



Disciple-making for Teens

1. Give Them a Simple Framework (Make It Concrete)

High schoolers don't need complexity—they need clarity. Try something like:

3 Steps: Pray → Pursue → Share

- **Pray** – Ask God to show you 1–2 people
- **Pursue** – Build intentional friendship
- **Share** – Talk about Jesus and your life with Him

You can even say:

“Disciple-making is helping one person take one step closer to Jesus.”

That's it. That becomes their win.

2. Model It in Front of Them

They won't do what they've only heard—they'll do what they've seen.

- Tell real stories (even small ones):
 - “I texted someone this week and asked how I could pray for them...”
 - “I shared what God is teaching me...”
- Let them watch you:
 - Invite them into conversations
 - Role-play real scenarios

If they don't see it, they'll assume it's harder than it is.

3. Give Them Exact Words (Remove the Fear)

Most students freeze because they don't know what to say.

Give them scripts like:

- **Starting a spiritual convo:**
 - “Hey, can I ask you something? Do you ever think about God?”
 - “Can I tell you something I've been learning lately?”
- **Sharing personally:**
 - “I've been struggling with ____, but I've been praying about it...”
- **Inviting:**
 - “Would you want to read the Bible together sometime?”

Practice this in your group. Make it normal and even fun.

4. Make It a Weekly Expectation (But Keep It Light)

Each week, ask:

- Who are you praying for?
- Did you have any conversations?
- What felt hard?

Celebrate *effort*, not just results.

If you only celebrate “wins,” they’ll feel like they’re failing.

5. Start With ONE Person

Overwhelm kills action.

Challenge them:

“Pick one person this week. Just one.”

Have them write the name down. Pray over it together.

6. Do It WITH Them (Not Just Sending Them Out)

This is where transformation really happens.

- Pair them up to go together
- Sit with them at lunch
- Help them text someone in real time

Think: “**I do** → **We do** → **You do**”

7. Redefine Success

They may think:

“If they don’t respond, I failed.”

Shift it to:

- Success = obedience
 - Success = courage
 - Success = planting seeds
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8. Build It Into Your Group Rhythm

Each gathering could include:

- 10 min: training (one simple skill)
- 10 min: practice (role-play)
- 10 min: prayer for specific people
- 10 min: sharing stories

Keep it consistent and repeatable.

9. Give Them a First Step THIS Week

Before they leave, make it actionable:

“Before next time:

- Pray for 1 person
- Start 1 conversation
- Share 1 thing God is teaching you”

Simple. Clear. Doable.

10. Be Patient With the Process

High schoolers are:

- Afraid of rejection
- Socially aware

- Still forming identity

So expect:

- Hesitation
- Awkwardness
- Slow growth

But if you keep it simple and consistent, it *will* click.