

DISCIPLE: The Need for Discipleship
“Discipleskip”
Matthew 9:36-38 and 11:28-30

1. Jesus sees the **needs** of people as they really are

Harassed

Stressed

Hurting

Scattered

2. Jesus **sends** the kind of people who can help

People who have **come** to Jesus

People who are **following** Jesus

People who have been **helped** by Jesus

People who have been **trained** by Jesus

People who are **disciples** of Jesus

3. Jesus helps us see **our need** for discipleship

We will find **peace** and joy when we **practice** discipleship

We will feel **stressed** and unsettled when we **skip** discipleship

LifeGroup Questions: Applying the Teaching to Your Life

1. At the beginning of the sermon, we were asked to choose between 5 pairs of words that describe American society in 2018. Which pair did you choose? Why?

- a. Successful and happy
- b. Stressed and scattered
- c. Cautious and worried
- d. Carefree and content
- e. Frustrated and angry

2. Does it feel to you that more people are feeling stressed, worried, frustrated and angry today than in previous years? Explain your answer.

3. Many people work hard to make it seem like they are “doing fine” instead of looking harassed and helpless or stressed and scattered. What can we do to get past that veneer?

4. We all feel stress from time to time. When you are feeling stressed, what kinds of things in your life typically contribute to those feelings? What is your default way to handle that stress?

5. Read Matthew 11:28-30. What does “my yoke is easy and my burden is light” mean? Does Matthew 23:1-4 help?

6. In Matthew 11:29, Jesus says “learn from me.” What do you think that means and what are you learning from Jesus these days?

Core CHRISTlike Characteristic: Relates with Other-Centered Love/Loving People