



Saturday, July 29th, 2023

Dodge Park Farmers Market Pavilion

Day of registration 7:30am
Race Starts 9:00am

Early packet pickup
Friday, July 28th,
11am - 3pm
at The Sterling Heights
Community Center Offices

Sterling 5K Fast
DODGE PARK / JULY 29, 2023
RUN / WALK

T-shirt deadline to everyone registered by July 17th

PLEASE PRINT CLEARLY * USE SEPARATE FORM FOR EACH RUNNER

First Name _____ Last Name _____ D.O.B. _____
Street _____ City _____ State _____ Zip _____
Email _____ Phone _____

CHECK PAYABLE TO:
The City of Sterling Heights

MAIL TO:
Hanson's Running Shop
8409 Hall Road - Utica, MI 48312
Attn: Sterlingfast 5k

Online registration:
www.eastsideracingcompany.com

Entry Fee

PRE-REGISTRATION

5K Run:\$25
until July 17
\$30 July 18-28

DAY OF RACE
5K Run:\$35
Additional Donation:

Shirt Size

UNISEX

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> YOUTH MED | <input type="checkbox"/> ADULT LARGE |
| <input type="checkbox"/> YOUTH LARGE | <input type="checkbox"/> ADULT X-LARGE |
| <input type="checkbox"/> ADULT SMALL | <input type="checkbox"/> ADULT 2X- LARGE |
| <input type="checkbox"/> ADULT MED | |

WAIVER - PLEASE READ THE FOLLOWING STATEMENT CAREFULLY AND SIGN BELOW BEFORE SUBMITTING ENTRY: In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against EnMotive, Eastside Racing, City of Sterling Heights, Running Away, LLC and its affiliates, their agents, employees, officers, directors, successors and assigns and any and all sponsors, their representatives and successors, that may arise as a result of my participation in the Sterlingfast 5k and any pre- and post- event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising, without monetary payment to me.

Participant's Signature _____

Date _____

Parents Signature (if participant is under 18 years) _____ Date _____