The South Dakota Soybean Checkoff is excited to sponsor their first soybean growing contest for kids of all ages! Stay tuned to the South Dakota Soybean Facebook page for updates on the contest and educational games and activities for all ages. This Super Sprouts program aims to teach kids more about soybeans and agriculture while engaging families in fun activities at home.

**Contest Details:**

**Rules:**

Seeds are to be planted on or after April 20th, 2020 to ensure all students have a fair growing length. Regular measurement and observation of the plants are encouraged but not required. The final day for measurement is May 11th, 2020. Measurements must be taken from the top of soil to the longest stem stretched. A photo of the plant with a ruler or tape measure to show height must be submitted to the South Dakota Soybean Facebook page or to sdsbrpc@sdsoybean.org no later than May 11th at midnight.

**Important Dates:**

- **April 20th**— Planting Day, **DO NOT PLANT SEEDS BEFORE THIS DATE**
- **April 27th and May 4th**— Check in days (strongly encouraged but not required). Submit photos of how your plant is growing on Facebook by sending to SD Soybean or by using the hashtag #supersproutssd Kids submitting photos for check ins will be eligible for an additional prize!
- **May 11th**— Final Measurement photos must be submitted by midnight by messaging the SD Soybean Facebook page or emailing to sdsbrpc@sdsoybean.org
- **May 13th**— Winners announced on the SD Soybean Facebook page

**Age Groups:**

- Kindergarten and Under
- 1st– 4th Grade
- 5th– 8th Grade
- 9th– 12th Grade

**Prizes:**

The tallest plant in each age category will receive a $25 Barnes and Noble gift card.
Additional prizes may be awarded for check in photos and social media engagement.
Planting Instructions:

Materials:
- Soybean Seeds (Provided by SD Soybean)
- Soil (Potting soil or soil from outside)
- Scissors
- Water
- Planting Containers (Styrofoam cups, old peanut butter jar, etc.)

Procedure:
1. Poke a small hole in the bottom of each container to allow water to drain out.
2. Fill the containers half full with soil.
3. Place one seed in each cup. Push the seed about half an inch into the soil. Then, fill the hole lightly with soil. **(REMEMBER NO PLANTING BEFORE APRIL 20)**
4. Lightly water the soil, it should be moist, but not wet.
5. Place cups in a window or porch to get some sun.
6. Keep the soil moist throughout the growing period.
7. (Optional) Record heights of your plants on the chart provided throughout the growing period and submit photo updates on FB to SD Soybean or by using the hashtag #supersproutssd
8. (Optional) Check in on the SD Soybean Facebook page for videos and learning activities all about the soybeans you’re growing.
9. Measure the final height of your tallest plant from the top of the soil to the top of the stem, stretched. Photograph the measurement and submit it to SD Soybean by midnight on May 11th.

Questions? Reach out to us on Facebook or email sdsbrpc@sdsoybean.org!