

More

THAN YOU ASKED FOR

Episode 11 – “How We Balance Healthy Relationships”

Questions and Comments

Do you have a question for Pastors Jimmy and Kim? Or, maybe you have a comment or idea? They are excited to hear from you! Please email us at podcast@tfc.org OR you can use the comment section of our website!

Overview

According to Maslow’s Hierarchy of Needs, the need to belong is surpassed in importance only by our needs for food, water, and safety. In other words, humans are hardwired to be in relationships. We need this! Despite how much we need them, relationships that are healthy and beneficial don’t just happen – they take intentionality and work.

On this episode Pastors Jimmy and Kim dive into three major areas of friendship – mentors, mentees, and peer friendships. From learning how to identify areas where you might need a mentor, to choosing to be teachable and productive as a mentee, to recognizing the value of shared experiences in peer friendship, this episode is packed full of wisdom, helpful tips, and encouragement! We know you’re going to love it!

Questions for Reflection

- How are you currently experiencing these three levels of relationship?
- What has been your experience with mentee/mentor relationships?
- How would you encourage someone who is struggling to find and make real peer friendships?

Resources

- [Maslow’s Hierarchy of Needs](#)
- [Hebrews 6](#)
- [Romans 12:15](#)
- [Proverbs 18:24](#)
- [TFC.org/Media](#)
- [Galatians 6:7-9](#)