

# More

## THAN YOU ASKED FOR

### Episode 21

## “How Regularly Taking Communion Makes a Huge Difference”

### Questions and Comments

Do you have a question for Pastors Jimmy and Kim? Or, maybe you have a comment or idea? They are excited to hear from you! Please email us at [podcast@tfc.org](mailto:podcast@tfc.org) OR you can use the comment section of our website.

### Overview

Did you know communion is not just relegated to Sundays? You can take it alone, at church, or with your family at home! You don't even have to have the perfect bread and red wine or juice. The main idea is to commune with God, remember that we have access to His Kingdom because of Jesus' death on the cross, and ultimately grow in our relationship with God! Communion is a time to be in the presence of Jesus and remember that because of his sacrifice we are participators in an INCREDIBLE inheritance - right here and right now! This reminder of who we are and what we have been given renews both our youth and strength.

On this episode Pastors Jimmy and Kim talk about the importance of a “communion lifestyle” in their home. From their personal journey of understanding the purpose of communion, to how communion can nourish and strengthen your personal relationship with Jesus, this episode will encourage you to regularly take communion – realigning your view of reality with the Lord.

### Questions for Reflection

- What have you learned about the importance of communion that you didn't know before listening to the podcast?
- Why is it important to have communion regularly, even when you aren't at church?
- How would you encourage someone who wants to understand the true purpose of communion even more?

### Resources

- [Luke 22:14-23](#)
- [Psalm 23:5](#)
- [Colossians 2:15](#)
- [John 14:27](#)
- [Hebrews 9:14-17](#)
- [Isaiah 53:4-6](#)
- [Psalm 104:15](#)