

**Helper: The Gift of the Holy Spirit**  
**“How does the Holy Spirit help me?”**  
**John 14:16-17**

The Holy Spirit leads us into the **truth**:

1. **Revealing** to us our **sin** and our need for Christ.

Breathe out: “I surrender; **forgive** me.”

Breathe in: “Breathe into me **forgiveness**.”

2. **Regenerating** us when we **surrender** to Christ.

Breathe out: “I surrender; **save** me.”

Breathe in: “Breathe into me **new life**.”

3. **Reproducing** within us the **character** of Christ.

Breathe out: “I surrender; **fill me**.”

Breathe in: “Breathe into me **Your presence**.”

**LifeGroup Questions: Applying the Teaching to Our Lives**

1. Why do you think there is so much confusion about the Holy Spirit?
2. Read John 3:1-16. Why did Nicodemus (a religious leader) have such a hard time understanding what Jesus was talking about?
3. Compare John 3:6 with 2 Cor. 5:17. How do these 2 verses fit together?
4. Pastor Jim referred to a “continuum of life” during the sermon. Where are you on that continuum? Explain.
5. If you are willing, tell your group of a time you sensed the Holy Spirit revealing a sin in your life.
6. As a LifeGroup spend some time compiling some questions for next week’s Facebook Live Q&A on the Holy Spirit. These may be questions you personally have or your LifeGroup has or perhaps some common questions others might have. (LifeGroup leader, please send these to Pastor@opendoor.tv. Thank you.)
7. Practice “breathing in” the Spirit this week, paying attention to His presence in your life.
8. Try starting each day this week by saying: “Holy Spirit, lead me today. I surrender to your loving leadership in my life.” Report to your group next week how it went.

**Core CHRISTlike Characteristic: Spirit-led Servant/Living Surrendered**