Serving the Tri-City Area of Parma, Parma Heights, & Seven Hills

# Seven Hills' Home Days July 21-23

by Tony Biasiotta

I cordially invite all of you to the Seven Hills Home Days! The three-day event which will span from July 21st to the 23rd at the Seven Hills municipal complex, is back this year and will be better than ever! You will be able to find everything from food and carnival rides to fireworks and nonstop music. Something to do for the whole family.

Music is the part of the spotlight at Home Days, there will be a variety of performers covering all genres over the course of the weekend. Leading off at 8 pm on Friday night will be crowd favorite One Night With You: Elvis. Friday will also feature Boaterhead and their smooth rock in the Beer Tent. On Saturday, the Beer Tent will feature country band Bronx Country. The main stage on Saturday will present The Shout Band who brings all popular music from all eras at 8 pm. On Sunday, closing out the event will be Ace Molar

rocking in the Beer Tent at 5 pm, while the Brian Papesh Party Band will be bringing their mix of party music to the Main Stage at 5:30 pm.

The music, however, isn't the only show entertaining the crowds this weekend, as there will be fireworks Friday brought to you by Cox Communications and Saturday (grand finale) sponsored by Legacy Health Services. Both shows start at 10 pm. You can also catch the Safety Fair at the Seven Hills Recreation Center on Saturday afternoon at 1 pm. The Safety Fair will feature everything involving Police and SWAT vehicles to Fire trucks and a Life Flight Helicopter, where visitors can interact with officials and equipment.

There will be no shortage on food and drinks with a wide selection of different vendors, including Swine Barbeque, Sue's Perogies, and The Original Greek Gyro's. Classic carnival food such as elephant ears and funnel cakes will also be available through Buckeye Concessions.

The Kidz Zone, sponsored by St. Columbkille school, will have a full schedule throughout the weekend. Join us Saturday at 3 while we celebrate children's movies with opera singer Julie Anna Gulenko and accompanied by movie princesses, with a meet and great to follow. You can also take part in like the mysterious tricks of Magic Mike, the foam party with Dr. UR Awesome, and animal encounters with Nora the Explorer, as well as crafts and activities.

Sunday is community day at Home Days where we have our residents showing off their talents. We will have activities such as BINGO, the Adorable Baby Contest, the Seven Hills Hall of Fame ceremony, a Cornhole tournament, resident musicians, and a community raffle drawing at 4 pm.With something to do for everyone, this is setting up to be a great Home Days. We cannot wait to see everyone there! For a full schedule of events, please visit www.sevenhillsohio.org.



Volunteers collect bags of donated food that spectators give during the Parma Independence Day Parade.

# Parma's Independence Day Parade Kicks off Christmas In July Food Drive

by Carolyn Kovach

The City of Parma will launch its month-long Christmas in July Food Drive at its Independence Day Parade, starting at 10 a.m., Tuesday, July 4. Volunteers and city workers walking next to the Christmas in July float will collect donations along the parade route, which will travel south on Ridge Road from Snow Road to West Ridgewood Drive by The Shoppes at Parma. Spectators can bring their donations to the parade. When they see the Christmas in July float, they should wave down volunteers, who will then walk over to them to take their bagged items. The donations will help fill the Parma Hunger Center's food pantry.

Items needed are boxed, bagged and canned nonperishable food items, as well as products such as napkins, facial tissue, paper towels, toilet paper, toothpaste, soap, shampoo and other toiletries.

In addition to the parade collection, donations will be collected throughout July in blue plastic bins at Parma City Hall's front lobby and Council Chamber, Donna Smallwood Activities Center, University Hospitals Parma Medical Center's front entrance and the Snow Road and Powers Boulevard libraries. These collection sites will be available starting Friday, July 7. Donors should look for blue plastic bins marked with signs that read: Christmas in July Food Drive, Donations for Parma Hunger Center. "Most people make food donations during the holidays,

but it's not on their minds during the summer months," said City of Parma Communications Director Carolyn Kovach, who organizes the annual food drive. "Independence Day is a summer holiday when we can remind residents not to forget about the Parma Hunger Center and the residents who need support, especially for those on tight budgets or fixed incomes."

The Christmas in July Food Drive began several years ago under the direction of the City of Parma Mayor's Office.

"Last year, our blue plastic bins were filled to their brims with donations during the parade and at the collection sites. Residents were generous, and we hope to see that generosity again this year," Mayor Tim DeGeeter said. "We appreciate the hard work of the Parma Hunger Center's volunteers and the important role they play in helping residents. This is our way to support the Center."

In addition to in-person donations, online donations are a convenient option. Residents can go to the Parma Hunger Center website at www.plcparma.org/donate.html to donate. After clicking on the donation button, the donor should select the Parma Hunger Center food program to donate and then indicate the contribution is for the Christmas in July campaign.

For questions about the Christmas in July Food Drive, email ckovach@cityofparma-oh.gov with the subject line Christmas in July.

# **GM Parma Stamping Reinforces Commitment To Parma Community Through Non-Profit Grant Program**



by Kevin Nadrowski

General Motors recently completed the national grant distribution of its 2023 Community Impact Grants (CIG) Program to its recipients – totaling \$3 million in grants to 157 nonprofits across its U.S. manufacturing communities.

In Parma, Ohio, this meant \$75,000 in grants to four nonprofits.

The CIG program is one example of how General Motors supports growth in local communities. Through this program, local manufacturing facilities collaborate with GM's corporate giving arm to identify nonprofits helping address local issues facing their community.

"The generosity of GM

continued on page 6

## **Script Parma Picture Of The Month**



This month's picture of the month was submitted by Theresa on behalf of the Wall of Books Parma store and depicts Francis The Reading Flamingo. Theresa will receive a gift card courtesy of Chuppa's Market Place. If you would like to submit a photo for the contest, please email it to Sean Brennan at pierogie5k@gmail.com. Be sure to include your name and address.

cial elections were virtually outlawed just back in December by the General Assembly as a waste of taxpayer dol-

lars and the fact that few people vote in

them by many of the same folks who

voted to place this issue on the ballot

vote to change our state constitution

has resulted in positive changes in our

state. For instance, the people voted to

eliminate taxes on food, adopt a min-

imum wage, create legislative term

limits, officially recognize women's

right to vote, allow non-white people

and women to serve in the National

Guard, and approve the job creating

Third Frontier Program and environ-

mentally friendly Clean Ohio Fund,

on August 8 to protect the concept of

"one person, one vote" in Ohio. It is truly

an honor to be your voice at the Ohio

Statehouse. Happy Independence Day!

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and opinions of The *Parma* 

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In closing, I urge you to vote "NO"

among other good measures.

Further, allowing the people to

this August.

# **COMMUNITY NEWS**

# The Representative's Corner

by Sean Brennan, State Representative, Ohio's 14th District

I have had many folks asking me lately about Issue 1 which will appear on the August 8 Special Election ballot. As I mentioned last month, I voted against placing this undemocratic issue on the ballot at a cost of \$20 million to hard working Ohio taxpayers. I am joined by an overwhelming number of bipartisan leaders from around the state who will be voting "NO" on Issue 1 on August 8.

Currently, it takes a majority (50% + 1) vote of the voters to change our state constitution. It has been this way for over 100 years and gives Ohio voters a voice when their state government does not listen to them. There are essentially two methods to place an amendment on the ballot. First, the Ohio General Assembly can vote to do so. The other method is known as resident initiative. In that case, supporters of an amendment need to collect over 400,000 signatures from 44 of Ohio's 88 counties. This is very difficult to do, which is why it does not happen very often.

Issue 1, which was placed on the ballot by a partisan vote of the Ohio General Assembly, will destroy majority voter rule in Ohio. For instance, if it passes, in order to get an amendment issue on the ballot, signatures equaling 5% of those who voted in the last election for governor in all of Ohio's 88 counties would have to be gathered. Folks, this would be a nearly impossible task. In fact, counties with small populations, such as Vinton County with only around 15,000 residents (many



State Representative Sean Patrick Brennan with Cleveland Teachers Union President Shari Obrenski and Ohio Federation of Teachers President Melissa Cropper. They have joined a bipartisan group of Ohio leaders to vote "NO" on Issue 1.

are Amish who do not vote), could prevent a very popular issue from making it to the ballot for voter approval.

Further, Issue 1, would require 60% voter approval for amendments. What that means is that 40% of Ohioans would now have more power than the majority when approving amendments. In other words, if you vote for Issue 1, you are voting to make your vote worth less. Do not be fooled by the misleading ballot language.

Four former Ohio Governors (Republicans John Kasich and Bob Taft and Democrats Ted Strickland and Dick Celeste), five former Ohio Attorney Generals (Republicans Jim Petro and Betty Montgomery and Democrats Richard Cordray, Lee Fisher, and Nancy Rogers), and a multitude of state organizations from throughout the political spectrum say no to allowing minority rule in Ohio.

Keep in mind that August spe-

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## Picnic In The Park - Save The Date!

by Kathryn Mabin

Picnic in the Park, brought to you by the non-profit We Are Parma Proud, will be held Saturday, August 5th, 11 to 2, at Veterans Memorial Park (between State & W 54th). Save the date. This admission free event features area nonprofits, arts & craft vendors, food trucks, games for the kids, and live music.

Kicking off the event this year, something new, a Flamingo Theme Pet Parade at 10:30 am. A panel of judges will be on hand and prizes will be awarded. For details on this fun event go to the We Are Parma Proud Facebook page.

Non-profits like PTA's, Operation Happy Pups, and Ridgewood Garden vendors will have art, candles, crochet, wood crafts, mini resin figures, henna choices like lemonade, fries, BBQ, cotton candy, jellies, seasoning and more. races, old time outdoor fun with prizes.

information on how you can participate email parmaproud1@gmail.com,

Club will be participating. Arts & crafts string art, coasters, jewelry, macrame, tattoos, tees and so much more. Food Games include musical chairs, sack Plus live music. Something for everyone.

Non-profits and vendors for more

WE ARE PARMA PROUD'S PICNIC IN THE PARK AUGUST 5th 11am - 2pm Veterans Memorial Park Flamingo themed pet parade with three judged grand prizes!\* GAMES | MUSIC | FOOD TRUCKS

or follow the We Are Parma Proud Facebook page.

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# **HEALTH AND WELLNESS**

# Seven Hills Farmers Market, Nine Years Of Local Deliciousness!

by Kathy Holland

The Seven Hills Farmers Market (SHFM) opens Thursday, July 6, 4:00-7:00 PM and continues every Thursday through September 28, 2023. This open-air, producers only market selling directly to consumers, features delicious local produce and artisan products. The market can be found at 7221 Broadview Road, Seven Hills, Ohio 44131, with free parking behind Fire Station #1.

Everything at the SHFM is brought to you by local farmers and small business owners. Day after day, these dedicated families grow the produce we love as well as creating the jams, bakery, skincare products, pet treats and more, that we enjoy. Invisible to many of us, yet part of our lives, the vendors are the bedrock of the market and are also members of our community. The act of shopping at a farmers' market is completely different from shopping at a grocery store. Fos-

tering personal connections, providing great customer service, and possessing exceptional product knowledge, our market vendors add to the vibrancy of our city. When you shop at the Seven Hills Farmers Market, you are paying a small businessperson directly, which not only keeps small businesses solvent, but also strengthens our local economy.

As a food consumer, the SHFM is a great place to learn more about the items offered. From in-season fruits and vegetables to carefully hand-crafted items from bakery to treats for the furry members of your family, you can meet the farmer or artisan and ask questions about their products. They are happy to share their expertise!

Please stop by, enjoy the outdoors, listen to the music, have a bite to eat from the food truck and know that your purchases support local small businesses in our community.

The SHFM food truck and entertainment summer schedule:

July 6 – Barrio Taco Truck. Music Wayne Tomsic Combo.

July 13 – Cheesy Dave's./ Riley Perry.

July 20 – Smash Time. Music/Cleveland's Backstreet Blues Band.

July 27 – Boss ChickNBeer. Music/ The Barlow Boys.

August 3 – The Cedar Grill. Music/ Kennedy & Daine.

August 10 – Manna Truck. Music/ Small Craft Advisory.

August 17 – Pork In The Road. Music/Hip To That.

August 24 – Empanadas On Wheels. Music/Gemstone.

August 31 – Blasion Fusion. Music/Cleveland's Backstreet Blues Band.

September 7 – Cheezylicious. Music/Wayne Tomsic Combo.

September 14 – Bearden's Food Truck. Music/The Baker's Basement.

September 21 – Barrio Taco Truck. Music/The Barlow Boys.

September 28 – Slyman's Tavern. Music/Gemstone.

Please patronize our Seven Hills Farmers Market sponsors: The Loan Gals at Cross-Country Mortgage, Taleris Credit Union, Inc. and Vince Hrobat Insurance Agency, Inc.

The Seven Hills Farmers Market; growing community by inspiring healthy, sustainable, abundant living!







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**UH Parma Medical Center** 7007 Powers Boulevard, Parma



# **GLIMPSES OF THE TRI-CITY AREA**

# A New Way To Age In Place

by Geoffrey Moore

Home Instead Lakeview will host an Open House on July 12 th from 10:00 a.m. - 12:00 noon. Our "Share Care" home offers a new way to receive 24-hour care in a single-family home at less than half the cost of our traditional home care. We call it "Share Care" because, in essence, the residents split the cost of around-the-clock care. For some seniors it's the perfect solution. With a Care Professional-to-resident ratio of 3:1 (and no more than 5:1), our residential facility is very different from a traditional"group home." Our Care Pros engage with our residents at a level no other facility in the area can match.

Our care is provided by screened,

bonded, trained, and specially selected Home Instead Care Pros. At least one Care Pro is in the home at all times and Care Pros never sleep in the home. Home Instead Lakeview offers a safe, quiet, and comfortable alternative to larger facilities. In this intimate setting, residents receive personalized attention and engagement that enhances life

Early In-Person Voting Hours

July 11-14: 8:00 a.m. - 5:00 p.m.,

July 17-21: 8:00 a.m. - 5:00 p.m., July

24-28: 8:00 a.m. - 5:00 p.m., July 31: 7:30 a.m. - 7:30 p.m., August 1: 7:30 a.m.

- 8:30 p.m., August 2-4: 7:30 a.m. - 7:30

p.m., August 5: 8:00 a.m. - 4:00 p.m., and August 6: 1:00 p.m. - 5:00 p.m.

must be postmarked by this date

are open from 6:30 a.m. - 7:30 p.m.

August 7: Mailed absentee ballots

August 8: Special Election - Polls

August 8: Absentee Ballots may be

returned by mail or personally deliv-

ered to your county board of elections.

If not returned by mail, absentee bal-

lots must be received by your board of

receive absentee ballots that have been

voting location, check your voter reg-

istration, register to vote, update your

voter registration, request an absentee

ballot, etc. at (216) 443-8683 (VOTE)

or boe.cuyahogacounty.gov.

postmarked on or before August 7.

August 12: Last day for boards to

Call or visit the Cuyahoga County Board of Elections website to find your

elections by 7:30 p.m.

elections by 8:30 p.m.

For July & August

in every way. Home Instead Lakeview is licensed by the State of Ohio as an R-2 residential care facility and can accommodate up to 5 residents.

#### Here are more details:

•Our 2,000 square foot home is spacious and bright. The family room and living room provide ample

space for residents to enjoy music, games, crafts, puzzles and their favorite TV shows.

•Room & Board includes all meals, snacks, beverages, utilities, cable, phone and wireless internet.

Transportation to appointments is available as an add-on service.

•24-Hour care includes third shift, hands-on care.

•Each resident has their own bedroom, filled with their own personal belongings. We will also make

room for a resident's favorite chair in the family room, if desired

•Family and friends may visit whenever they like or may plan outside activities with their loved one.

•Our households are filled with joy, due to the personal relationships we form with our clients.

The Home Instead office that serves Parma and the surrounding area was established in 1998. Over the last two decades, we've cared for thousands of seniors who wish to remain in their own homes. Home Instead Lakeview is offered as an alternative to in-home care for our clients who desire aroundthe- clock, hands-on care in a nicely appointed home at an affordable cost. We also have a Share Care home on Vicksburg Drive in Parma. Please call 440 734-7441 for details.

## August 8 Special Election Important Dates

by Sean Patrick Brennan

Below are some important dates regarding the upcoming August 8 Special Election that was the topic of my column this month.

July 10: Deadline to Register to Vote

July 11: Absentee Voting by Mail begins (ends August 7)

July 11: Early In-Person Voting begins

August 1: Absentee ballot applications must be received by your board of

Ward 6 Parma City Councilman Kevin Kussmaul with friends from Young Professionals of Parma helps to staff the very popular beer tent at the Parma Area chamber









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DIVORCE When divorce seems to be the only answer, we can provide the professional advice you need to make sound decisions about your future. Know your rights concerning alimony, child support, and pension benefits



# **INSPIRATION**

# Hometown Heroes....The Myth of Independence Day

by Tony Kessler

Independence Day (July 4th) is commonly but falsely associated with the military, the fact is that Independence Day has no affiliation with the military. The firing of military guns and cannons on this day lead to the assump-

tion that this day was in fact a military related event. The gun salutes heard on this day were actually salutes to represent the original thirteen founding colonies. This is the day the thirteen colonies declared independence from Great Britain. More importantly, July

## **Standing Outside Mabel's At Sunset**

by Jeremy Jusek

Push up, kettle drum, against my sneakers East 4th is calling—boosted bass line thrum-beat boo, the music found me, each color's a catch: violet streaking through percussion, orange and red starbursts springing from tonight's comic headlining Hilarities. Strings of white lights criss-cross over the red brick street releasing their fireflies over chatting patio diners while the crowd jostling toward Progressive Field thins and Prospect's flowering planters are once again in view. Stand down, sunset, hide behind Key Tower, refract the spirits rising against the settling twilight spatter outward the clots like a sliced vein still spurting in tune with the heartbeat. Mingle with the other wolves and skunks waiting to catch a bus, watching folks heading toward the West 25th Street Bridge with their carryout, expecting the glass chimneys to shatter from volcano ash.

Jeremy Jusek is Poet Laureate of Parma



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4, 1776, is the day the Declaration of Independence was signed. (It was actually signed on the 2nd of July)

Some speculate that the deaths of Thomas Jefferson and John Adams on July 4th, 1826, is what brought this day to recognition. It was not until 50 years later, in 1870, that Congress officially recognized the holiday. Today, this holiday is celebrated with picnics, fireworks, the American flag, and lots of family time. Although it is not related to Military or Veterans, it is still considered a patriotic celebratory day.

The Difference between Independence Day, Memorial Day and Veterans Day is that Memorial Day and Veterans Day are military related as they both honor our war veterans. However, the distinguishing difference between the two holidays is that Veteran's Day celebrates all veterans - living or dead. Memorial Day is reserved to honor

and pay respects to the military lives that have been lost. Veterans Day is celebrated on November 11th each year. Memorial Day...originated during the Civil War Era it was known as Decoration Day. Although it has evolved into a day of parties and picnics, it was originally set aside for Veterans, families, and civilians to remember their fallen loved ones by decorating grave sites of soldiers and servicemen. It was not meant to be a 'happy" day, but one of sorrow and remembrance. Independence Day is accepted as a "happy" day but has no known affiliation to the military or to veterans.

Note: The newly formed "Parma Area Senior Veterans" meetup group meets the last Friday of each month at 1pm at the Donna Smallwood Activity Center. If you are a senior veteran, we invite you to Join our meetup and follow us on Facebook: parmaareaseniorveterans

# Faith Community Directory

#### **All Faiths Pantry**

P.O. Box 34239 Parma, OH 44134 216-496-4329 allfaithspantry.org

#### **All Saints Episcopal Church**

8911 West Ridgewood Drive, Parma, Ohio 44130, 440-888-4055 parishadmin@allsaintsparma.org

#### **Bethlehem Lutheran Church**

7500 State Rd. Parma, OH 440-845-2230 www.blc7500.com

#### **Divinity Lutheran Church**

nity Lutneran Gnurch 11877 Blossom Ave. Parma Hts., OH 44130, 440-845-2060

## www.divinitylutheran.com The Islamic Center of Cleveland

6055 W. 130th St. Parma, OH 44130 216-362-0786 www.iccleveland.org

#### Ridgewood United Methodist Church

6330 Ridge Rd. Parma, OH 44129 440-885-1360 www.ridgewoodumc.org

#### St. Bridget's of Kildare Church

5620 Hauserman Rd. Parma, OH 44130 440-886-4434 www.Stbridgetparma.com

#### Holy Family Catholic Church

7367 York Rd. Parma, OH 44130 440-842-5533 www,holyfamparma.org

#### **Parma Christian Church**

7000 Ridge Rd., Parma, Ohio 44129, 440-842-1614 www.parmachristianchurch.org

#### Calvary Lutheran Church

6906 W. Pleasant Valley Rd., Parma, Ohio 44130 440-845-0070 CalvaryParma.360unite.com



# **NEIGHBORHOODS**

## New Colorful Playgrounds Will Replace Dated Equipment In Three Parma Parks

by Carolyn Kovach

This summer, new playground equipment will replace 30-year-old equipment at three City of Parma parks: Walters Grove, John Petruska and Hetzel.

Snider Recreation began construction in June at Walters Grove. The company will work on John Petruska next and then Hetzel. Walters Grove and John Petruska are two of Parma's busier parks. All three installations of Burke



playground equipment should be completed before the end of summer.

"The playgrounds will all be mod-

# **GM Parma Stamping Reinforces Commitment To Parma Community Through Non-Profit Grant Program**

continued from page 1

and our workforce in this community inspires me every day," said Amy Carrier, plant director at GM Parma Stamping. "GM has been in this community for more than 75 years and we see the positive impact these local organizations can have when they have the resources to do so. Whether it's an investment of time or money, we are committed to serving and growing with the greater Parma community and all of the communities in which GM employees live and work."

The 2023 Parma-area grant recipients include:

Big Brothers Big Sisters of Greater Cleveland – grant funds will be used to support 40 new one-to-one mentoring relationships that defend, inspire, and empower the potential that lives within every kid.

**Grant Program**Big Creek Connects – grant funds will be used to support the Greater Cleveland Stream Monitoring Program, which introduces middle and high school students to watershed stewardship and the application of science, technology, and engineering with

professionals during field visits.

Greater Cleveland NSBE Jr – grant funds will be used to support various initiatives to increase the number of culturally responsible Black Engineers who excel academically, succeed professionally and positively impact the community. Partnerships and programs will introduce urban youth to opportunities that an engineering/STEM career can offer.

United Way of Greater Cleveland – in partnership with local organizations, grant funds will be used to support United Way's Family Stabil-

ular structures with various activities. They will have separate swing set bays," said Parks and Recreation Department Director Mickey Vittardi.

Vittardi explained that the playgrounds will have similar features, such as slides, swings and climbing structures but different color schemes. For example, the Walters Grove playground in Ukrainian Village is blue and yellow.

All three playgrounds are expected to cost \$135,000 total. A 2022 Ohio Capital Budget Grant for community recreation upgrades is covering two-thirds of the cost, with the city covering the remaining \$45,000.

"Our Recreation Department does an excellent job of applying for grant money. With 18 parks in the city, it is a lot to maintain and update. Grant dollars help us make our playgrounds and parks more attractive to families with young children," said Mayor Tim DeGeeter. "These new playgrounds will help encourage children to get outside and play. I anticipate seeing more activity at these popular parks when the new equipment is installed and play areas finished."

Assistant Recreation Director Dave Ehlert said when choosing new playground equipment, the Recreation Department considers accessibility, appearance, durability, safety and the various activities or exercises the equipment promotes. "Playgrounds have changed significantly since the time the older equipment was installed. Today's equipment is more colorful, dynamic and multi-generational. The designers also factor in free movement, fitness and flexibility. The steep metal slides and old-school jungle gyms, seesaws and metal merry-go-rounds are long gone."

ity Initiative, which provides financial assistance for mortgage payments, utilities, or property taxes to Cleveland families in need, allowing children to remain in their home school.

Since 2019, GM has granted more than \$13 million to nonprofits in its facility communities, and \$215,000 to the Parma region through the Community Impact Grants program.

General Motors (NYSE:GM) is a global company focused on advancing an all-electric future that is inclusive and accessible to all. At the heart of this strategy is the Ultium battery platform, which will power everything from mass-market to high-performance vehicles. General Motors, its subsidiaries and its joint venture entities sell vehicles under the Chevrolet, Buick, GMC, Cadillac, Baojun and Wuling brands. More information on the company and its subsidiaries, including OnStar, a global leader in vehicle safety and security services, can be found at https://www.gm.com.



## **PARMA HEIGHTS**

# **Celebrate Ice Cream Month At Lumpy's Shake Shop**

by Emery Pinter

Here is the good news for those wilting in the sweltering summer heat, July is National Ice Cream Month! National Ice Cream Month was signed into public law by President Ronald Reagan on July 9, 1984, and celebrates all things ice cream!! So my goal for July is to stop by several times and grab a treat from a locally owned favorite-Lumpy's Shake Shop.

Whether the craving is for classic flavors or tantalizing new flavors, plan to beat the summer heat by enjoying new concoctions at Lumpy's Shake Shop. This spot offers a rotating variety of creamy goodness. From Strawberry to Cinnamon Apple Crumb, it's got loads of delectable flavor deliciousness.

Lumpy's is simply delighted to scoop their Strawberry Ice Cream for you. Made with real strawberries and it has become one of the favorites. Black Raspberry Truffle has ripples of raspberry with chewy ruffle pieces



in every bite!. Or try Chubby Elvis, sweet banana ice cream all shook up with a salty peanut butter ripple and rich chocolate chips. So many flavors to take home and enjoy a dish of delicious ice cream on the front porch on a starry summer night. All available by the scoop, pint or quart!! Enjoy!

Thanks To Garrett Morgan:

# The Life And Times Of Cleveland's Own Inventor Extraordinaire

by Bridget Lavelle

The Parma Heights Branch of Cuyahoga County Public Library will host Thanks to Garrett Morgan: the Life and Times of Cleveland's Own Inventor Extraordinaire on Wednesday, July 12, 2023 from 7:00-8:00 p.m. in Meeting Room C. Western Reserve Historical Society will present an informative presentation about Garrett Morgan, a Black inventor from Cleveland, Ohio and his important inventions and many firsts. Garrett Morgan invented the traffic light. Learn about the contributions and obstacles that Garrett Morgan encountered during his lifetime in the Great Migration years. Registration required. To register, visit www. cuyahogalibrary.orgor call the Parma Heights Branch Library at 440.884.2313.

## **Our Place in Space**

The Parma Heights Branch of Cuyahoga County Public Library will host Our Place in Space on Thursday, July 20, 2023 from 7:00-8:00 p.m. in Meeting Room A. Bill Reed, Planetarium Specialist and NASA Solar System Ambassador at Lake Erie Nature & Science Center will present and, along with the audience, will explore the vastness of space. Learn and see just how big our universe really is andattempt to gain some cosmic perspective. Registration required. Adults ages 18 and older. Q&A following the presentation.Registration required. To register, visit www. cuyahogalibrary.orgor call the Parma Heights Branch Library at 440.884.2313.

## **Mobile Food Pantry**

The Parma Heights Branch of Cuyahoga County Public Library, partnering with The Greater Cleveland Food Bank, will offer a monthly Mobile Food Pantry distribution on the 3rd Wednesday of every month at the Parma Heights Branch Library, 6206 Pearl Road, on Wednesday, July 19th from 10:00 a.m. - 12 Noon for customers who are in need. Please visit www.cuyahogalibrary.org or call the Parma Heights Branch Library at 440.884.2313 for additional information.

Please note: Outside event. Enter the Greenbrier Commons parking lot towards the Parma Heights Branch Library. Follow the Mobile Food Pantry signs and traffic pattern.

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# PROTECT YOUR RIGHTS

# VOTE **NO** ON STATE ISSUE 1 AUGUST 8, 2023

Our Ohio Government is trying to take away citizen rights to amend the State Constitution by making it more difficult. For over 100 years our traditional system has worked well. There is no need to change!

State Issue 1 would:

- INCREASE the votes required from 50% to 60% to pass an amendment.
- A minority of voters, 41%, could defeat the majority!

If State Issue 1 passes it will be almost impossible for citizens to pass a constitutional amendment.

Paid for by concerned Ohio citizens.

# **PERSPECTIVE**

# **America's Best Idea**

by Lee Kamps

It has been said that our national parks are America's best idea. In fact, the entire idea of setting aside unique natural features was an American idea. On March 1, 1872, then President Ulysses Grant signed an act that established the Yellowstone area of Wyoming, Montana and Idaho as the world's first national park. Ulysses Grant never visited Yellowstone National Park. But the reports from explorers told of natural wonders that were incredible; of geysers spouting boiling hot water and of hot pools of mud and of the remarkable wildlife in that area. In fact, Yellowstone National Park was the first declared national park in the entire world.

The second national park is Yosemite National Park in California that was established as a national park in 1890. The newest national park as of this writing is the New River Gorge National Park in West Virginia that became a national park on December 27 2020. Living in northeastern Ohio, we are fortunate to have a national park right in our community. The Cuyahoga Valley National Park was declared as a national park in 2000. The New River Gorge National Park is only a five-to-six-hour drive from the Cleveland area.

The most visited national park is a day's drive from Cleveland. That park is the Great Smoky Mountains National Park that straddles the border of North Carolina and Tennessee. Over 14 million people visited that national park in 2022. Rounding out the five most vis-



ited national parks are: Zion in Utah, Yellowstone, Grand Canyon in Arizona and Rocky Mountain in Colorado.

Some national parks are not as popular with visitors. One of the least visited national parks is the Gates of the Arctic National Park in Alaska. It is very remote and there are no typical tourist amenities available, not even paved roads. But it includes mountains in the Brooks Range as well as large stretches of arctic tundra. Perhaps the most remote national park is the National Park of American Samoa which is closer to Sydney Australia than to Honolulu in Hawaii. Speaking of Hawaii, that state has the Hawaii Volcanoes National Park that includes the world's most active volcano. When I visited that national park forty-one years ago, I got to walk on day old lava in the caldera.

The National Park Service that administers the nation's national parks

as well as national monuments, national seashores, national lakeshores, national historic sites and national battlefields. The Perry's Monument on Put-in-Bay is a National Historic Site. Other National Historic Sites in Ohio are Lawnfield, the home of James A Garfield who was our nation's 20th President in Mentor and the Hopewell Culture National Historic Site near Chillicothe.

There are two really scenic National Lakeshores in Michigan. One is the Sleeping Bear Dunes near Traverse City that has some of the highest sand dunes in the world overlooking Lake Michigan. The other is Pictured Rocks near the town of Munising in the upper peninsula that features some beautiful lake scenery on Lake Superior. One of the newest national parks is also about a day's drive from Cleveland. That is the Indiana Dunes National Park on Lake Michigan outside Gary and on a clear day from that national park, one can see the Chicago skyline.

I have been fortunate to have visited many national parks, national historic sites and other areas administered by the National Park Service. These public lands belong to all of us, the people of the United States of America for the enjoyment, study, and preservation of our natural and human history for not only us but for future generations of people to come. Our national parks are also very popular with foreign travelers as well as Americans. I cannot think of a better way to show the world what a great country that the United States really is than our national parks.

I have been a serious amateur photographer for more than fifty years and have taken many great photos in our national parks. Here is one of my favorites, taken four years ago in Grand Teton National Park in Wyoming. It is Mount Moran over Jackson Lake.

## **What It Means To Be An American**

by Robert Stilwell

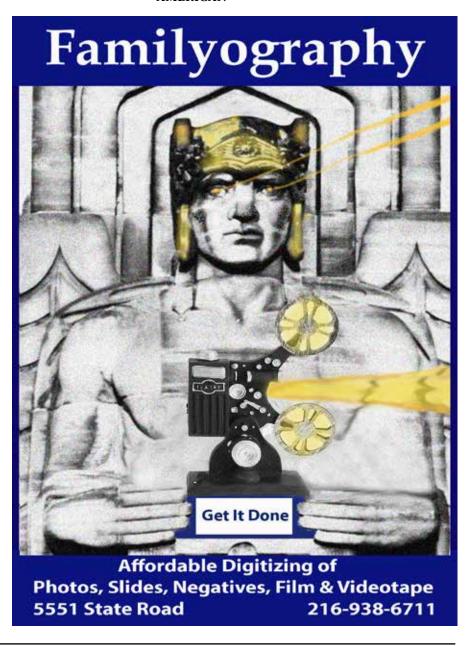
**To Believe** - in the promise of a better tomorrow, and stand united in our efforts to give a peaceful nation to our children.....

**To Honor** - each other's differences and cherish the richness of our history, even as it continues to unfold from sea to shining sea.....

**To Love** - deeply our friends and family, day by day, and never take for granted the privilege of calling ourselves

AMERICAN





# **OBSERVER**

# News You Can Use (And Where To Find It)

by Gene Lovasy

Note: View the digital version to activate hyperlinks - www.parmaobserver.com/read/news

#### From Parma City Schools:

The PCSD Board of Education is offering for sale, at public auction, used surplus equipment deemed no longer needed. The auction will be conducted

online at www.fasttrackauction.com and shall commence live online on June 19, 2023, and end on Monday, July 10, 2023, with removal of items on July 12 -13, 2023. The auction shall be conducted in accordance with and subject to the "Conditions of Sale" available online at www.fasttrackauctlon.com. Go here to view the official notice of sale.

For students attending Normandy or Valley Forge H.s. for the first time, tours are scheduled at:

Normandy H. S. 10 am – 12 pm Tuesday, July 11th and at ...

Valley Forge H. S. 10 am – 12 pm Wednesday, July 12th. Registration is not required; just show up.

PCSD Summer meals program: Free for all children ages 1 – 18. WHEN: M – F, June 12 thru July 21 from 11:30 - 12:30; WHERE: Ridge-Brook and John Muir Elementary.

From Parma Schools Foundation ... Is sponsoring a major, all-PCSD student production of the classic musi-

You can read the rest of this article with hotlinks at: parmaobserver.com

## SAVE THE DATE

Saturday, September 23, 2023 at German Central in Parma



Delivering free nutritious groceries to older adults in Parma and surrounding communities for 16 years.

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## **Celebrating A Year Of Feature Fridays!**

by Marie Gallo

Feature Friday launched last July and since its inception, more than 45 businesses within the City of Parma Heights have been promoted. The goal is to utilize the city's social media platforms for the followers to learn more about the wonderful businesses within the city. Some of the businesses are second, third and even fourth generations maintaining their family business, while others just opened in 2022 and 2023.

Comments have ranged from: "I've lived here many years and never knew what they sold," to, "I love shopping and supporting local," and even, "they have the best food in the area." Each business has appreciated being featured and really enjoyed the support from the city and Parma Heights citizens.

Since the creation of Feature Friday, many social media followers look forward to the post and are interested to see who is being featured next. The support for businesses has been amazing, helping with retention as well as demonstrating to future businesses who may be looking to come into the City of Parma Heights, that the city will support them. Each week is a reminder about the many businesses within the city.

Be sure to follow the City of Parma Heights Facebook and Instagram pages, to learn and discover new and old places to shop and dine right here in Parma Heights.

Facebook: https://www.facebook. com/CityofParmaHeights

Instagram: https://www.instagram.com/parmahts/

http://www.parmaheightsoh.gov/ Parma Heights - Community Grows Here.



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ANNUAL

# FIREWORKS, RIDES, MUSIC, & MUCH MORE!

Mayor Biasiotta welcomes you to Seven Hills Home Days

# SCHEDULE OF EVENTS

#### FRIDAY, JULY 21 5pm-11pm

6:00pm - 6:30pm Main Stage

Opening Ceremony with Mayor Anthony Biasiotta including Radio Personality Brad Sussman as Masters of Ceremony

6:30pm - 7:30pm Open (City Hall)

Chicken Wing Eating Contest; Sponsored by Seven Hills Tavern, Hosted by John Bacha & **Tony Terry** 

8:00pm - 11:00pm **Main Stage** 

One Night With You; Elvis

8:00pm - 11:00pm **Side Stage** 

Boaterhead

10:00pm -

Fireworks; sponsored by Cox Communications

# SATURDAY, JULY 22 3pm-11pm

1:00pm - 3:30pm **Seven Hills** 

**Recreation Center** 

3:00pm - 4:00pm

3:00pm - 4:30pm **Soccer Field** 

4:00pm - 5:00pm **Side Stage** 

8:00pm - 11:00pm **Side Stage** 

8:00pm - 11:00pm Main Stage

10:00pm -

Safety Fair, Police Vehicle, SWAT Vehicle, Rescue Vehicle, K9, Finger Printing, Helicopter

Princess and Concert with Meet and Greet

Dr U R Awesome Foam Party

Dog Show; sponsored by Pet

Supplies Plus

**Bronx Country** 

**Shout Band** 

Fireworks; sponsored by Legacy Health Services

# SUNDAY, JULY 23 12pm-8pm

**Main Stage** 

**12:00pm - 2:00pm** Baby Showcase; Sponsered By Sharon LaBunda

Side Stage

**5:00pm - 7:30pm** Ace Molar

1:00pm - 4:00pm Soccer Field

Corn Hole Tournament Ages 10 and Over

5:00pm - 7:30pm Brian Papesh **Main Stage** 

Party Band

2:00pm - 3:00pm **Side Stage** 

Gemstone

Main Stage

7:30pm - 8:00pm Closing Ceremony

4:00pm - 5:00pm **Main Stage** 

**Community Drawing** 

THANK YOU TO OUR SPONSORS Legacy Health Services, Waste Management, Cox Communications, Meijer, & ERIEBANK

# CITY HALL GROUNDS

7325 Summitview Dr. Seven Hills, OH 44131

View the entire schedule of events at www.sevenhillsohio.org

# PARMA ARTS DISTRICT

# **Arts In Parma**

by Kathryn Mabin

\*Prama Artspace & Gallery, 5411 Pearl Rd, is currently showing "Welcome Back to the Little World Inside My Head". This all new show of the wonderful, quirky, humorous, Tim Burton-esque creations by Emily Szalkowski. Emily is a young well liked local artist. She was featured on New Day Cleveland earlier this year. The show opened on Friday, June 23rd, and runs through July 23rd. Stop in and visit.

\*Call For Photographers – The Cleveland Photo Fest announces The Cleveland Open. A photography exhibit for all of Northeast Ohio. Participate in the largest public photography exhibit ever held in Cleveland, September 1st through September 30th at Bostwick Design Art Initiative, 2731 Prospect Ave. On August 26 & 27 bring your submission to Bostwick along with \$10 per entry. Framed or unframed. All Family Friendly photos will be displayed. \$100 prize awarded Best in



Introducing Lucky the Parma Observer Dog. She is a 10 month old German Shepard/ Husky mix and is ready to assume the role filled for 10 years by Honey the Parma Observer Dog. Big paws to fill.



Emily Szalkowski

Show, chosen by the public, awarded opening night. This exhibit is 1 of 6, plus live programming for 2023.

\*Farm Art Day – Artists whatever your medium plan on attending Saturday, July 8, 2023, at Stearns Homestead. Artists will set up at 9:30 AM. Stearns supplies the subject matter, artists bring their own supplies. No registration fee, open to all ages. Preregister by email, sending your name, medium, and age if under age 18 to StearnsHomestead@gmail.com.

\*Evergreen Artists –Is celebrating their 15th year anniversary by having a members only art show. The 15th Anniversary Members Exhibit runs June 26th to July 23rd at the Medina District County Library 210 S Broadway St., Medina. A closing reception will be held 1:30 – 3 PM on July 23rd.

\* Parma Area Fine Artists, Katie Harroff and Donata Rahne will be exhibiting their artworks at the Beachwood Library during the month of July. The opening reception will be held July 9th from 1 to 5.

\*Katie Harroff – is also appearing at Young's Art Center pop art show titled "Foodie" at 22084 Lorain Rd in Fairview Park. Show opened July 15th 3 to 5 PM. Meet the artist on July 22nd.

\* Greenbriar Art League is a group of artists that meet every Tuesday at the Parma Heights Cassidy Theater, in the social room in the downstairs of the theater. It is free and open to all artists that would like to come and work on their projects from 10 am to 1pm. They do a little assignment each month and have a critic on the last Tuesday. Coffee and friendship is provided. If you are interested stop in and join them.

\*Tues@7 – is a community on Facebook where artists gather and collaborate. Sean Mabin was interviewed at Prama Artspace Gallery on June 6th at 7PM. The gallery tour, and discussions regarding Sean's series of photographs on leaves was discussed. The video can be viewed on Facebook. Sean was also the June Artist of the Month on the Ohio Artists Gallery Show/Sell/Buy Facebook page.



Emily Szalkowski

\*Reflecting Point Art – is a newly opened shop at 5957 State Rd. Owner, Joe Dull, is a Parma glass artist. Joe recently entered the Parma Area Fine Arts May show and won a place award.

\*126th Cuyahoga County Fair – Artists and crafters can enter the fair which will be held August 8th to the 13th. Deadline for entries is July 28th. For more information go to www.cuyfair.com.

# Join The Young Professionals Of Parma For An Historic Local Trolley Tour!

*by Kate Blake* 

The Young Professionals of Parma are excited to be hosting their first historic trolley tour of Parma coming up on Thursday, July 13th from 6pm – 9pm!

The historic sightseeing tour around the city begins at Stearns Homestead, an educational and historic farm, at 6pm and includes a guided tour of Stearns House, Gibbs House, and the 1850s Yankee-style Barn. At 7pm, attendees will board the trolley for their relaxing guided journey of numerous historic sites around Parma. Waters will be provided on the trolley. Sights along the way include Parma's Birthplace, Polish Village, the original firehouse, the Phillip Henninger House, beautiful churches, historic cemeteries, and much more!

Local historian Patricia Nickols will provide narration throughout the ride and will share interesting facts about Parma's history and culture. Guests will also enjoy a stop at Sweetie's Soda Shoppe around 8pm for a summer treat or soda and restroom break. The tour will conclude back at Stearns Homestead at 9pm.

The event was envisioned by

YPOP member Lauren Bajda who, like many of us, enjoys traveling to new cities and going on sightseeing tours as a way to explore a new locality. These tours offer a glimpse into a city's rich past and highlight key people, places, and events that helped shape the city into present day. It's also an entertaining way to take in the sights, discover new shops or restaurants, and meet fellow travelers.

Lauren thought, why not do this at home to learn about the city where we live and work, highlight local businesses, and connect with fellow professionals and neighbors? This inviting and educational summer event brings her vision to life! Perfect for anyone new to the Parma area, as well as anyone who is already familiar, this historic trolley tour offers a fun way to meet new people and see what makes Parma great! We hope you can join us!

Pricing for the event is \$30 for YPOP members and \$35 for nonmembers. To purchase tickets, please visit https://parmayps.com/parma-tour/. To join the Young Professionals of Parma, please visit https://parmayps.com/membership/.

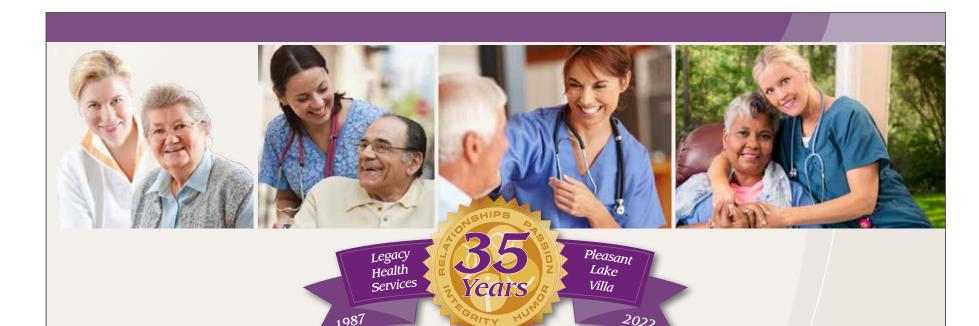


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Have a Safe, Happy July 4th and a Wonderful Summer!

Anthony D. Biasiotta
Seven Hills Mayor



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For more information or a tour, call 440-842-2273



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