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THE ROCKPORT Observer

FAIRVIEW PARK & ROCKY RIVER COMMUNITIES | VOL 02, ISSUE 7 | JANUARY 2015

Rx: Create! Event to Benefit North Coast Health

By Elizabeth O'Brien

Beat off those winter blues and support North Coast Health. Join us for a one-of-a-kind art auction featuring donated works by local artists and designers. Rx: Create! will take place on Friday, January 30, from 6 p.m. to 9 p.m. at Around the Corner's Warehouse Room located at 18616-20 Detroit Avenue, Lakewood. The evening will feature raffles as well as an auction of unique art, jewelry, sculpture, furniture and more. There will be heavy finger food and a cash bar.



"Creating is therapeutic," says Lee Elmore, North Coast Health Executive Director. "There is nothing more pleasing than making something beautiful. We are grateful for the creative gifts of so many artists to help further our work with the medically underserved in our community."

Rx: Create! will present a varied collection of art in all forms – painting, photography, textiles, and more - in the exclusive funky Warehouse Room. Proceeds from Rx: Create! make possible the life-saving health care North Coast Health is able to provide to our neighbors in need.

Please join us! Tickets are \$22 in advance (\$25 day of event, as available) and can be purchased online at northcoasthealth.org/event/rxcreate/ or by contacting North Coast Health at 216-228-7878, x114 or events@northcoasthealth.org.

Rx: Create page 2



Oh, come on girls...you can do it!

An Early New Year's for the Westshore Young Leaders

By Noreen M. Kyle

The Lakewood High School Westshore Young Leaders held an early New Year's ice skating party on Sunday, December 28. For the third year, the ice skating party was held at the Serpentine Arena at Winterhurst Ice Skating Rink in Lakewood. More than 40 middle and high school students from the Westshore School Districts (Bay Village, Fairview Park, Lakewood, North Olmsted, Rocky River and Westlake) enjoyed an afternoon of music, skating and excitement. The students celebrated the upcoming year with party favors and delicious cupcakes.

The Westshore Young Leaders has been serving its communities since 2010. The Young Leaders are dedicated

to implementing strategies aimed at preventing and reducing youth substance use while encouraging healthy life choices.

The next Young Leaders meeting is January 15 from 6 p.m. to 8 p.m. at the Bay Village Police Department. The meeting is open to ALL middle and high school students. Planning is underway for the annual high school lock-in and the NCAA March Madness bowling party! For more information, visit www.westshoreyoungleaders.org •

Noreen Kyle is an employee of the Westshore Enforcement Bureau, drug task force. She is the school prevention specialist for the Westshore Young Leaders Program.

The Eponymous Antique Shop Owner Be Inspired by Period Dramas

By Mitchell Sotka

January is not only the start of the New Year but also the new season of "Downton Abbey". If you are like me, you love period dramas and for more than just the wonderful story lines. Some period dramas allow us to see aristocratic life and all its fineries.

A well-written story line of the struggles of the rich and the intersecting lives of their servants can keep us hooked and coming back for more. But for antique lovers, it's much more than the story line. Period dramas offer a world of decorative splendor.

With Highclere Castle as the backdrop, Downton Abbey is a spectacular feast of visual grandeur that also add an important "character" to the series. From the castle's stone façade to the interior's grand staircase and hall, the castle makes a statement that parallels that of the sharp but poignant tongue of the dowager duchess. Similar to that of Maggie Smith's duchess and matriarch of the family, the castle's role is one of continuity, resistance to change and pure elegance.

The castle is also a brimming time capsule. Like Lady Edith or the butler Carson, it too can tell stories of yesteryear. However, the stories are told through the castle's vases, paintings, lamps and other furnishings. These treasures were received as gifts, purchased while traveling or commissioned. Now gathered and displayed under one roof,

the furnishings hold tales for future generations and us.

These treasures are all part of the supporting cast that help the main characters tell their stories, from the monumental painting of King Charles I by 17th century painter Van Dyck in the dining room to the Tiffany sterling silver picture frames in the library. Whether large or small item, the furnishings of Downton Abbey give credence to the lives of the main characters.

Without good writing and acting, any show could be a bust. For "Downton Abbey", without these real props, the actors could not convey their status in life, the history of their families or, in this season, find a means for financial relief.

Capturing the Spirit

There is so much to look at - the case goods with fine carvings, the silver compotes elegantly made with crystal bowls, the trays of fabulous glassware. These pieces speak of a way of living that is even rarer today. However, stores around Cleveland and beyond can help you capture the spirit of Downton Abbey's way of living.

Okay, a Van Dyck painting may be tough, but a handsome silver tray with cut-crystal rocks glasses is classy without being too stuffy. A look of gathered pieces, just like in the rooms of Highclere Castle, can be achieved on a smaller scale. A dressing table with pictures of loved ones housed in sterling frames is easily doable.

So, seek out the Downton lifestyle in whole or in part. Be inspired by the details and props that abound in any period drama. •



Photo source: <http://now-here-this.timeout.com>

"Downton Abbey" cast at Highclere Castle.



Photo provided by BBC

King Charles I by 17th Century painter Van Dyck.



ROCKPORT FILES

Rx: Create from page 1

Creators wanted! Tap into your creative side and help us make this a successful event. North Coast Health, a nonprofit organization, invites artists in all disciplines to donate a piece of their work to the benefit. Donations can be dropped off at North Coast Health at 16110 Detroit Avenue in Lakewood and must be received by January 23. Arrangements can also be made to have donations picked up at the artist's convenience. •

Elizabeth O'Brien is part of Events & Development at North Coast Health.

Onward and Upward:
Tips for Future Success

By Lisa Doane


The new year brings a wonderful opportunity to start fresh. Many of us use this as a time to reflect on our goals for wellness—emotional, physical, financial, and spiritual. As you establish your resolutions for the new year, use the tips below to maximize the likelihood that you will succeed.

1. Be realistic. Want to get your home organized, pay down your debt, lose weight, start meditating, get your kids to listen, and train for a marathon? Good for you! But establishing too many goals at once may make you more likely to feel overwhelmed and give up. Prioritize and focus first on those that are really most important to you—get one new habit established before moving on to incorporate the next.

2. Be concrete. “I’m going to get healthy” is a wonderful aspiration, but the statement is too vague. Instead, say “I want to walk for 30 minutes a day, 4 times this week” or “I will eat a vegetable with lunch five times this week”. Break your goal down into specific, action-oriented steps. Write them down and record your progress. This will give you the opportunity to monitor whether you have actually done what you had hoped to do, and you can modify your plan from there (as opposed to abandoning it altogether).

3. Be positive. Remember that any change in the direction of your goals, however small, is a step towards progress. You may have walked only three days this week although your goal was four. That’s not a point for beating yourself up—just the opposite! Be proud of your progress, and use these smaller achievements to “shape” your behavior towards your larger goal.

Do you have a question for the psychologist or a psychological topic you would like to see covered in a future column? Please send your question/idea to lisa@drlisadoane.com. •



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A Note from the Publisher

I love the month of January... notably, because it's the month in which I was born! I've never been much for making New Year's resolutions; however, I do feel a sense of renewal as I kick off the New Year!

This year I am inspired to embrace change as never before. I continue to remind myself of the personal growth I experience at every twist and turn of my life. I'm thrilled that this year I have my new husband (first), Brian by my side—as we decide, among other real-life topics, where we will reside. Change...scary, and exciting!

I am proud to say that our paper continues to grow, attracting new advertisers and writers. Sadly, I must also announce that one of my favorite contributors, Alyssa Wiegand—who has been providing our Recipes since November 2013—will be retiring her feature. Alyssa and her “Blog Partner” have signed a cookbook deal. We wish them much success as they further their careers! I would like to extend an invitation for a new writer to continue this popular feature. Interested “Foodies” please contact me, via phone or email.

We are delighted to welcome a new contributor to The Rockport Observer—Dr. Lisa Stines Doane, is a Clinical Psychologist with a Practice in Rocky River. Her column will feature the Doctor's counsel on issues of the Human Condition and everyday life. You may direct your questions to Dr. Doane, at her email address: lisa@drlisadoane.com

My wish for you Dear Reader is that the changes you will encounter in this New Year bring health, happiness, prosperity, love and laughter.

Thank you for picking this up, taking a look, and giving it a go. We hope you find something you enjoy and pass it along to a friend.

— LuAnn Leonard-Byers
Publisher



**THE ROCKPORT
Observer**

Volume 2 | Issue 7

Community news powered by the
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With a current circulation of 5,000 copies distributed to over 250 locations in the Fairview Park, Kamm's Corners, and Rocky River community and via our Web site, The Rockport Observer is a community media initiative whose mission is to involve, engage, inform and converse with neighbors in what was once known as Ohio's Rockport community. The views and opinions expressed in the publication do not necessarily reflect that of The Rockport Observer, its publisher or staff. Copyright 2014-The Rockport Observer, All right reserved. Any reproduction or use of the content within without expressed written consent is forbidden.

The Rockport Observer is a locally-owned and operated citizen-based news source written by community writers. Stories are accepted in the order received (save for time-sensitive community event material). The Rockport Observer reserves the right to edit all entries and items for publication.

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ENTREPRENEURSHIP

Entrepreneurs Need Good Legal Assistance

By Perry Haan

A couple of months ago, this column discussed the need for an entrepreneur to choose an accountant as part of his business team. This column addresses the need for a good attorney to help with legal issues when starting and running a business.

As with choosing an accountant, it is critical to find an attorney who specializes in working with entrepreneurial ventures. A good criminal attorney may not know much about corporate or commercial law.

Referrals are a good place to start when shopping for a lawyer, according to Diane Hoty-Bliss, an attorney in Fairview Park. “The entrepreneur should discuss the length of practice that the prospective attorney has in the specific area of corporate law and the portion of his practice that said attorney devotes to this area,” Hoty-Bliss stated.

Jim Gucker, an attorney and Business Law Instructor at Tiffin University, says, “When choosing an attorney for business representation, I would suggest a recommendation from a local business owner or other professional, such as an accountant or insurance agent. A personal referral is usually the best source. The appropriate questions to ask a referring party: Is he or she prompt and responsive? Does the attorney charge reasonable fees?”

Many Legal Facets
Forming a corporation is one of the first steps to creating a new business. Entrepreneurs need to incorporate to protect their personal assets from liability. “The attorney should discuss with the entrepreneur the legal and tax ramifications of the different types of entities that the entrepreneur may want to set up for his or her particular type of business (i.e., Limited Liability Company, Corporation, Partnership etc.). Once this is established, the attorney would set up the Articles for the business, file the Articles with the Secretary of State, and prepare a complete record book for the entrepreneur, including the obtaining of an Employer Identification Number with the IRS,” stated Hoty-Bliss.

Gucker added that another important issue an attorney may have to address is multiple shareholders or owners. This can include creating buy-sell agreements and succession plans. Insurance issues are also critical to starting a business as well as determining what type of insurance should be obtained. Liability insurance and property and casualty insurance may be necessary for a business.

Smaller law firms can be very useful for entrepreneurs in the early stages of a business. They will often have lower hourly rates compared to large law firms. In addition, the level of service with

smaller law firms can often be superior since the entrepreneur will more likely be dealing with an experienced professional, as opposed to a young associate in training at the larger firm.

Finally, the business owner should also choose an attorney based on his or her personality. The needs of different entrepreneurs can vary widely, depending on the type of business. Different attorneys may be required for different legal services. For example, for business formation concerns, an entrepreneur should select an attorney who can provide advice on the advantages and disadvantages of the different types of business forms. If the business has employees, an attorney can assist in the creation of employment agreements and employee handbooks.

If the new business involves unique products or brands, the business may need to work with a registered patent attorney who specializes in inventions, trademarks, and copyrights. If products of the new business are to be manufactured outside of the United States or exported, the advice of an attorney with experience in import/export regulations may also be required.

Good attorneys are usually busy. However, they will make time for good clients. “The well-established attorneys will also have contacts in specialized



Dr. Perry Haan

areas of law with which the entrepreneur may need assistance such as patents, trademarks, copyright issues, personnel issues and tax issues,” Gucker said.

Hoty-Bliss concluded it is in an entrepreneur’s best interests to receive legal counsel during the process of establishing a new business. “Going forward, the attorney should continue to serve as a consultant to the business and should handle any future business needs and advise the entrepreneur.” •

Dr. Perry Haan is Professor of Marketing and Entrepreneurship and former Dean of the Business School at Tiffin University. He resides in Rocky River and can be reached at 419-618-2867 or haanpc@tiffin.edu.

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LOCAL BUSINESS

Territorial Aggression in Dogs

By Daniel Makara

In many neighborhoods, there's that one dog. Whether in the home or outside in the yard, he or she is barking at anyone or anything that comes near the house. While many people like a dog that "alarm barks", an owner must be careful that his dog does not develop a case of territorial aggression.

Don't get me wrong. I wouldn't mind it if my dog went after a robber trying to break into my house. But some dogs will take their territorial guarding/aggression too far, focusing it on family, friends, or completely innocent people.

Training Cosmo

Back in the fall of last year, I received a call about a very territorial dog named Cosmo. According to his owners Trevor and Lauren, Cosmo was initially a great guard dog. He would bark briefly at the sound of the doorbell or knocking, and he also let his owners know when strangers were approaching the home.

However, after several weeks of this behavior, Cosmo's guarding was starting

to negatively affect family members. When Cosmo bit Lauren's mother as she walked through the front door, Trevor and Lauren finally decided to seek professional help with my in-home dog training service.

Many owners want territorial behavior to be curbed, but not completely eliminated. Trevor and Lauren had past incidents with attempted break-ins, hence the reason for adopting Cosmo. While they still wanted Cosmo to bark at the door or at people nearing the home, they wanted the biting to stop. Trevor and Lauren also wanted more control, especially when they issued a command to calm down or to stay put.

It takes a lot of work and consistency, but this can be achieved! What Cosmo needed to learn was that he had to focus and listen to what Trevor and Lauren said - all the time, including when he was excited or distracted. Cosmo's obedience and recall needed sharpening, and Trevor and Lauren's leadership needed to be revitalized.

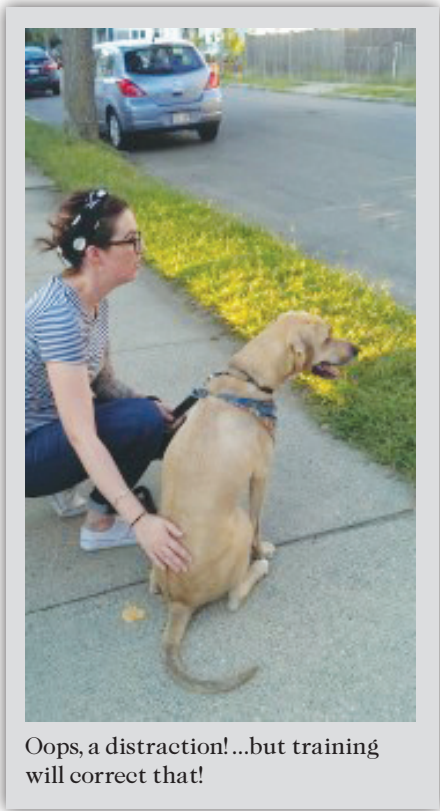
Dog training is more than teaching a dog tricks. It's about teaching a dog

boundaries, the difference between good and bad behaviors, and how to trust his owner. Empowering Trevor and Lauren doesn't include having them dominate or instill fear into Cosmo. Instead, it is about building a relationship based on trust and respect, where Cosmo becomes a reliable dog that responds to his owners, despite any triggers or distractions.

My training program begins with the basics and builds a solid foundation of obedience and recall. Once that is established, we start inserting distractions into the picture, so that a dog is more equipped to face and overcome them.

Territorial aggression is a serious situation. It is crucial that it is not excused or elevated. If you are concerned about your dog's territorial behavior—whether it is over the home, a person, food, or anything else—give me a call at 800-649-7297 or visit my website at www.rockstardogtraining.com. You can also find me on Facebook! •

Daniel Makara is the owner of Rockstar Dog Training.



Storewide New Year's Sale

By Debbie Simone

Ringin' in the New Year is more than just a sale at The Ritzy Chic...it's a BLOWOUT SALE! Look at what we're offering. First, the point-of-purchase sale: items priced from \$5-\$10...you pay \$3 each; items priced from \$11-\$20...you pay only \$8 each; and items priced from \$21-\$35...you pay only \$15 each. But wait, we're not finished. Second, clip out the coupon in our ad and receive 50% off any single item in the store. Third, take 25% off the original price on winter coats. Fourth, take an additional 10% off any clearance item.

WOW...what great deals! (Please note that each offer is its own promotion and

items that fall into the point-of-purchase prices aren't part of an additional 10% off offer or the single 50% off offer with coupon.) Most important, keep in mind that we will donate 25% of net proceeds to the Children's Hospital at the Cleveland Clinic.

Now for the thank yous...to Lu Ann, Carolyn



and Meg from *The Rockport Observer* as well as one other individual for their time, support and donation to the "Fund A Tree Event". I also received a special surprise in the mail from a sweet lady. It was an envelope with a note and six darling ornaments in it.

The letter reads as follows: "Dear Debbie, I am a 14-year cancer survivor. I don't drive now. I don't have a small or large tree. Please accept these ornaments if you can use them. God Bless you and yours, Sincerely, Marilyn."

Marilyn's note and ornaments made it all come together. In fact, when I delivered the last six trees to the

Children's Hospital at the Clinic, I put one of the little ornaments on each tree. I also requested that the childlife nurse post a copy of the letter to give these kids hope. Marilyn, thank you so very much for your love, support and hope for these children.

With this in mind, I am asking again for the support of the community. Come to our sale so that I can give funds to these kids to help with their support...and hope.

The sale starts Friday, January 2, along with our new winter hours: Tuesday through Friday, noon to 6 p.m. and Saturday, 11 a.m. to 4 p.m. The Ritzy Chic is located at 1315 Linda St. in Rocky River; phone is 440-331-5200. Send us an email at theritzychic@windstream.net or visit www.theritzychic.com. I can be reached on my cell: 440-382-6789. Don't forget to clip out the 50% off coupon in our ad to take advantage of this deal! •

Debbie Simone is the owner of The Ritzy Chic. The shop helps support cancer survivors through its consignments and sales.

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Laughter is the sun that drives winter from the human face. — Victor Hugo

HEALTH

Wellness Doc
Become a Fat-Burning Machine

By Bryan Ruocco

I would like to wish all readers a Happy New Year. May your New Year be filled with health, happiness and abundance! As most people set their New Year's Resolutions, I hope one resolution you make is for 2015 to be your healthiest year yet.

I hope you benefit from the information we share in this column, and I wish you a year full of good health.

Hopefully, all of the holiday cookies and chocolates are gone and you can start fresh in the new year. This is the time of the year when we are getting our diets back on track after they were derailed by all the holiday food and fun. Weight loss is often a top priority as we look to get back into shape and drop the holiday pounds.

One of the healthiest ways to do this is by "detoxing" and cleansing your body from the inside out. No, No! I know what you are thinking. I am not talking about a colon cleanse that keeps you in the bathroom all day. I am talking about a whole food body-support program and diet regimen that promotes cleansing of your liver, gallbladder (if you have it), kidneys, lymph system, colon, and other tissues in your body that accumulate toxins.

Cells and Toxins

How important is detoxing your system? I believe toxic overload is one of the main reasons why people lose their health. I like to use a plant for comparison. If I spilled toxic waste near a plant, what would happen to the plant? Of course, the plant would die due to the toxins.

Our bodies are made up of these tiny things we call cells. We have 200 different types of cells in our body. From heart cells and nerve cells to kidney cells and brain cells, all these tiny living cells are what make up our miraculous body and keep our body running as an entire system.

When cells are exposed to an overabundance of toxins, they suffocate and die. This can have an enormous impact on the health of the body. Think about it for a second. If I had a dish full of cells and put something in that dish that was toxic to the cells, what do you think would happen? They would die!

If you had this going on inside you day after day, your body will show signs of ill health at some point. We are exposed to toxins every single day. Some are worse than others, depending on their work environment and such. The air we breathe, the food we eat, the things we drink—there is no getting away from the

toxic load that we encounter throughout our lives.

I once heard from a dear friend and colleague that there are two major reasons why our bodies get sick and lose healthy functioning: Toxicity and Deficiency. Your cells need a clean healthy environment and they need proper nourishment and food to function at a high level at all times. That makes total sense, which is why we need to cleanse our bodies.

Another question: When is the last time you changed the oil and filter in your car? Now let me ask you: When is the last time you cleaned out your filters. Now is the time. And the greatest thing about doing a whole-food-body cleanse is that you become a fat-burning machine and lose weight fast. I see people lose an average of 12 pounds on a 21-day regimen.

What a great way to kick off your new year and feel your best. You will be amazed at how great you feel. The weight loss is just an added bonus. When you begin to cleanse the environment for your cells, you will be surprised by the changes you will experience - more energy, better sleep, clearer thinking, healthier skin, improved digestion, and even pain elimination. A build-up of toxins can be holding you back from



Dr. Bryan Ruocco

feeling great and being your best. Please join Dr. Ruocco for our monthly community health talk on January 28 at 7:15 p.m. at Panera Bread in Rocky River to learn more about this 21-day detoxing program. Become a fat-burning machine and make 2015 your healthiest year ever. Seating is limited to the first 25 that call to register 440-331-4744. •

Dr. Bryan Ruocco is a local chiropractor and wellness advocate. He owns and operates the Power of LIFE Wellness Center located in Rocky River. Dr. Ruocco graduated from the Life Chiropractic College in Marietta, GA. He graduated in the top of his class and received Magna Cum Laude Honors.

Every time you tear a leaf off a calendar, you present a new place for new ideas and progress. —Charles Kettering

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The Etiquette Corner
The Protocol of
Gift Exchange

By Colleen Harding

Is it okay to tell someone that you have exchanged his or her gift? In the protocol world, the answer is NO! It is not acceptable to tell the giver that you have taken back a gift unless it is to exchange it for a different size.

You may be tempted to discuss an exchange because the gift came with a gift receipt. So too, you may know that you will never wear a gift item and want the giver to know that he did not waste his money. You may want the giver to know that you have purchased something you really like and truly appreciate his gesture. However, regardless of the justification, it is not proper to tell someone that you have returned his or her gift.

The holiday season is about giving, not receiving. Although the giver may claim that it is fine by him if you return his gift, telling him about the exchange is counter to good etiquette. If someone wanted you to purchase your own gift, you would have received a gift card or cash. Many givers, especially family members, may verbalize that they want you to have what you really like or want. However, in the end, they don't want to know that what they purchased for you is not to your taste.

So if you are planning on returning a gift this season, please do not mention it to the person who gave it to you. Make your return discreetly. It is better to hold back on any discussion rather than run the risk of hurting the giver's feelings, however accidentally. Remember that a gift is selected and given with the best of intentions. •


Please submit your questions to Mrs. Harding through our website, click on Submit a new story and choose the category "Mrs. Harding".

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No winter lasts forever; no spring skips its turn. — Hal Borland

A January Vegetable Dish

By Alyssa Wiegand

This easy yet gourmet side dish is a healthy yet filling dish for the January detox. Toasted pine nuts enhance the nuttiness of roasted cauliflower, while salty Parmesan and capers pack this dish full of flavor. Serve with roasted chicken or broiled salmon for a complete meal.

**Stovetop Cauliflower with Parmesan,
Pine Nuts and Capers**
Serves 4 as a side dish

- Ingredients**
- 1/8 cup pine nuts
 - 1/4 cup water
 - 1 small head of cauliflower, cut into 1/2-inch florets
 - 2 tablespoons high-quality extra virgin olive oil (we suggest The Olive Scene's Rosemary, Tuscan Herb or Gremolata olive oils)
 - 2 tablespoons capers, rinsed and well-drained (Preferably small, salt-packed ones. If you can only find larger capers, roughly chop them before using.)
 - 2 tablespoons grated Parmesan cheese

Preparation

Heat a large nonstick skillet over medium-low heat. Add the pine nuts to the dry pan, gently toasting them by stirring them every few seconds until they turn light golden-brown. This should only take about 3 minutes. Keep an eye on them! They will burn quickly. Remove them from the pan and set them aside.

Increase the heat to medium. Add the water and bring to a simmer. Add the cauliflower and cover the pan. Steam the cauliflower for 5 minutes. Remove the lid and let the water boil off.

Add the oil to the pan and toss the cauliflower to coat. Spread the florets in a single layer and cook without turning until golden brown, about 4 minutes. Toss the cauliflower and continue cooking until the stems are fork-tender and the florets have dark golden brown spots where they've seared.

Add the Parmesan to the pan, tossing to combine. Plate the cauliflower and sprinkle with pine nuts and capers.

This recipe is brought to you by The Olive Scene in Rocky River. Stop in or visit the store at www.theolivescene.com. Alyssa Wiegand a freelance writer with a passion for food and drink and recipes.




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ROCKY RIVER PUBLIC LIBRARY • CALENDAR OF EVENTS

January 9 from 2:00 p.m. to 3:30 p.m. Why not come to the Library to Sip, Snack, and Craft with Shannon ‘Knitgirl’ Okey, fiber artist, founder of Cooperative Press, and author of 13 books! Ms. Okey will be instructing the group on a simple project and materials will be provided. Registration required.



Sip, Snack, and Craft with Shannon ‘Knitgirl’ Okey on Friday, January 9 from 2:00 p.m. to 3:30 p.m.

January 12 at 6:30 p.m. Join us for “For a Woman” as we continue our Indie International Film Fest, featuring selections from the world’s top film festivals. This 2013 film from France is an historical melodrama about two brothers who fall in love with the same woman. Enjoy fresh, hot popcorn while celebrating the world of cinema. Please note these films have not been rated and should be assumed to have mature content.

January 14 at 3:30 p.m. Teen Pizza Paggers meet for pizza and a book discussion group! Stop by the Reference Desk to register and pick up a copy of the current book. Grade 7 and 8. Registration required.

January 15 at 7:00 p.m. Join us for the Adult Rocky River Readers Book Discussion of “The Light Between Oceans” by M.L. Stedman. After four years as lighthouse keeper on Janus Rock, an isolated Australian island, Tom Sherbourne discovers a baby on board a boat that has washed ashore. Desperate for children, Tom and his wife decide to raise the girl as their own — a decision that changes their lives forever. Read this beautifully written page-turner and come to discuss.

January 20 at 7:00 p.m. Men’s Book Discussion of “A Walk in the Woods” by Bill Bryson takes place. Read this hilarious memoir about Bryson and his overweight friend’s attempt to hike the Appalachian Trail. Along the way you will also pick-up some interesting historical facts.

January 21 at 9:30 a.m. Get expert advice on Protecting Your PC in the New Year. Join us for our popular computer breakfast series and come away with knowledge and advice you can use!

January 21 from 3:45 p.m. to 5:00 p.m. The High School Book Club meets. Join us for snacks and lively conversations. Stop by the Reference Desk to register and pick up a copy of the current book. Grades 9 and up.

January 22 at 7:00 p.m. Our TUNE IN THURSDAY series kicks off the season with the Roy King Quartet. This popular quartet—drummer, guitarist, saxophone and bass—plays a jazzy mix of your favorite standards, as well as its own modern compositions. You may have caught them at one of your favorite clubs like Nighttown.


January 27 from 6:15 p.m. to 8:15 p.m. Play Dungeons & Dragons. Join us for this classic fantasy role-playing game with other teens. Learn how to create a character and embark on fantastic adventures. There is plenty of room for extra Dungeon Masters, too! Grades 7 and

up. Registration required. Locations vary, so call for details.

January 29 at 7:00 p.m. Be part of the Cleveland Play House Script Club. It’s everything you love about a book club, but with a play in the spotlight. Check out the script for The Little Foxes, read it, and register to join CPH Staff to explore the story, characters, and how CPH takes a play from page to stage! This Lillian Hellman drama of ambition and greed in the Deep South warns us to keep our friends close – and our relatives closer. Registration required. Pick up your script at the Reference Desk one month before the meeting and be sure to register online at least two days before.


January 30 at 12:00 p.m. Come over for a Lunchtime Movie. Bring a bag lunch and watch a film selected from our popular new releases. Check the calendar or contact us, and we’ll let you know what hot new movie we’re going to show! Popcorn and drinks provided.

For additional information, call the Rocky River Public Library at 440-333-7610 or visit www.rrpl.org.



“There is nothing in the world more beautiful than the forest clothed to its very hollows in snow. It is the still ecstasy of nature, wherein every spray, every blade of grass, every spire of reed, every intricacy of twig, is clad with radiance.”

—William Sharp



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