

COUNSELING INFORMATION

Dr. Roy Austin, PhD., LPC, LMFT

www.royaustin.com

270 Redbud Blvd. Suite 101

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972.562.4998

Dr. Austin maintains a general practice and guides those who need assistance with life's "everyday problems." His areas of counseling emphasis include marital and family therapy, including remarriage and blended families. Dr. Austin also does individual therapy for treatment of depression, anxiety disorders, grief recovery, life change adjustment, stress management, communication and conflict issues, and separation and divorce guidance.

Brent Dunn, LMFT, LPC MMFT

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2591 Dallas Pkwy., Suite 300

Frisco, TX 75034

214.459.0515

Brent is a Licensed Marriage and Family Therapist (LMFT) and Licensed Professional Counselor (LPC). He helps couples, families and organizations seeking to improve relationship dynamics. His passion areas include helping people resolve anxiety issues, emotional aspects driving financial problems, and all issues related to achieving a better marriage and/or other significant relationships.

Kleina Fellemente, LCSW

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Frisco, TX 75033

214.618.2065

Kleina is a genuine, compassionate and caring person who has a calling to help hurting people. She brings years of life experience as well as formal education to her sessions and is constantly reading and attending continuing education classes to stay on the cutting edge of today's issues. She brings hope and humor to the sessions while offering concrete steps to answers and encouraging the client to move forward. Clients often say they feel better when they leave a session than they did when they came even when dealing with painful issues. Kleina believes the Bible is correct when it states that "without a vision, the people perish" and so strives to help her clients see beyond the trouble of the present.

R. Scott Gornto, MDIV, LMFT, CST

www.rscottgornto.com

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Scott is a licensed marriage and family therapist, former pastor, certified sex therapist, speaker, and author. Since 1998, Scott has worked with individuals, couples/marriages, adolescents, families, groups,

churches, executives and leaders. He's the creator of the Auxano Approach to relationships, The Truth About Marriage workshops and intensives for couples, the RQ Relational Intelligence program for C-level executives and leaders, and the author of *The Stories We Tell Ourselves*.

KJ Hurt, M.A., LPC

www.kjhurt.com

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KJ Hurt offers professional counseling to children, teens, and adults in McKinney and surrounding areas. She is a Licensed Professional Counselor dedicated to providing her patients with the highest levels of psychotherapy counseling in the North Texas area. KJ approaches counseling with a Cognitive-Behavioral Therapy mindset that has proven to be successful in treating a number of conditions like depression, anxiety, mood disorders, and stress management. Cognitive-Behavioral Therapy, or CBT, aims to help clients increase insight about how their thoughts, feelings, and behaviors relate to each other.

Rhett Smith, LMFT

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Rhett is a licensed marriage and family therapist and former pastor with more than 20 years of experience helping people transform their lives and relationships. Rhett works with individuals, couples and families; he specializes in relational issues (dating, premarital, marriage), anxiety, self-care/wellness. His goal is to help his clients become aware of what holds them back, and then empower them to learn, grow and connect as a person, and in relationships with others. Rhett is the author of *What It Means to Be a Man* and *The Anxious Christian*.

Tara Wedemeyer, MS, LPC, NCC

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Tara is a Licensed Professional Counselor, who works with adolescents and adults. She received her Master's in Counseling and Development from Texas Woman's University and her Bachelor of Science from the University of North Texas. She specializes in helping people achieve their goals, gain better balance, and overcome difficulties, thus facilitating cognitive, emotional, and behavioral growth. She has experience in individual, group, and family therapy. Tara uses research-based approaches and is trained in relaxation therapy, substance abuse, and play therapy. She is committed to joining her clients on their journey to health and wholeness. Tara is passionate about life and people and creates a warm, safe, and creative environment.

Dean Wisdom, LPC, RPT, Supervisor, NCC

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Wisdom Professional Counseling professionals work with individuals, couples, families, teenagers, and children—no matter the issue, no matter the challenge. Our areas of treatment include: couples therapy, pre-marital counseling, individual counseling, play therapy, men's issues, divorce and separation counseling, and parenting issues. They help people dealing with stress, anxiety, depression, sexual abuse, domestic violence, and trauma. Other areas of expertise include navigating ADHD, conflict, grief, self-esteem, bi-polar disorder, anti-social behavior, aggression, and bullying.