

More

THAN YOU ASKED FOR

Episode 10 – “How We Make Decisions”

Questions and Comments

Do you have a question for Pastors Jimmy and Kim? Or, maybe you have a comment or idea? They are excited to hear from you! Please email us at podcast@tfc.org OR you can use the comment section of our website!

Overview

The average person makes something like 35,000 decisions every single day! Wow, that's a LOT of deciding. Whether it's what to eat for breakfast, how to spend your day, or even how to parent your children, our decisions matter. Trying to make the right decisions, however, can begin to feel a little stressful and even tense when the framework for those choices isn't clearly define.

On this episode Pastors Jimmy and Kim explain how they approach decision making by using the Decision Triangle. From determining foundational values to setting goals and planning strategies to evaluating resources – the decision triangle places every decision within the framework of a plan. Whether you're married, single, new to adulting, or an old pro, this episode definitely has something for you!

Questions for Reflection

- How do you currently make big decisions?
- What are some of your personal values or beliefs when making a decision?
- How would you encourage someone else who is struggling with decision making?

Resources

- [Parable of the Talents](#)
- [Ray Lewis](#)
- [Decision Triangle Journal](#)