

How to Be Free

Get Out of God's Chair - Day 1

God, you are the judge, not me!

If you've ever experienced a serious hurt before, odds are you have also experienced what it feels like to carry around continued pain, anger, or resentment towards that person. This might look like regularly replaying and reliving what happened in your mind, imagining what you'd say to that person if given the chance, and even thinking of consequences or punishments that this person deserves for how you were treated – all of this is an indicator of an area of unforgiveness.

Jesus, through his completed work on the cross, paid the debt for all sins – freely offering forgiveness to each of us. This debt was more than we could ever hope to repay, and he wiped it permanently clean! Jesus was the only one who could cover what we owed, and because of this – he is the ONLY one qualified to sit in the judgement seat of others. Forgiving is NOT an option.

In *Matthew 6:12 (TPT)*, Jesus is in the middle of teaching his disciples how to pray when he clearly addresses unforgiveness. He says, “*Forgive us the wrongs we have done AS we ourselves release forgiveness to those who have wronged us*” – in other words, we receive the mercy of forgiveness ONLY when we release the mercy of forgiveness to others! This doesn't mean unforgiveness keeps us from going to Heaven, but it does keep us from living in the fullness of God's Kingdom Realm right here and right now. It's a weight we were never meant to carry!

As you consider areas where you need to release forgiveness, pray the following – God, you are the judge, not me! I choose to forgive, release, and bless this person for the pain they have caused me. Thank you that because I am one of the forgiven, I am ALSO able to forgive!