

Love Does
“Loving When You’re Hurting”
John 13:18-30

We can learn how to handle our hurts by watching how Jesus handled his.

1. How did Jesus **get hurt**?

- a. **Bruising** of the heart
 - **Wounding** from brutal violence
 - Emotional **damage**
- b. **Betrayal** of the relationship
 - Betrayal of **intimacy** and **loyalty**
- c. Breaking of the **trust**

2. How did Jesus **respond**?

- a. Instead of **retaliating**, He responded in **love**.
- b. Instead of **ignoring**, He actively **served** in love.
- c. Instead of **withdrawing**, He **extended** friendship in love.

3. How was Jesus **able** to respond in love?

- a. He knew the source of His **identity**.
- b. He knew **hurt** would happen.
- c. He knew God could be **trusted**.
- d. He knew the **power** of God’s love.

In order to love **like** Christ, we need to be filled with the love **of** Christ.

Life Group Questions: Applying the Truth to Our Life

1. Do you tend to think Jesus was somehow impervious to being deeply hurt?
2. Read John 13:18-21. When Jesus predicted his betrayal, what do you think he was feeling? Anger? Sorrow? Pity? Fear? Stress? Anxiety? Something else? How does the phrase in v. 21 “troubled in spirit” help you answer that question? What does it mean to be “troubled in spirit”?
3. What is your typical knee jerk reaction when you get deeply hurt? (Review a,b,and c under point 2.)
4. Read 1 Peter 1:6-7; 2:1-2; 3:8-14; 4:12-5:7 and summarize the advice to hurting people he gives.
5. Read 1 Peter 2:19-23. What do you learn from the example of Jesus?
6. Identify the biggest hurt in your life right now. Are you willing to let God heal it?
7. Lay hands on each other and pray for each other in your group. When you are praying for someone, ask God to fill them with His love, then spend some time waiting for God’s love to fill them, continuing in either vocal or silent prayer. Then ask God to heal them, washing out all of the poison, all the hurt and all the pain. Don’t rush through this, allow God to do his awesome work in their life.

Core CHRISTlike Characteristic: Relates with Other-Centered Love/Loving People