 - Monday, July 5
 - (AA 804) Departing Tegucigalpa 1:45p, arriving in Miami 6:26p
 - (AA4474) Departing Miami 9:17p, arriving Indianapolis 12:06a
- Food
 - Please eat something on your departure day before meeting at Venture. There may be time to purchase food in Indianapolis once you arrive at your gate but this isn't a guarantee. Please pack snacks in your personal bag.
 - Please plan on purchasing dinner on the flight home during your layover. It may be wise to put this dinner money in an envelope so that it's not accidentally spent.

Luggage Options

1. **Carry-on Suitcase:** (personal) Stored in the overhead bin in the airplane cabin. This suitcase will contain the majority of your personal clothing and items. Maximum dimensions are 22"x14"x9" and maximum of 50 lbs. This bag will go in the overhead storage above your seats on the plane. ***Bring this on drop off luggage day.***

2. **Personal Carry-On Bag:** (personal) This can be any type of bag, briefcase, or backpack that meets the dimensions in the picture below. It can be used to pack any additional personal items and must be stored in the space under the seat in front of you. ***Bring this with you on your day of departure.***
3. **Large Suitcase:** (personal) This bag will be filled with various ministry supplies and bedding items to be used by the teams in Honduras. This bag is limited to a maximum of 62" (L+W+D) and 50 lbs. This bag will be checked at the time when you check in for your flight. ***Bring this on luggage drop off day.***
 - Honduras luggage fee \$30 (donations accepted to help offset this fee)

* **Team Suitcase:** (supplies) This bag is checked during ticketing. It is possible you will be assigned a team suitcase.

Notes concerning packing:

- Make it a goal to pack what you can give away and leave there.
- Remember, you will be carrying your own luggage from place to place. Suitcases and bags with wheels and handles are recommended.
- Think through how you will go through security with your carry-on luggage (2 bags) and what needs to be checked. Think about your shoes, belt, change in your pocket; all of these things slow down the security check process. These simple hints will usually help you breeze right through security checkpoints:
- Travel light—minimal clutter will speed up the screening process
- Leave your pocket-knives, scissors, and any other sharp objects at home or put them in your checked baggage if you must bring them.
- Be ready to take off your shoes and put belts, mobile phones, and metal objects in your carry-on.
- Fluids, liquids, aerosols, gels, and pastes (shampoo, deodorant, toothpaste, etc.) are allowed in your carry-on bags but are limited to 3.4 oz. (100ml) per container and all containers must fit into a single 1-quart Ziploc bag. This bag will need to be pulled out of your bag during the security check. Larger containers of fluids will need to be placed in checked baggage.
- Consider the space and weight that personal hygiene items take up in your bags and attempt to minimize what you take. For example, a couple of hairdryers can be shared so everyone does not need to bring a hairdryer.

Note: All bedding materials must be delivered to the church at or before the 6/22 packing meeting along with all large suitcases so we can prepack the bedding and general supplies.

Dress Code

No: Low cut tops, crop tops, short shorts, spaghetti straps, tube tops, bikinis

No: inappropriate messages, images, or slogans

No: Leggings or yoga style clothing. Only for sleeping

When in doubt; don't wear bring it. Remember to be modest in your clothing

Yes: Jeans and t-shirts are allowed for work details

Yes: Shorts but only at mission house at night

Notice: there are not many opportunities to wear shorts so don't waste the packing room. We don't have any free days to wear shorts. Realistically the only time we can wear shorts is in the mission house at night.

Pajamas: remember to be modest

Work Day Clothes: Pants/Jeans for boys and girls (or capris), t-shirts, scrubs are good

WHAT TO PACK

5 - 6 changes of clothes appropriate for your climate and project (You do not need a change of clothes for every day. It is not culturally sensitive to show off the apparent wealth of our country.)

1 nice dress outfit for travel and church (dress and nice shirt for girls, pants and collared shirt for boys)

Walking/Work shoes (break in new shoes before you leave)

Light jacket, rain jacket, rain poncho, or umbrella

Sleepwear (suggestion: bring ear plugs also)

Baseball cap (for sun or bad hair days)

Shower shoes

Bedding

Each person needs to provide bedding with the intention of leaving these items in Honduras as a donation to His Eyes. *The donation is not a requirement, but would be greatly appreciated.*

Sheets – Twin bed size (fitted sheet, bed sheet, and pillow case)

Blanket – Twin size and if possible, made of material that easily compresses and is lightweight for packing purposes (Vellux type).

Pillow – Again, twin size and foam type if possible.

Toiletries

Shampoo, soap, deodorant, toothpaste, toothbrush

Towel & washcloth

1 roll toilet paper (remove cardboard roll before packing)

Shaving cream/razor

Light make-up (be sensitive to cultural settings and packing constraints)

Contact lenses/solution & extra case and/or glasses

Sunscreen & insect repellent

Kleenex

Women - feminine hygiene products (just in case, bring them even if you don't think you'll need them!)

Note: Remember that you are limited to the fluids that can be packed in your carry-on bags. Bottles larger than 3.4 oz. will need to be packed in the checked luggage

Personal Ministry Tools

Bible, journal, and pen

Tote bag or backpack for day trips

Miniature flashlight
Alarm clock
Camera

Personal First-Aid Kit

(Put travel-size amounts into Ziploc bag; only bring what you need because trip leaders will have a full medical kit plus there is a clinic on site.)

Personal medications in prescription bottle

- *Prescription Medication*
 - *Please pack all prescription medication in carry-on luggage*
 - *Please pack all prescriptions medication in original labeled container*
 - *Please only pack enough prescriptions for the trip*
 - *We will oversee all prescription medication but students will be responsible to keep, manage, and administer their own prescription medication. If requested we are able to keep, manage, and administer prescription medication. It will need to be dropped off on your luggage drop off day.*
- *Medical*
 - *On your luggage drop off day you will be asked to update all medication and medical information on file.*

vitamins

Anti-bacterial hand wash

Bandages and Neosporin ointment

Aspirin or ibuprofen

Anti-histamine

Pepto-Bismol

Cough drops

Imodium tablets

Chap-stick

Snacks

Beef jerky, peanut butter, nuts, granola bars

Gum/candy

Chocolate for team leader

Folgers Coffee Singles (if you like coffee)

Bring various size Ziploc bags

Passport

- Passports must be on your person during airport check in and security. **DO NOT** pack your passport in luggage that you will be checking at ticket counter.
- Passports holders are sold in many stores and are recommended. While on the His Eyes campus we will not need passports on our person. But while traveling off campus passports must be on your person so a good passport holder is worth the investment to protect it.
- **Do not** give your passport to anyone but TSA and airline personnel

THINGS TO DO BEFORE YOUR TRIP

Check your immunizations records for at least a tetanus vaccination. Also consider Hepatitis A vaccination.

Go to doctor/dentist for checkup

Place passport with travel money in money belt or neck pouch

Get all medical release/insurance information to trip leader

Pack a copy of passport and visa page in each piece of luggage

Give itinerary and emergency plan to family members

Give out prayer guide to your supporters

Get/pack cash

- *Please have an unsealed envelope with your name on it and the amount of cash you want exchanged. Felipe will collect all the envelopes and exchange your dollars for Limps at the airport. A quick internet search will give you an idea of the exchange rate. The suggested amount to exchange is \$100. Please understand that \$100 is not expected or needed. You will have the opportunity to make a grocery store visit and be at gas stations for snacks when we are transporting to ministry sites.*

WHAT NOT TO BRING

Updated copies of your will or life insurance policy

Weapons, illegal drugs, alcohol

Baby grand piano, vacuum, or your SUV

Note Regarding Security and Immigration

Please remember not to take any photographs while in the vicinity of airport security or immigration. Because we are a big group there will automatically be attention drawn to us. It is our goal not to draw un-needed attention while going through security and immigration so please be respectful and mindful of what is going on around you.